

THE NETWORK RELEASE

THE OFFICIAL NEWSLETTER OF THE ANC

Happy Holidays

444 North Main Street
Longmont, CO 80501
Phone (303) 678-8101
Fax (303) 678-8089

www.associationfornetworkcare.com

December, 2003

©2003 Association for Network Care

The Mission of the Association is to:

Support the consciousness, advance the practice of, and promote the public availability of Network Spinal Analysis. This shall be in relationship to emerging strategies for personal and global healing, wholeness, and enhanced quality of life and human experience.

Support the advancement and understanding of the relationship of the spine and nervous system to consciousness, the expression of innate intelligence, self-organization, and healing.

Encourage the coherent and cohesive support of the science, art, and philosophically similar and compatible models in various healing arts through workshops, seminars, journals, newsletters, and research projects.

INSIDE THIS ISSUE:

PRESIDENT'S MESSAGE

New Definition of Vertebral Subluxation	PG(S) 1-2
NSA and Epstein Model taught at Life University in January 2004	PG(S) 3
Wellness and Network Spinal Analysis Newly Positioned	PG(S) 3
	PG(S) 4-6

LIVING WITH GRACE, JACKIE KNOWLES EPSTEIN, D.C.

PG(S) 7

VICE PRESIDENT'S MESSAGE

PBS Series Finally Here	PG(S) 8
-------------------------	---------

ADVOCATING SAFETY

JAMA Author Says Mass Immunization Not Effective Among Very Young	PG(S) 9
Mercury Still in Vaccines	PG(S) 10-12
NIH Sponsored Meeting Demonstrates a 68 times Greater Risk of Suicide.....	PG(S) 13-14

CREATING AWARENESS

Autonomic Nervous System, Rhythms of the Periphery	PG(S) 15
Memories Not Lost, Just Out of Sync.....	PG(S) 16
Male Brain Science Gives Clue to Nagging Questions	PG(S) 17-18
Chocolate and Pasta Lovers Rejoice	PG(S) 19
Yoga: Stretch Away Disease?	PG(S) 19
NSA Presented at Swiss Chiropractic Yearly CE Course	PG(S) 20-21
Positioning Network Within the Wellness Education Model	PG(S) 22

RESEARCH NEWS

Paper Presentations	PG(S) 23-24
Case Study published by JVSR	PG(S) 25
You Are the One	PG(S) 26-27

INSPIRATION OF THE DAY & HUMOR

PG(S) 28

BOOKS ON PARADE

PG(S) 29

WELCOME NEW MEMBERS

PG(S) 30

ANNOUNCEMENTS

PG(S) 31-35

CLASSIFIEDS

PG(S) 36



PRESIDENT'S MESSAGE

Happy Holidays and a Prosperous, Healthy and wonder-filled New Year to all of our ANC members and their families.

2003 has been a wonderful year for the growth of NSA and the Wellness Model, and 2004 promises a rapid acceleration phase of NSA growth in all ways.

In 2003 two papers were presented by Professor Edmond Jonckheere at prestigious conferences on dynamical systems, mathematics, and engineering. These papers further detailed the Somatopsychic wave process and its mathematical descriptions through NSA Levels of Care. One conference was in Denver, the other in Russia. Two additional papers are being prepared for publication in 2004.

Two monumental back to back articles on the Retrospective Network Study were accepted by the Journal of Alternative and Complementary Medicine. The first of these papers is expected to be included in the April 2004 publication. Dr. Marnie Dobson presented a review of these papers at the International Society of Quality of Life in Prague last month.

Our Sociology research team, headed by Dr. Tonya Schuster is preparing two new papers, one on the longitudinal study performed in 1997, and one contrasting the "Network" wellness instrument to other existing instruments. They are also reviewing the client-based outcomes for the NSA Levels of Care in conjunction with the existing longitudinal survey (available for no charge on line at www.Associationfornetworkcare.com). They will be developing additional questions for additional survey instruments that include value changes and consciousness level changes. We will be gaining the help of Dr. Jenny Wade (author of Changes of Mind) and individuals, such as Ken Wilber and the folks at the Integral Institute.

Ken Wilber had a personal meeting with a few of our NSA part 3 certified practitioners who are familiar with his work. He has stated that he has seen just about everything, and "I'm a pretty smart guy, but I have never seen anything like this," referring to NSA. A research initiative is being developed between the ANC and Wilber's Integral Institute (www.integralinstitute.org) in relationship to Network Care and shift in consciousness states. Wilber stated that he believes the Network care can shift individual's states of consciousness, drawing in elements of the various levels of the subtle energy biofield, and can accelerate a process of consciousness change. With repeated change in state of consciousness, this should precipitate a change in the level (or baseline) of consciousness once the individual interacts with life and the gifts it has to offer.

I have written an article *titled The Transition of Network Spinal Analysis™ Care: Hallmarks of a Client-Centered Wellness Education Multi-Component System of Health Care Delivery* (abstract on page 23). It is likely to be published in the January issue of the Journal of Vertebral Subluxation Research, the same journal that published the 1996 descriptive article of Network.

I am thrilled to announce that Network Spinal Analysis and the Epstein Models of Wellness, Subluxation, Spinal and Neural Integrity, Somatic Awareness and introduction to SRI will be part of the Life University chiropractic program beginning January 2004. James Oppenheim, D.C. is the instructor for the course. For further information, please refer to page 4.

Our fund raising initiative has had a successful beginning in 2003 with donations, #One Club pledges, and matching funds. Insurance policies have been written to include the ANCR. The ANCR has also received sizable stock options. Others have begun to title a portion of their income to ANC Research Corporation. We are appreciative of this commitment and will continue to serve our ANC members with life and culture changing products of research. Fund raising is still vital as our research agenda is in the millions of dollars, and addition proposals are currently being written to accommodate for the future. We expect 2004 to bring us the funds necessary to continue leadership in research in NSA, Wellness, SRI and inclusive elements.

My wife, Jackie, and I have committed to offering educational programs and other programs to fulfill the practice needs of the members in very accessible, affordable, and meaningful ways. We are envisioning 1.5 million NSA clients served by our members by 2009! We are committed to doing whatever it takes to see that you are fulfilled in practice in all areas and that the care you offer is a household conversation around the world. ANC members will be notified of upcoming programs to “bring home” NSA and Wellness Education care within your office and for those you serve.

More practice members, more communication, more community, more prosperity, more research, more research papers, more active participation by ANC docs, more active participation by your ANC board, more accessibility of learning, more accessibility of practice member communications, more publicity, more NSA practitioners, and refinement of practitioner skills are some of the things in gear to be attainable in 2004.

I thank you for your trust in the vision I have articulated over the years. I thank you for your active practice of NSA and for your support of the mission of the ANC in your office, your community, and your life.

Happy Holidays.

Love,
Donald Epstein, D.C.

Donald Epstein modernizes the definition of vertebral subluxation to accommodate for both traditional practice, and newer tonal models.



Vertebral subluxation is consequent to a neurological response to physical, emotional, or environmental stress. The neurological response may precipitate or be precipitated by misalignment(s) between articulations of the spinal column or its immediate weight bearing components of the axial skeleton. The integrity of the nervous system is diminished as changes occur in morphology/oscillation/tension of the tissues occupying the neural canal and/or intervertebral foramina.

Donald Epstein, D.C.

“We approach man first as a spiritual being; second as to his being an electrical being, third as a mechanical being; fourth as a chemical by product of the other three in that order of study and evaluation.”

Palmer, BJ Fight to Climb, Iowa 1950 Volume XXIV page 173

NSA AND EPSTEIN MODELS TAUGHT AT LIFE UNIVERSITY JANUARY, 2004

WELL, IT'S HERE!!!! STARTING IN JANUARY, WINTER QUARTER 2004, THE NSA CLASS WILL BE HELD ON TUESDAYS FROM 1PM UNTIL 5PM. LECTURE FIRST THEN LAB. MAXIMUM NUMBER OF STUDENTS THIS FIRST QUARTER IS 20 DUE TO THE LATE INTRODUCTION OF THE COURSE INTO THE CURRICULUM AT LIFE UNIVERSITY. PLEASE CHECK OUT:

<http://blackboard.life.edu> and click on the following links in this order:

- COURSE CATALOG
- ACCESS AS A GUEST BY CLICKING 'PREVIEW'
- COLLEGE OF CHIROPRACTIC
- CHIROPRACTIC SCIENCES
- DEPARTMENT OF ANALYSIS AND SCROLL DOWN

WELLNESS AND NETWORK SPINAL ANALYSIS NEWLY POSITIONED

BY DR. DONALD EPSTEIN

Reprinted from The Chiropractic Journal

October, 2003

Network Spinal Analysis (NSA) has evolved over the past 20 years and most recently has been influential in expanding and articulating the wellness paradigm. NSA is an evidenced-based approach to wellness and body awareness. Gentle precise force applications to the spine cue the brain to create new wellness promoting strategies. Two unique healing waves develop with this work. They are associated with spontaneous re-organization, re-distribution and release of spinal tension.

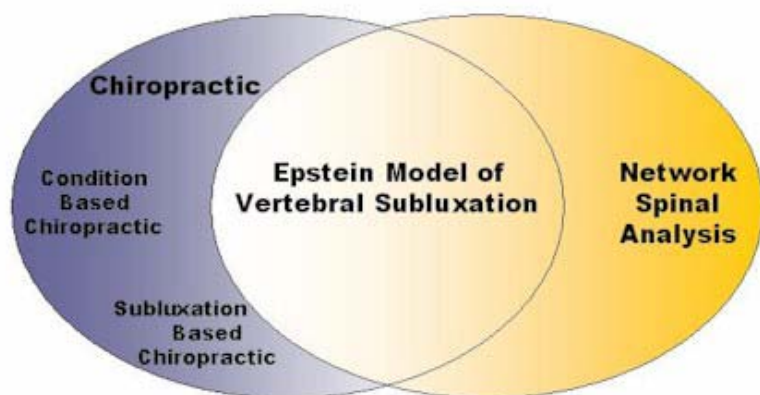
Greater awareness of self and conscious awakening of the relationships between the body, mind, emotion, and expression of the human spirit are realized through NSA care. Doctors of chiropractic also use NSA as an application for the identification and self-regulation of vertebral subluxation patterns, spinal tension, and autonomic defense posture and accompanying osseous and muscular structural states.

NSA is currently taught exclusively to chiropractors and chiropractic students, in relationship to chiropractic practice and subluxation-based care. It is applied through a series of four levels of care. This application combines the practitioner's clinical assessment of refinements in self-regulation of spinal cord tension patterns, unique "self-organizing" spinal sensory motor strategies within the recipient of care and the patients' self-assessments of personal wellness and changes in lifestyle.

Practitioners are taught to practice consistent with the Council on Chiropractic Practice (CCP) guidelines and the canon of ethics of the Association for Network Care. However, there are other elements within the "Epstein Models" that NSA rests upon that supersede traditional chiropractic thought. The Models are soon to be offered through the curriculum of a certificate program of "Wellness Education and Outcomes Assessment" offered by Florida Atlantic University in Boca Raton.

This chart describes NSA in relationship to its chiropractic and non-chiropractic elements. The doctor of chiropractic, utilizing NSA in relationship to the Epstein Model of vertebral subluxation is represented by the middle intersecting ovals. Notice that NSA practice can expand and overlap the chiropractic practice through its applications and outcomes into elements of wellness (education) practice.

NETWORK SPINAL ANALYSIS APPLICATIONS



As chiropractic, the care is in relationship to both the practitioner's clinical health and spinal assessments and the patient or practice member's self-assessment of their personal experience of spinal and neural integrity and wellness advancements.

When NSA is applied as a form of wellness education care, and not in relationship to finding causation, or attempting to remedy any condition, then the practitioner will no longer make assessments as to the patient's health. Instead the client will make his/her personal assessments relative to the internal experience of the world and his/her somatic experience.

NSA care, applied in this way will be to advance new properties of wellness including one's access to what has been described as the transcendent source of wisdom. Please note that this right side of the chart is beyond the practice of chiropractic, or any other profession.

Therefore, any chiropractor, utilizing NSA in whole or in part, falls within the middle ovals, as an avant-garde wellness practitioner utilizing outcomes to assess patient improvement in conjunction with the patient or practice member's active participation as a recipient of care.

Epstein Models

Following are the Epstein Models upon which NSA is based.

1. Somatic Awareness. Cognitive awareness of body structures, including the spine, is an essential component of healing and wellness. Cognitive somatic and spinal awareness, with the ability to verbalize the experience, suggests utilization of higher cortical centers. The inability to perceive, process and verbalize body sensations, emotions, and tension patterns limits the range of one's adaptive responses. This promotes the body-mind disconnection that can create and sustain spinal distortions and vertebral subluxation.

Care is taken to establish and refine capacities, strategies and pathways that promote and nurture a wider range of auto regulatory and self-empowering responses and choices. It is proposed that the body cannot self regulate adaptation to a situation if the neural pathways that promote observation of the area and choice in response are inhibited.

2. Spinal and Neural Integrity. There are stability sub-systems that regulate the dynamic state known as spinal and neural integrity. These systems must be able to rapidly share energy and information with one another. Spinal and neural integrity as an expression of spinal and neural wellness is associated with instantaneous modification of perception and adaptive responses to a changing environment.

Clinical assessments and interventions must establish, or nurture mechanisms and processes to reorganize these sub systems' relationships with one another and the environment. The emotional subsystem is believed to control the sensory and motor sensitivity (gain) at every spinal level and participates with the passive, active, and neural control subsystems in modifying spinal and neural integrity.

3. Wellness. The concepts of wellness and illness exist on a continuum. One's position along the wellness-illness continuum represents the realm through which one experiences his or her body, circumstances, symptoms, sense of self, relationships, and the world in general.

Neither wellness nor illness exist in a direct relationship with pathology or lack thereof. Wellness-illness is a function of one's internal experience, and not one's circumstance. Therefore, an individual may exhibit various stages of pathology, remission or health regardless of where he or she is on the wellness-illness scale.

Wellness and illness include domains such as: physical, mental and emotional state and social well-being. They are based upon one's subjective experience of self and one's health beliefs. It is possible to objectify these domains through specific survey instruments that ask the individual to report their perceptions.

4. Vertebral Subluxation. Two classes of vertebral subluxations exist, each having different etiology and responding to a different force application. The structural (Class A) subluxation is a segmental distortion

associated with a compromise of the intervertebral structures. This is most commonly produced by a localized physical trauma or is adaptive to spinal cord tension patterns.

The Class B, or facilitated subluxation is associated with lack of recovery from emotional, mental, or chemical stress and is associated with a state of adverse mechanical spinal cord tension and "multiple cord tensions." This is a product of stress physiology and attendant stress posture, and is best addressed through a gentle touch as an oscillatory impulse at or in the vicinity of the vertebral/dural relationships in the cervical and sacral-coccygeal spine.

The application and integration of these four models is consistent with both traditional chiropractic objectives and practice, and academic wisdom.

However, if any of these models are applied in the absence of the Epstein Model of vertebral subluxation, the contribution of NSA to the chiropractic objective is negated. This arises because NSA may also be applied as a form of wellness education, without any representation of diagnosing, treating, attending to, remedying, correcting, preventing or advising in relationship to any condition -- including subluxation, malady or symptom.

In order for an individual to practice NSA within the context described, it will require at least three and one-half years of post-graduate study, including a distance learning certificate in the program mentioned. These individuals will not be taught to identify or adjust subluxations, nor will they practice chiropractic or any health restorative or maintenance discipline.

In the meantime, NSA continues to expand the application of wellness care and outcomes assessments for the chiropractic profession. This involves clinical application for the correction and self-regulation of vertebral subluxation(s). It also provides for the development of new sensory motor strategies to assist in spinal and neural integrity. This is practiced in relationship to the identification, classification and force application to correct and promote patient self-regulation of vertebral subluxation(s).

NSA will continue to provide wellness care that expands beyond what has been considered usual and customary as a ceiling to care. When NSA wellness care is instituted, the NSA chiropractor is encouraged to inform the patient or practice member that wellness care and wellness education is beyond the scope of traditional chiropractic. Practitioners are advised not to bill any third party for pure wellness care, or services not in relationship to the vertebral subluxation.

(To learn more about NSA and the Association for Network Care go to www.Associationfornetworkcare.com. To find out about NSA and wellness programs, go to www.Innateintelligence.com, or call Innate Intelligence, Inc. at 303/678-8086.)

*

Read the following and do not worry about any misspellings....

Aoccdnrig to rscheearch at Cmabrigde Uinervtisy, it deosn't mttar in waht
oredr the ltteers in a wrod are, the olny iprmoetnt tihng is taht the frist
and lsat ltteer be at the rghit pclae. The rset can be a total msesand you
can sitll raed it wouthit porbelm. Tihs is bcuseae the huamn mnid deos not
raed ervey lteter by istlef, but the wrod as a wlohe.

[So, DON'T MISS OUT ON LIVING YOUR LIFE AND SEEING THE BIGGER PICTURE BECAUSE SOME POINTS OF CONTENT ARE GETTING IN YOUR WAY. FOCUS ON THE CONTENT, AND THEN YOU CAN DO THE SPELLING CHECK IN LIFE.]

AUTHOR UNKNOWN



Living with Grace

**Jackie Knowles Epstein, D.C.
Copyright 2003**

Welcome to the first of a series of tips and tidbits intended to inform, inspire, and conserve. Being a veritable storehouse of information and wisdom, both trivial and monumental, I have been encouraged to share it on a broader scale. The ANC Newsletter seems the perfect forum to start.

By now most NSA practitioners have become seasoned travelers; but with the holiday season upon us, a few air travel reminders seem timely.

When packing baggage to be checked, remember the new 50-pound/bag weight limitation. Last Christmas checked bags could be seventy pounds each. The luggage you used last year may weigh in too heavily for this year's allowance. There is variance from one carrier to another, so do check with the airline you will be flying for the most up to date regulations.

To avoid confiscation at airport security checks, tweezers, scissors, knives and other pointy objects must be packed in checked baggage.

Avoid disappointment and loss; keep your breakables and valuables in your carry on.

Drink water, and more water when you fly. Cabin air is dry. Salty food, soda, and alcohol are further dehydrating. So choose wisely.

Remember to dress comfortably and in layers for the generally cooler cabin temperatures.

At peak demand times, car rental rates are sure to be higher priced and harder to get. Sometimes waiting for a last minute discount can work, but cover yourself with a back up reservation you can count on. Negotiated group rates such as the one we have for our doctors with AVIS (1-800-331-1600, AWD# J991107) can save you both money and aggravation. And speaking of saving money, some credit cards when used for rentals also include the costly car insurance that rental companies try to pressure you into at the time of pick up. Compare your credit cards to determine which will give you the best coverage when renting.

Travel safely and have a great holiday season!

-Jackie



VICE PRESIDENT'S MESSAGE

It is FINALLY here.

The PBS Series, Healing Quest, that includes the special segment about NSA is about to be aired – perhaps in a city near you . . .

Some useful information - every PBS station is an independent outlet that can purchase any product that PBS has. The following four outlets have already purchased the first Healing Quest series.

Here's when and where

KRCB, Channel 22 - Mondays, 11:30 AM (launched 10/6)
Serves Rohnert Park & San Francisco Metro Area
(707) 585-8522 - Stan Marvin, station manager

KCSM, Channel 60 - Sundays, 5:00 PM (launched 10/5)
Serves San Mateo and San Francisco Metro Area
(650) 574-6586 - Katie Beverly, program manager

KEET, Channel 13 - Tuesdays, 7:30 PM (launches 10/21)
Serves Eureka
(707) 445-0813 - Karen Barnes, program director

KVIE, Channel 6 - Sundays, 10:30 AM (launches 11/2)
Serves Sacramento
(916) 641-3535 - Sheryl Armstrong, program director

If you live in any of these areas, invite ALL YOUR PRACTICE members to call the television station and respectfully ask when **segment nine**, the segment with Dr. Epstein and Network Spinal Analysis, will be aired.

If they tell you it has not been scheduled, ask all you practice members to request it.

If you live in an area that is not listed above, call your local PBS station and tell them you heard of this series, Healing Quest, and you'd like to know when they will be airing it - ask ALL your practice members to make the same call.

And, this is a great time to order your personalized VHS tapes for your office. To discover how you can order your personalized video tapes, [click here](#).

Richard Kaye, D.C.
Vice-president of the Association for Network Care

[You may view additional information on the Healing Quest program series under the FYI – Links in the Announcement Section of this newsletter.](#)

ADVOCATING SAFETY

JAMA AUTHOR SAYS MASS IMMUNIZATION NOT EFFECTIVE AMONG VERY YOUNG

According to an article in the January 10, 2001, issue of the Journal of the American Medical Association, **there is no evidence mass immunization is effective for controlling outbreaks or epidemics of serogroup C meningococcal disease protection in young children.**

Philippe De Wals, PhD, of Sherbrooke University Hospital Center, Sherbrooke, Quebec, and colleagues studied the impact of a mass immunization campaign and assessed the vaccine effectiveness (VE) of serogroup C polysaccharide vaccine in controlling outbreaks of meningococcal disease (MCD). The authors analyzed MCD cases reported in Quebec from 1990 to 1998, before and after the mass immunization campaign was conducted during the winter of 1992-1993.

The target population of the campaign was individuals aged six months to 20 years, and 84% were vaccinated.

The mass immunization campaign was a response to an outbreak of MCD in Quebec province in the late 1980s. In an attempt to control this outbreak, local immunization programs directed at school-aged children and adolescents were initiated in late 1991 and extended in 1992. By the autumn of that year, approximately 300,000 doses of polysaccharide vaccine had been administered, but the incidence of serogroup C MCD continued to stay high in the groups that were not vaccinated, and clusters appeared in previously unaffected areas.

As a result, local authorities decided to conduct a mass immunization program and to offer the vaccine free to all 1.9 million people living in the province between the ages of six months and 20 years. The campaign started in December 1992 and was completed by the end of March 1993. Approximately 1.6 million doses of vaccine were distributed. During the period from January 1, 1990, through December 31, 1998, a total of 899 MCD cases were registered.

The study found that vaccine effectiveness was strongly related to the age of the individual at the time of vaccination, for children aged two to nine years, VE was 41%.

“There was no evidence of protection in children younger than two years; all eight MCD cases in this age group occurred in vaccines,” De Wals et al. reported. “Ultimately, cost-effectiveness should be the criterion for deciding which of the polysaccharide or conjugate vaccines should be recommended for different age groups. Results of randomized trials and epidemiological studies on conjugate vaccine are urgently needed for comparison purposes.

“Serogroup C polysaccharide vaccine is effective for controlling outbreaks in teenaged individuals but should not be used in children younger than two years,” De Wals’ group concluded.

MERCURY STILL IN VACCINES

E-NEWS FROM THE NATIONAL VACCINE INFORMATION CENTER
Vienna, Virginia <http://www.nvic.org>

"A simple review of the 2003 PDR (Physicians Desk Reference) indicates that thimerosal is present at 25 mcg. Per dose (ie in full strength) in multidose vials of DTaP vaccine manufactured by Aventis Pasteur, and all influenza vaccines (influenza vaccine is now recommended for most children). Additionally, the PDR indicates that Merck makes a pediatric hepatitis B vaccine that contains 12.5 mcg per dose. The package inserts of these vaccines also indicate that they still contain the original amounts of thimerosal. In addition, a sequential review of previous PDRs indicates that in 2002 and 2001 there were even more vaccines listed as containing thimerosal." Geier, MR, Geier D, Journal of American Physicians and Surgeons Vol. 8 No. Summer 2003.

NVIC Note: This hearing is scheduled today at 2:00 est. You can watch on the hearing on the internet at <http://www.house.gov/reform>

United Press International
By Mark Benjamin
Investigations Editor
Published 9/9/2003 5:41 PM

WASHINGTON, Sept. 9 (UPI) -- Some of the polio vaccine given to millions of American children from 1962 until 2000 could have been contaminated with a monkey virus that shows up in some cancers, according to documents and testimony to be delivered to a House committee Wednesday. The vaccine manufacturer said such claims "don't have any validity," and the Centers for Disease Control and Prevention agrees. Some batches of the first polio vaccine used from 1955 until 1962 were contaminated with the monkey virus. The virus has also been found in some cancer in humans, although it has not been determined that the virus caused the cancer. Between 10 and 30 million Americans may have received a contaminated dose of that vaccine, according to the Centers for Disease Control and Prevention. The monkey virus is suspected of causing cancer in laboratory animals, including brain cancers, bone tumors and a usually fatal cancer in the membranes around the lungs called mesothelioma. But it has been widely assume that the replacement for the Salk vaccine, a live oral polio vaccine called the Sabin oral vaccine, was free of Simian Virus 40, or SV40. That vaccine was used from 1963 until 2000, when it too was replaced. Documents set to be delivered to the House Subcommittee on Human Rights and Wellness appear to show that the original "seeds" used to produce the Sabin vaccine could have been tainted with SV40; that the company that manufactured the vaccine, Wyeth Lederle, may have used Rhesus monkeys -- which are more likely to carry the disease -- rather than the African Green monkeys it says it used, according to company documents; and that the company may not have performed all of the screening tests required. Stanley P. Kops, an attorney who represents clients he says were "paralyzed, killed and-or severely damaged" by the vaccine used until 2000, will present the documents. Kops alleges in his written testimony that the manufacturer and the FDA

were negligent and failed to protect children.

"There is a history of negligence involving this vaccine manufacturer and the regulators," Kops says in his written testimony. "The vaccine safety tests were not submitted [to the FDA], the regulators did not look, and infants in the United States became paralyzed or died, and there are now clear instances of cancer reported in the children and individuals who received this product."

A spokesperson for Wyeth Lederle, Natalie de Vane, said Kops is wrong. "These claims don't have any validity," said de Vane. "In response to allegations such as this, the FDA went back and tested batches that were released between 1976 and 1989 and using the most advanced methods of testing available, found no evidence of SV40. We have always conducted extensive screening and testing of our products. The FDA monitors this."

A Food and Drug Administration spokesperson was unaware of the allegations.

A CDC fact sheet says that "all of the current evidence indicates that polio vaccines have been free of SV40 since 1963."

Barbara Loe Fisher, co-founder and president of the National Vaccine Information Center, will tell the committee that the polio vaccine story is particularly troubling. The center does not accept money from vaccine manufacturers.

"At the hear of this tragic story is a violation of the public trust and the informed consent ethic," Fisher says in her testimony.

Kops says his documents show the following:

-- A decades-old letter from Dr. Albert B. Sabin to Lederle Laboratories saying that the original "seed" used to make the Sabin vaccine may not be free of SV40 contamination. The letter says that Sabin "could not be certain that there may not be a trace of SV40 virus in this material."

-- On Oct. 2, 2002, the Wyeth Lederle head of biological quality control said in a deposition that the company did not routinely perform blood tests on monkeys used to make the vaccine to make sure the monkeys did not carry SV40.

-- Company protocols show that a "cell batch" used to make vaccines might not be rejected even if SV40 is found in some test results.

-- Company documents describe the use of "rhesus" monkeys, apparently to make the vaccine. Wyeth Lederle says it did not use rhesus monkeys.

-- A Dec. 16, 1960, letter from Merck & Co. to the U.S. Public Health Service saying that company would not join the business of producing the oral vaccine because the risk of SV40 contamination was too high. The company told the government that it is "extremely difficult" to eliminate monkey viruses and "impossible to detect."

News@nvic.org is a free service of the National Vaccine Information Center and is supported through membership donations. Learn more about vaccines, diseases and how to protect your informed consent rights <http://www.nvic.org>

Polio Vaccines Are Causing Cancer

Many studies have reported the presence of simian virus 40 (SV40) or protein in human brain tumors and bone cancers, malignant mesothelioma, and non-Hodgkin's lymphoma, however many of the studies were small or lacking control groups, which made it difficult to determine whether they were reliable. Further, the history of some SV40 infections in humans is linked to the use of polio vaccines. According to conservative estimates, from 1955 to 1963 more than 98 million children and adults in the United States were exposed inadvertently to live SV40 because of SV40-contaminated polio

vaccines. The vaccines were also distributed to many other countries and different adenovirus vaccines used on some U.S. military personnel from 1961 to 1965 also contained live SV40. SV40 has been shown to be a potent oncogenic deoxyribonucleic acid (DNA) virus and in animal models, the neoplasias induced by SV40 included primary brain cancers, malignant mesotheliomas, bone tumors, and systemic lymphomas. The current prevalence of polyomavirus SV40 infections in humans is not known because there is a lack of data about which people received contaminated vaccines and the amount of infectious SV40 in particular lots of vaccine. It is also difficult to follow large groups for years after virus exposure for the development of cancer. Analysis of molecular biology data shows that polyomavirus SV40 is associated significantly with primary brain and bone cancers, malignant mesothelioma, and non-Hodgkin's lymphoma. Further, SV40 may play a role in the development of the malignancies. According to one report, there is moderate strength evidence that SV40 exposure could lead to cancer in humans under natural conditions. Future studies are needed to determine how SV40 is transmitted and how it interacts with different tissues. The American Journal of Medicine June 1, 2003;114(8):675-684 DR. MERCOLA'S COMMENT: Amazing that the polio vaccine seems ever more linked to cancers, especially in children. The evidence seems quite clear yet most continue to go down the path of blindly trusting the traditional paradigm to "save" them from disease through the use of vaccinations. This should outrage nearly anyone that reads this. We trusted these experts to provide us with protection from polio and instead they planted the seeds of a deadly cancer that would kill over 20,000 a year in the United States. This is particularly troublesome as polio can be prevented in most people simply by eliminating sugar from their diet. If you were one of those people who received the vaccine you can do something positive to enhance your immune system. Increasing your amount of omega-3 fats and decreasing the omega-6 fats will be a potent step toward suppressing these types of cancers. Consuming high-quality fish oil is an excellent way to obtain the outstanding health benefits of omega-3. When choosing your fish oil or cod liver oil, it is important to remember that not all brands are the same. In my research--and in my clinical experience with my patients--I have found that 1) the liquid form is superior to capsules; 2) that certain brands definitely seem inferior to others; 3) that the Carlson's brand of fish oil/cod liver oil is of an exceptional quality and purity. It is likely not the only brand in the world of such high quality, but up to this point it is the only one of such quality that I can recommend, so I now have the Carlson's fish oil and cod liver oil available on Mercola.com; you can also check your local health food store to see if they carry it. So what is the difference between fish oil and cod liver oil? In short, fish oil should be consumed in warm weather months and warm climates, while cod liver oil should be consumed in cool weather months and cool climates. Cod liver oil is high in vitamin D (and vitamin A); those in cool weather climates do not generally get enough vitamin D. However, in warm weather, their vitamin D is usually sufficient, as sunshine is one of the primary methods of obtaining this vitamin; if you consume too much vitamin D in these warm weather months, you do risk overdosing. A reasonable dose for both fish oil and cod liver oil is one teaspoon for every 50 pounds of body weight daily. Please be sure and read the articles below, which go into far more detail on the polio vaccine. Related Articles: SV40, Polio Vaccine, and Cancer: Now Beyond Coincidence? Mystery Of The Monkey Virus Polio Vaccine Linked to Lymphoma Monkey Virus Link to Cancer Grows Stronger Monkey Virus Present in Recent Polio Vaccine Update on Polio Vaccine and Lymphoma.

NIH SPONSORED MEETING DEMONSTRATES A 68 TIMES GREATER RISK OF SUICIDE.....



Dr. Ann Blake Tracy, Executive Director,
International Coalition for Drug Awareness
<http://www.drugawareness.org> and author of Prozac: Panacea
or Pandora? - Our Serotonin Nightmare (800-280-0730)

New research presented at a recent NIH sponsored meeting demonstrates a 68 times greater risk of suicide with the new serotonergic antidepressants and antipsychotics than if a patient never took anything.

These shocking figures of increased risk shows that a patient's chances of suicide jump from 11 out of 100,000 to as much as 718 out of 100,000 if one is taking one of these new SSRI antidepressants (Prozac, Zoloft, Paxil, Luvox, Celexa) - medications touted to alleviate depressive symptoms and rid one of suicidal tendencies. And the risk is even higher for the new serotonergic antipsychotics (Zyprexa, Risperal, Seroquel) - 752 out of 100,000.

Our gratitude for alerting us to this new research goes to Vera Hassner Sharav with the Alliance for Human Research Protection (AHRP) (www.researchprotection.org)

Dr. Arif Khan presented his research at a recent meeting sponsored by the National Institute of Mental Health. This was a meeting of the New Clinical Drug Evaluation Unit. The essence of the research was an analysis of the data on the suicide rate for patients who participated in the clinical trials for these new drugs - over 71,604 people. Now these are the clinical trials where these drugs were tested on the public to see if they were "safe and effective." This clinical data is then presented to the FDA for approval for marketing of these new compounds.

In his presentation Dr. Khan made note of what we learned long ago when this information was revealed through court documents in SSRI wrongful death cases - that is, that "actively suicidal" patients are excluded from the clinical trials on the SSRI antidepressants. What he found shocking about this is that despite the actively suicidal being excluded from these clinical trials the suicide rate among those taking these medications ABSOLUTELY SKYROCKETED from 11 out of 100,000 to 718 out of 100,000!!!!!!

So what I want to know is who is it that flunked their math courses - the FDA or the drug company researchers?!! Obviously it was both!

This data is not only shocking, it is horrifying! I urge you to look beyond the numbers to see the individuals behind those numbers who lost their lives as a result. This is not a mere "error" made by the FDA or the drug companies, it is a modern day holocaust when you begin to calculate the number of dead.

Please excuse me while I REALLY scream . . . I'm not going to say I TOLD YOU SO!!!!!! BUT, FOR 13 VERY LONG YEARS I HAVE BEEN TELLING THE WORLD THAT THESE DRUGS THAT INCREASE SEROTONIN CAUSE SUICIDE, RATHER THAN CURING IT!

What frightens me more than anything at this point of realization is millions of patients going into withdrawal from these drugs. The rapid or abrupt withdrawal from these antidepressants can produce suicide, mania, seizures, psychotic breaks, etc. at an even greater rate than while on the drugs. Extreme caution **MUST** be taken.

Here are the suicide rates. Keep in mind as you read through these that the rate of 11 out of 100,000 persons per year is the suicide rate for the population at large.

*752 per 100,000 for those treated with atypical antipsychotics--risperidone (Risperdal), olanzapine (Zyprexa), and quetiapine (Seroquel);

*718 per 100,000 for those treated with the SSRIs - Selective Serotonin Reuptake Inhibitors (Prozac, Zoloft, Paxil, Luvox, Celexa)

*425 per 100,000 for those treated for "social anxiety disorder" with nefazodone (Serzone), mirtazapine (Remeron), and bupropion (Wellbutrin/Zyban);

*136 per 100,000 for those treated for panic disorder--with benzodiazepine alprazolam (Xanax);

*105 per 100,000 persons for those treated for obsessive-compulsive disorder with anticonvulsant valproate (Depakote).

These figures clearly speak for themselves. The massive numbers of wrongful death suits will obviously follow. At least loved ones will know why they have lost those who meant so much to them via such tragic circumstances.

Keep in mind as you read through this data that the new antipsychotics listed here are basically a combination of the older antipsychotics and the SSRIs. They too have a **STRONG** effect upon serotonin levels. Also the most likely reason researchers saw an even higher rate of suicide in placebo with the antipsychotics is that these patients were likely being abruptly discontinued from their older antipsychotics for the clinical trials. This abrupt withdrawal causes suicide.

“The Constitution of this republic should make special provisions for medical freedom as well as religious freedom. To restrict the art of healing to one class of man and deny privileges to others will constitute the Bastille of medical science. All such laws are un-American and despotic.”

Benjamin Rush, M.D., signer of the Declaration of Independence and

Leading Allopath During the Founding of America

CREATING AWARENESS

AUTONOMIC NERVOUS SYSTEM RHYTHMS OF THE PERIPHERY

Juan Carlos López

An old colleague of mine used to liken the autonomic nervous system to the suburbs of a city in a condescending way: "why bother going there if there's never anything going on?". Of course, this patronizing view is quite inaccurate; we may not know a lot about what happens in the periphery, but this should actually encourage us to find out more about it. Take, for example, the physiology of the sympathetic neurons that control vasomotor tone. These postganglionic cells show bursts of activity with a periodicity that is related to the cardiac and respiratory cycles, a coordination that might help to optimize blood supply to every organ. How is this bursting activity controlled? One leading idea is that an oscillatory network in the brainstem entrains the sympathetic neurons, causing them to fire synchronously. In fact, there seem to be not one, but several oscillatory networks, as there is variability in the rhythmic patterns of activity measured in the vascular systems of different organs. And now, a recent paper in *The Journal of Physiology* reports that afferent somatic activity can reset the oscillatory networks and transiently synchronize sympathetic neuron firing, adding an additional complication to this system.



MEMORIES NOT LOST, JUST OUT OF SYNC; REYNOLDS CENTER ON AGING AND HOPKINS RESEARCHERS' THEORY SUGGESTS SYNCHRONIZING BRAIN RHYTHMS KEY TO HUMAN MEMORY

LITTLE ROCK, Ark.--(BW HealthWire)--May 13, 2002--Findings published last week in Proceedings of the National Academy of Science (USA) could lead to a better understanding of how our memory changes with age, according to John Hart, Jr., M.D. associate professor in the Reynolds Department of Geriatrics of the UAMS College of Medicine and a co-author of the study.

"This new approach to looking at mechanisms of memory via electrical rhythms raises a whole series of questions about how the brain operates and what happens when it doesn't work properly," he explained.

The study, conducted by Dr. Hart and co-investigators Scott Slotnick, Ph.D., Lauren Moo, M.D., Michael Kraut, M.D., Ph.D., and R. Lesser, M.D. of Johns Hopkins University, involves a novel explanation for how we recall memories for objects that surround us. The medical researchers suggest that objects occur in your memory by uniting together the different brain regions that make up various parts of the object you are trying to remember. For example, the memory of a dog includes uniting smell, sound, appearance and name.

By measuring the electrical rhythms that parts of the brain use to communicate with each other, the team of researchers showed that when the memory of a dog occurs, the thalamus, an important region of the brain that connects areas together, actually regulates the rhythms that connect brain regions. "Memory appears to be a constructive process in combining the features of the items to be remembered rather than simply remembering each object as a whole form," Dr. Slotnick explained. "The thalamus seems to direct or modulate the brain's activity so that the regions needed for memory are connected."

"It appears that the electrical signals synchronize the brain regions that store each part of an object's memory so that those areas are connected," Dr. Hart, the study's senior author, continued. "This co-activation of brain regions likely represents the memory of the object itself. It may also explain why we may remember something clearly, and other times we can only come up with parts of the item we are trying to remember. Many times we say 'you know, it has humps, it lives in the desert ...' This may occur when the rhythms don't synchronize with the regions properly. It could also explain why the memory will come to you at a later time."

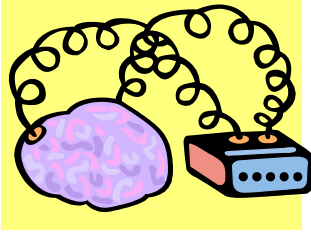
An important implication of the study's association of the thalamus and rhythms to memory is that patients, including those who suffer from Alzheimer's disease, who experience this sort of memory loss may not actually be losing information. Instead, the memory process is being disrupted.

Dr. Hart is establishing an imaging and cognition research laboratory at the Donald W. Reynolds Center on Aging at UAMS, where he and other researchers will use memory testing, functional MRI, and measurement of the brain's electrical activity to develop diagnostic tools to identify people with memory disorders. Such a facility may benefit not only Alzheimer's patients, he said, but it will also help stroke and head injury patients, as well as those with schizophrenia.

"We want to try to figure out, based on this approach to memory function, what sort of neurotransmitters and brain regions are being disrupted during the memory process. Then we want to see if we can treat patients by regulating this disrupted memory circuit," Dr. Hart explained.

Dominic Carone

COULD IT BE THAT WE ARE JUST WIRED DIFFERENTLY?



MALE BRAIN SCIENCE GIVES CLUE TO NAGGING QUESTIONS

By Jill Serjeant

02 Oct 2003 01:10:21 GMT

LOS ANGELES, Oct 2 (Reuters)

It's the universal question on many women's lips. "What could he be thinking?" she shrieks, or sighs or sulks at her husband, boyfriend or son.

What is it with men and cars? Why doesn't he notice how much housework needs to be done? Why does he need to keep a grip on the remote control? And the most bewildering one of all -- why won't he just talk to me?

The answers, says social philosopher and author Michael Gurian, lie not in laziness, sexism or sheer pigheadedness but in profound differences between the male and female brain -- and scientists now have the technology to prove it.

"What Could He Be Thinking? How a Man's Mind Really Works," combines two decades of neurobiological research with anecdotes from everyday life and Gurian's experience as a family therapist to present a new vision of the male psyche.

It's a vision that Gurian hopes will help promote a better understanding of men and reverse what he sees as the dangerous assumption born of the past 40 years of radical feminism that men have simply become redundant.

"As a culture, we've made profound mistakes in the last few decades by assuming that men were unnecessary. Many people have even gone so far as to negate or dismiss what is at the core of a man," Gurian writes.

Gurian, author of the 1996 groundbreaking book "The Wonder of Boys" and its follow-up "The Wonder of Girls," is no anti-feminist. He is married with two daughters, and his book mines the field of brain science to help improve relations between couples.

Culture plays a part, but Gurian argues that biology matters much more than previously realised.

"The science has been crucial. Wherever I go, I start by showing PET scans and people can see for themselves the differences between the male and female brain. I think that alters life and marriages," Gurian told Reuters.

THE SCIENCE PART

Such are the advances in technology and understanding that PET radioactive-imaging and MRI magnetic-imaging scans can now show whether a man and a woman are truly in love by measuring the amount of activity in the cingulate gyrus, an emotion centre in the brain, Gurian says.

Like a guide through a secret forest, his book leads the non-scientist through the complex world of brain science and relates it to some of the most frustrating sources of conflict between men and women in long-term relationships.

The male brain secretes less of the powerful primary bonding chemical oxytocin and less of the calming chemical serotonin than the female brain.

So while women find emotional conversations a good way to chill out at the end of the day, the tired male brain needs to zone out all that touchy-feely chatter in order to relax -- which is why he wants the remote control to zap through "mindless" sport or action movies.

His brain takes in less sensory detail than a woman's, so he doesn't see or even feel the dust and household mess in the same way. Anyhow, the male brain attaches less personal identity to the inside of a home and more to the workplace or the garden -- which is why he doesn't get worked up about housework.

Male hormones such as testosterone and vasopressin set the male brain up to seek competitive, hierarchical groups in its constant quest to prove self-worth and identity. That is why men, paradoxically (from a hormonally altered new mother's point of view), become even more workaholic once they have kids, to whom they must also prove their worth.

BACK TO NATURE

Gurian says his book is aimed mainly at women. "Men get this already. They are living this brain but they don't have the conscious language to explain it. Women are not living it.

"If they are relating to a man, I hope they will be touched, informed and entertained and will have a new vision of the way they can make their relationship work.

"I beg people to go back to nature, look at the PET scans, look at the brain differences and see if it makes sense." If it does, the consequences are profound for a generation of "liberated" women brought up to believe it is men who have to change, and men who must respond to a female way of relating in order for marriage to succeed. Gurian says men can learn new skills and alter their behaviour but they will not be able to meet all of women's expectations.

"Popular culture focuses so much on trying to get people closer. Most people believe that marriages break up because men and women are not close enough. But what I am learning about the brain leads to the idea of intimate separateness, in which the brain seeks less intimacy at times," Gurian said.

"People want to love each other. If we can learn who we might be -- not what IS he thinking, but what COULD he be thinking -- then I am optimistic."



CHOCOLATE AND PASTA LOVERS OF ALL AGES REJOICE!



Studies have shown that there may actually be some benefit in eating these seemingly forbidden foods.

Chocolate is now acclaimed to actually lower blood pressure, as well as taste good.

Pasta, or more specifically the sauce on the pasta, has been linked to a lower risk of prostate cancer.

Is it possible that the posturing of nutrition may be changing? Or could it be the old adage of “all things in moderation” is still the key? Whichever the case may be, eating what satisfies the senses may result in health benefits as well.

YOGA: STRETCH AWAY DISEASE?

Consumer Reports on Health, July 2003

Studies have generally confirmed what Westerners say about yoga: It boosts flexibility and strength and makes you feel good by inducing relaxation and a sense of well-being. Now emerging evidence suggests that yoga may also do what Eastern practitioners have claimed for millennia: It eases symptoms and combats disease.

- **Pain.** Researchers at the Cleveland Clinic Foundation found that practicing yoga three times a week for one month reduced pain and the need for pain medication in people with chronic back pain, carpal tunnel syndrome, or arthritis.

- **Cardiovascular disease.** A one-year clinical trial of people with coronary heart disease found that yoga reduced the number of angina attacks and even the need for angioplasty or bypass surgery. Several other trials have found that yoga may help control high blood pressure almost as effectively as medication would.

- **Lung disease.** Yogic breathing, exercises clearly improve the lungs' ability to saturate the blood with oxygen, enabling healthy people to exercise harder and longer. Some clinical trials have indicated that yoga may also reduce the severity of the two most common lung ailments, asthma and chronic bronchitis.



NSA PRESENTED AT THE SWISS CHIROPRACTIC YEARLY CONTINUING EDUCATION COURSE

Dominique Hort, DC, CCN, Naturopath
Lugano, Switzerland
ANC Board of Directors

What a difference a few years can make! Not too long ago, being on stage and presenting NSA at the prestigious yearly meeting of the Swiss Chiropractic Association (SCA), would have been only a dream. But we know, when the time is right, dreams are manifested and become reality.

NSA had already been researched inside out by the SCA a few years ago: a commission was put in place to study our technique and consequently the Swiss guidelines for practicing NSA were established. Because NSA has evolved so much, the guidelines definitely need a major revision; but they stand strongly as one of the political achievements in our brief history. This was the first substantial success, because it actually signified official acceptance of NSA by the ASC. This acceptance, however, did not necessarily change the perception and/or knowledge of our technique by many of our peers.

The time was ripe for further action. It was time to introduce ourselves and our new developments to our colleagues. And, yes, it was perfect timing, because a miracle happened. The organizer of the Swiss symposium decided to open the forum with a new format: the presentation of few techniques and the possibility to further discussion and teaching through workshops. NSA was invited.

It was a great opportunity. I must admit that I accepted the task with some apprehension. This undertaking would demand a very sharp presentation with special attention to clarity and understanding of the mental/emotional attitude of Swiss chiropractors. “Not an easy task,” I thought. However, once I started preparing the conference, I realized that it was actually easier than expected. Thanks to the amazing work that our mentor and friend, Donald Epstein, has done in the last 20 years, NSA has now become what I call a 360° technique. What I mean by this is that from whatever direction a person enters the NSA model, the congruency of the approach will bring the person a complete full circle on his/her journey. With the four models that Dr. Epstein has invented, helped to develop and/or adapted to NSA, we now have a technique that has solidity in its science, art, and philosophy. It is a technique of which we are very proud. As a science, we have the research to substantiate our claims, thereby, showing more and more evidence for what we do. The art of NSA is now totally consistent with our philosophy; and both our approach and philosophy have acquired such depth that it has become an example for many. Dr. Epstein wrote an article on NSA, which was published this year in Today’s Chiropractic (available on the ANC website or use the following link: <http://www.associationfornetworkcare.com/articles/todayschiro.shtml>). I felt that this article was a modern version of our descriptive article on NSA published in 1993 in JVSR. I used this article as a baseline for my presentation, and it worked great. I would also like to thank a few of our Swiss Chiropractors who practice Network (Claude Champrenaud, D.C.; Amy McLaughlin, D.C.; Inga Paravicini, D.C., and Monica Weber, D.C.) and my team mate Dean Mawby, D.C. for their advice and insight. The presentation became a team effort naturally flowing with the NSA spirit.

The actual meeting was born under a great star for us. We were originally scheduled for a technique presentation only, but a last minute cancellation allowed us to do both the presentation and workshop.

The presentation was attended by approximately 70% of all the members of the SCA. I chose not to explain the technique itself, but rather to focus on the evidence based approach of NSA and the research behind NSA. Great graphics and presentation of the Epstein models of wellness kept the interest of the audience. However, for future meetings to chiropractors in this type of setting, I would go into less detail. There was a great amount of material presented, and I understand that the quantity and depth of the material may have been too much for some of the attendees. Realizing that the content and context of NSA is immense and a new discipline to many chiropractors, it was important to present the message with quality rather than quantity. The main messages (360° approach, evidence based, and scientifically supported) were well received; and the success in attendance and interest of the next three workshops was the proof of that.

During the following three workshops, I saw a total of 120 people (the SCA has a count of 180). This is a major success, because the last two were given on Sunday morning - a day that people usually stay home. I explained the concepts of ease, invitation, and Spinal Gateway process and presented the analysis of the subsystems. I did a couple of demonstrations and showed the Respiratory wave and the Somatopsychic wave phenomenon in action. I also demonstrated the benefits and changes in peoples' spines and nervous systems.

I felt the attendees were very interested. Many questions transpired. We did light the flame of curiosity. At the end of each presentation, I entrained many of the people present. By the end of the workshop series, I had put my hands on at least 40-50 people who could feel on themselves the effects of NSA. The responses were great, and I am confident that we left a good impression on most of the people present.

In the near future, our focus should be on presenting NSA presentations. We are working to provide an NSA presentation outline for professional organizations on the ANC web site www.associationfornetworkcare.com. It is important to let others know who we are and what we are really about. It is imperative we share the Network gifts we have to offer! By going the extra mile, we create the space for curiosity, respect and support from others.

Donald and Jackie have come up with a great package, and I am grateful every day for their commitment to growth, healing and the advancement of the human spirit.

Dominique Hort, D.C.

DONALD EPSTEIN, D.C. POSITIONS NSA WITHIN THE WELLNESS EDUCATION MODEL AS A CLIENT BASED HEALTH-CARE SYSTEM, BRIDGING THE PAST AND THE FUTURE.

This article is a must read for all NSA practitioners as it fills in the gaps in the transitioning and provides the evidence based reasoning for those changes.

The following is the abstract for the article expected to be published January, 2004 in the JVSR. Link now to JVSR (www.jvsr.com) for subscription.

Network Spinal Analysis TM (NSA) care has been transitioned from a health care system with the objective of correction of two types of vertebral subluxation, to a multi-component system of health care delivery with emphasis on wellness education for participating clients. NSA care is now delivered and communicated in discrete Levels of Care with emphasis on client participation through self-evaluation. Emphasis on wellness education will be introduced into NSA practice through training via a Certificate Program currently under development. This paper considers some hallmarks that delineate a wellness education, patient (client)-centered practice. The concepts presented relative to this wellness model of health care delivery are believed to be applicable to any approach with similar practice objectives. The perspective presented considers that the major aspects of a patient-centered, wellness education health care delivery system is multi-dimensional. Hallmarks include differentiating terms, and establishing a wellness mentality. Substantiation of the discipline must be established through credible published research regarding its efficacy and safety as well as a consistent and valid means of measuring progressive outcomes derived from the care received. The relationship of NSA to other disciplines is discussed.

RESEARCH NEWS

REPORT ON THE CONFERENCE ON “PHYSICS AND CONTROL” HELD IN ST. PETERSBURG, RUSSIA, AUGUST 20-22, 2003 SUBMITTED BY PROFESSOR EDMOND A. JONCKHEERE

A paper entitled “Nonlinear switching dynamics in surface electromyography of the spine,” describing some aspects of Network Spinal Analysis, was presented at the “Physics and Control” conference that was held in the beautiful city of St. Petersburg. “Physics and Control” is a new cycle of conferences targeting the very complex dynamical phenomena encountered in the physical world as well as the equally complex problem of controlling such phenomena. Professor A. Fradkov, organizer of the conference, coined the expression “Cybernetical Physics” to refer to this field of endeavor. Physiological and biomedical systems were of course represented at that conference, because they are probably the most complex systems scientists are confronted with and because, as such, they provide an inexhaustible source of new paradigms. The NSA paper described the “bursting dynamics” of the sEMG signal recorded during NSA, that is, the phenomenon that the signal switches back and forth between a “background” mode and a “burst” mode in a most interesting dynamical phenomenon. “Bursting dynamics” has become a recognized new paradigm in physiology, as demonstrated by another paper also presented at the conference by a Russian-Danish team dealing with the bursting dynamics of β pancreatic cells. Clearly, the path taken by NSA research appears to converge to other established lines of investigations and it is hoped that soon NSA research will become a recognized field of biomedical endeavor.

PAPER PRESENTATION ACCEPTED AT THE INTERNATIONAL SOCIETY OF QUALITY OF LIFE RESEARCH CONFERENCE IN PRAGUE, CZECH REPUBLIC NOVEMBER 12TH-15TH, 2003

This paper featuring our analysis of the interconnections between wellness, health lifestyles, and Network Spinal Analysis is jointly authored by Tonya Schuster, Ph.D., Marnie Dobson, Ph.D.(candidate), Maritza Jauregui, Ph.D., and Robert Blanks, Ph.D. **It will be presented at the ISOQOL conference in Prague by Marnie Dobson.** For more information about the conference and to locate the abstract in the conference program, please click on the following website:

<http://www.isoqol.org/abstractprogram2003/notification/login.cfm> (type in tschuster and select 1844 to view the abstract and undated information regarding the conference schedule).

ISOQOL Conference (Abstract 1844)

WELLNESS LIFESTYLES

This research represents an empirical application of a theoretical framework linking use of Network Spinal Analysis (a wellness-oriented form of complementary and alternative medicine, health lifestyle practices, and self-reported health and wellness. We surveyed 2596 patients from 156 offices of doctors who were members of the Association for Network Care; estimated response rate = 69%. Expanding on the concept of quality of life, we developed a wellness construct consisting of calculated difference scores between two referents, “presently” and “before Network” care, for self-reported items representing wellness domains of physical state, mental-emotional state, stress evaluation, and life enjoyment. Positive reported change in nine items assembled into dietary practices, health practices, and health risk dimensions serve as indicators of the construct of changes in health lifestyle practices. The NSA care construct consisted of duration of care in months, awareness of energy and awareness of breathing since beginning Network care. Exogenous variables entered into a structural equation model include gender, age, education, income, marital status, ailments, life change, and trauma. Results demonstrated reported wellness benefits accrue to individuals along a direct path from both self-reported positive lifestyle change (.22), and from NSA care (.43). The path (.65) from NSA care to positive health lifestyle changes indicates that NSA care also has an indirect effect on wellness through changes in health lifestyle practices. Only gender, age, and education remained in the final structural equation model. The Structural Equation model tested in these analyses lends support to a theoretical framework linking wellness, health lifestyles, and CAM. This study shows that our measurements of health and wellness are particularly appropriate for investigating wellness-oriented CAM. NSA care users do tend towards the practice of a positive health lifestyle, which also has a direct effect on reported improvements in wellness. These empirical links are discussed relative to the sociodemographic characteristics of this population and show that use of NSA care is an aspect of a wellness lifestyle.

SUCCESSFUL IN VITRO FERTILIZATION IN A POOR RESPONDER WHILE UNDER NETWORK SPINAL ANALYSIS CARE: A CASE REPORT

PLEASE GO TO [HTTP://WWW.JVSR.COM/](http://www.jvsr.com/) OR USE THE FOLLOWING LINK:

[HTTP://WWW.JVSR.COM/ACCESS/ABSTRACTS.ASP?CATALOGID=179](http://www.jvsr.com/access/abstracts.asp?catalogid=179) FOR ACCESS TO THE FULL ARTICLE.

Case Study

Successful In Vitro Fertilization in a Poor Responder While Under Network Spinal Analysis Care: A Case Report

Simon A. Senzon, M.A., D.C. [Bio](#)
[September 14, 2003, pp 1-6]

Abstract - Objective: This case report describes the successful in vitro fertilization (IVF) of a 34 year old female who had one previous aborted IVF attempt prior to Network Spinal Analysis (NSA) care. This case report is being presented to add to other case reports that show positive physiological changes in patients receiving NSA care.

Clinical Features: The IVF was attempted due to her partner's azoospermia. The first IVF attempt was on 3/26/02. The patient had a poor follicular growth after the standard hyper-stimulation process of the ovaries, including pre-treatment with Mircette (birth control pills) and 1mg/0.2ml of Lupron (a gonadotropin releasing hormone agonist), and 3-6 amps of Gonal-F (a recombinant fsh) starting on cycle day 3. Her baseline day 3 estradiol and LH levels were only 21.2pg/me and 5.0 I.U./L respectively. On cycle day 8, estradiol was only 56% and LH was 6.6 I.U./L. The Gonal-F was increased to 6amps. This first attempt was canceled due to the poor follicle growth. Only 3-4 follicles of insufficient size between 10-14mm each were found.

Chiropractic Care and Outcomes: On 4/11/02, the patient commenced regular NSA care. The second IVF attempt began on 6/6/02. The change in IVF protocol was the addition of Repronex (also a gonadotropin a combination of LH and fsh). The total increased dose of Gonal-F and Repronex was 6amps, compared to the first attempt of only 3amps which was then increased to 6amps of Gonal-F only.

Conclusion: On the second IVF attempt, estradiol was 1001pg/ml on day 8, and 2019pg/ml on day 11, with LH at 9.3. The Oocyte retrieval after the second attempt was 10 eggs, each approximately 18mm. A successful aspiration of eggs was completed on 6/17/02, and a successful pregnancy followed. The patient is still under NSA care, and is now in her second trimester with normal fetal heart sounds. The possible role of NSA care in the vigorous follicular growth and other health benefits is discussed.

Key words: *Network Spinal Analysis, NSA, In Vitro Fertilization, IVF, poor responder, hypothalamic-pituitary-ovarian axis, GnRH pulse generator, vertebral subluxation, chiropractic, infertility.*



YOU ARE THE ONE

The power of one is enormous! This summer the ANC-R #1 Club kicked off to a great beginning. The #1 Club presents an unprecedented opportunity for any individual to unleash the power of one, a chance to make a difference and create a greater vision of global healing. The true power of one rests in the one coupling with many. Yes, one person when joined by many other ones is the vehicle to provide considerable funding for ANC Research. The basic premise is for every individual to donate one office visit per month. This will begin to create the much needed funding to further ANC-R's ambitious research agenda. Can you imagine what could happen if every single doctor donated just one visit per month? The possibilities are revolutionary!

We would like to take this opportunity to thank everyone who is currently participating in the #1 Club. We have had an 85% success rate of pledges to actual funds being received. That is excellent! Our pledges, which span a period of one year, are now at \$35,454.00; and we have only just begun. But we need your help if you are not 'one' already participating.

Just as Network Care is essential to your personal well-being, research is essential to the well-being of Network Care. Join us now in providing the security for your future and the future of Network care.

- | | |
|---------------------------|--------------------------|
| Daniel Wilke, D.C. | Adrian Yeung, D.C. |
| Marc Wind, D.C. | Coral Youker, D.C. |
| Steven Teagarden, D.C. | Mike Warwick, D.C. |
| Dan Therrien, D.C. | Michael Whelan, D.C. |
| Mary Traverse, D.C. | Gayle Whittaker, D.C. |
| Chris Abrahamson, D.C. | Marc Jubelin, D.C. |
| Josie Addarich, D.C. | Jan Kirschner, D.C. |
| Connie Amundson, D.C. | Daniel Knowles, D.C. |
| John Belitz, D.C. | Ellis Kooby, D.C. |
| Kimberly Berkus, D.C. | Michael Kooby, D.C. |
| Pierre Bernier, D.C. | Lori Krauss, D.C. |
| Peter Bilodeau, D.C. | Larry Leighton, D.C. |
| Tracy Bloom, D.C. | Dan Lemberger, D.C. |
| Fred Blum, D.C. | Sue Ann Lewine, D.C. |
| David Breitbach, D.C. | Brian Lumb, D.C. |
| Michelle Cacciatore | Tami Macfarlane, D.C. |
| Anthony Caliendo, D.C. | Tracey Mendel, D.C. |
| Marie Cavanaugh, D.C. | Kim Miller, D.C. |
| Lane Cawthon, D.C. | Veronique Mollaret, D.C. |
| Amy Cericola, D.C. | Ron O'Connor, D.C. |
| Gloria Contreras, D.C. | James Oppenheim, D.C. |
| Deborah Diamond, D.C. | Karen Osburn, D.C. |
| Dennis Ehren, D.C. | Cheri Palmer, D.C. |
| Elizabeth Erkenwick, D.C. | Shannon Patterson, D.C. |
| Peter Fisk, D.C. | Mark Rabinowitz, D.C. |
| Steven Gardner, D.C. | Leonard Rosenblum, D.C. |
| Marlena Garsha, D.C. | Renee Sacharny, D.C. |
| Thorin Gault, D.C. | Chad Sato, D.C. |
| Bret Glas, D.C. | Greg Shaw, D.C. |
| Robyn Graber, D.C. | Larry Silber, D.C. |
| Pam Halton, D.C. | Ardie Singh, D.C. |
| Jean Harper | Jackie St.Cyr, D.C. |
| Joanne Hauptert, D.C. | Larry Stern, D.C. |
| Charles Hilston, D.C. | Jim Stone, D.C. |
| Ann Jackman, D.C. | |
| Amy Jackson, D.C. | |
| John Johr, D.C. | |

FOR THOSE WHO HAVE ALREADY JOINED THE #1 CLUB, WE THANK YOU.

FOR THOSE WHO WISH TO JOIN YOUR PEERS IN SUPPORTING THE RESEARCH FUND, WE LOOK FORWARD TO HEARING FROM YOU. YOU MAY DOWNLOAD THE FORM FROM THE FOLLOWING LINK:

<http://www.associationfornetworkcare.com/onclub.shtml>

For the motivated individual and an even greater challenge, Dr. Fred Blum invites you to his program of tithing 10% of one's income. Dr. Blum would like to see the ANC have commitments of \$50,000.00 per month within a 6-month time frame with his challenge. Dr. Blum's perspective is written in the following letter to Jackie and Donald Epstein:

"Beginning in July, 2003 I am initiating a program of tithing 10% of my gross monthly income. I believe that it is a law of life that we must give back 10% of the goods that the Universe gives to us to further the spiritual evolution of mankind. I will be giving my 10% to the ANC.

I would like to engage as many other ANC doctors as possible to play in this game. The way I see it, that 10% was never mine to begin with I am holding it in trust for the Universe so that I might do some good with it.....Thanks for all that you do. By giving you this check, I feel more connected with your mission, and that feels pretty great."

In peace and abundance,

Fred J. Blum, D.C.

Thank you, Dr. Blum. Our deepest appreciation goes out to you and your vision for Network Care.

We would also like to take this opportunity to thank Dr. Ellis Kooby for including the ANCR as beneficiary of whole life insurance policy. More information will follow in the upcoming newsletters as to how this can be achieved. You may also contact Dr. Kooby directly at 310-753-4848 for more information.

Also a special note of thanks go out to the Honorable William Reilly and Libbie Reilly for their yearly Foundation matching gifts fund to the ANCR.

*When you are inspired by some great purpose,
some extraordinary project, all your thoughts break their bonds;
Your mind transcends limitations, your consciousness expands in every direction,
and you find yourself in a new, great and wonderful world. Dormant forces, faculties and
talents become alive, and you discover yourself to be a greater person
by far than you ever dreamed yourself to be."*

Patanjali (circa First to Third Century B.C.)

INSPIRATION OF THE DAY

MY GATE REUNION

By Muffit Jensen, D.C.
San Francisco, 100th - August 2003

So familiar, yet so unknown
My spine, my soul has come back home.

Come back home to a brand new place
New language, new skills for my spine to embrace.

A touch, the spine begins to lift,
This contact has begun a shift.

The fuel of breathing sets the tone
Communicating through every bone.

Feeling connected and as one
My transformation has begun

Learning, growing, stretching, expressing
Gods earthly example of a heavenly blessing.

HUMOR

A YOGI WALKED INTO A PIZZA PARLOR...

What did the Yogi say when he walked into the Zen Pizza Parlor?

"Make me one with everything."

When the Yogi got the pizza, he gave the proprietor a \$20 bill. The proprietor pocketed the bill. The Yogi said

"Don't I get change?"

The proprietor said, "Change must come from within."

*

BEST ZEN TEACHER

Who is the best Zen teacher?

M.T. Ness

BOOKS ON PARADE

THE FIELD: THE QUEST FOR THE SECRET FORCE OF THE UNIVERSE

By Lynne McTaggart

The Field also reveals a radical new biological paradigm-that on our most fundamental level, the human mind and body are not distinct and separate from their environment, but a packet of pulsating energy constantly interacting with this vast energy sea.

The Field creates a picture of an interconnected universe and a new scientific theory which makes sense of supernatural phenomena. It offers a scientific explanation for many of the most profound human mysteries, from alternative medicine and spiritual healing to extra sensory perception and the collective unconscious. It could even answer some of the big questions: what is human consciousness and what happens when we die.

For further reviews, please visit

<http://search.barnesandnoble.com/booksearch/isbnInquiry.asp?userid=36DXPIFY6V&sourceid=00405232527646909754&bfdate=12%2D22%2D2003+14%3A42%3A54&isbn=0060931175&itm=>

Please submit any announcements you wish to share with the community through our newsletter to info@associationfornetworkcare.com

To advertise in this online publication, please download the advertising form from the newsletter link on our website. We thank you for supporting the ANC and look forward to serving you in the future.



WELCOME NEW MEMBERS

May 20, 2003 to December 22, 2003

ASSOCIATE MEMBERS:

MARY J. SOWINSKI, D.C.

PRACTICING MEMBERS:

DEBORAH BIGOGNO, D.C.
LAURA BRITAIN, D.C.
LANE CAWTHON, D.C.
DAVID SCHUYLER DU BOURDIEU, D.C.
NICOLE FRIEDLAND, D.C.
MARLENA GARSHA, D.C.
THORIN GAULT, D.C.
GWENDOLYN JONES, D.C.
Phillippa Langrell, D.C.
JOANNE LEGGIO, D.C.

GREGORY NORTH, D.C.
JEFF PARHAM, D.C.
SHANNON PATTERSON, D.C.
RICHARD RAMOS, D.C.
JOHN RAUCH, D.C.
WAYNE REBARBER, D.C.
MICHAEL RISOLDI, D.C.
ROBERT SMITH, D.C.
TODD STEIN, D.C.

SUPPORTING MEMBERS:

WENDY BENKOWSKI
DUSTIN CRAVEN
SUSAN ELLIOTT
PEGGY FABRECK
LUANNE GABRIEL
BONNIE LAMBOURN
SKYE MA
SAM MADDEN
MARIA MARCHIONDA
MYNA MASON-REIBSON
JANET MAYO
JOE MERLINO

KEVIN MILLS
VINCENT MINA
VANESSA OCCHILINE
MARK PEARCE, D.C.
JOHN RAUCH, D.C.
SUSANNE ROBUCK
ALLISON STERN
PAMELA STONE, D.C.
DANIELLE TROMBETTA
PAULA WEIL
PHILIP WHITLEY, D.C.
ANITA ZALK

STUDENT MEMBERS:

PAMELA HALTON

GREGORY SMITH

THANK YOU FOR SUPPORTING THE MISSION OF THE ASSOCIATION FOR NETWORK CARE.

ANNOUNCEMENTS

CURRENT HAPPENINGS

IF YOU HAVE ANY HEALTHY DISHES OR FAVORITE RECIPES THAT YOU OR YOUR PARTNER ARE ALWAYS ASKED TO MAKE FOR A FUNCTION, FAMILY GET TOGETHERS, OR POTLUCKS, ETC., PLEASE SEND THEM TO US, INFO@ASSOCIATIONFORNETWORKCARE.COM.

BIRTHS

CONGRATULATIONS ON THE BLESSED EVENTS!

JACOB HANS, D.C. AND WIFE RAQUEL LAZAR-PALEY OF SAN DIEGO, CA WILL CELEBRATE DAUGHTER AMELIA SIMONE HANS' FIRST BIRTHDAY ON JANUARY 14, 2003. THIS PRECOCIOUS YOUNG LADY ATTENDED HER 1ST TRANSFORMATIONAL GATE (100TH) ON AUGUST 3, 2003. WHAT A WELCOME! CONGRATULATIONS TO THE NEW PARENTS.

*

ANNOUNCING!! SUSAN WINTER WARD IS A GRANDMA! SARAH EMANUELLE HOFFER WAS BORN TO SUSAN'S DAUGHTER WENDY AND SON-IN-LAW JEREMY ON AUGUST 24, 2003. WENDY WENT TO THE HOSPITAL AT 7:30P.M., AND SARAH WAS BORN AT 11:15P.M. SHE IS BEAUTIFUL. YOU CAN SEE HER ON SUSAN'S WEBSITE: WWW.YOGAHEART.COM.

KUDOS

WE WOULD LIKE TO THANK ALL THOSE WHO HAVE SUBMITTED ARTICLES FOR PUBLICATION IN OUR NEWSLETTER. PLEASE FORWARD YOUR IDEAS AND ARTICLES TO INFO@ASSOCIATIONFORNETWORKCARE.COM.

*

DR. DEBORAH AYER, WHO PRACTICES IN DOVER, NEW HAMPSHIRE, WAS SELECTED FOR THE HONOR OF 'CHIROPRACTOR OF THE MONTH FOR MAY 2003,' BY THE CHIROPRACTIC LEADERSHIP ALLIANCE, AND INTERVIEWED FOR THE POPULAR ON PURPOSE MONTHLY SUBSCRIPTION TAPES AND CD'S BY DRs. CHRISTOPHER KENT AND PATRICK GENTEMPO, WHO DELIGHTED IN HER HUMOR, HUMILITY, VISION, PURPOSE, AND PASSION FOR SERVICE.

*

THE ART OF THE LABYRINTH: IT HAS BEEN A PRIVILEGE TO SERVE ALL OF YOU AT THE GATES THROUGH THE MAJESTIC LABYRINTH. THANK YOU AND MANY INSIGHTFUL RETURNS OF THE PATH AND ITS PICTURES. REMEMBER THEIR GIFTS TO YOU ARE TIMELESS, AND I REMAIN EVER ENTHUSIASTIC TO ASSIST YOU IN YOUR DISCOVERY PROCESS. LAURA EATON 805-382-6298 OR EMAIL LAURA_A_EATON@HOTMAIL.COM

*

AFTER 30-YEARS OF SERVICE TO HUMANITY, DR. RICHARD KAYE IS RETIRING FROM PRACTICE TO PURSUE THE ENTREPRENEURIAL LIFE. DR. KAYE WILL REMAIN ACTIVE IN THE ANC AND CONTINUE TO SERVE ON THE BOARD OF DIRECTORS.

NEW OFFICE OPENINGS/RELOCATIONS

I FOUND MY DREAM OFFICE FINALLY!! AFTER 17 YEARS, I FOUND MY PRACTICE PLACE OF PEACE. IT IS GORGEOUS, BRIGHT AND BLOCKS TO THE BEACH. I AM DELIGHTED TO SHARE THE SPACE AND THE MAGIC OF NETWORK SPINAL ANALYSIS WITH MY COMMUNITY. OUR NEW LOCATION SERVES REDONDO BEACH, HERMOSA BEACH, MANHATTAN BEACH, PALOS VERDES AND TORRANCE. I THANK YOU ALL FOR THE MANY REFERRALS OVER THE YEAR AND CONTINUE TO BE GRATEFUL FOR THE MEMBERS YOU SEND TO ME. GRATIS MARIE E. CAVANAUGH, 830 TORRANCE BOULEVARD, REDONDO BEACH, CA 90277

*

LANE CAWTHON, D.C. MOVED HIS OFFICE IN DALLAS. THE NEW OFFICE ADDRESS IS 12700 PRESTON ROAD, #295, DALLAS, TX 75230.

*

JUDY KNOWLES, D.C. RELOCATED FROM FORT WORTH, TX TO NEW YORK CITY. **GET THE ROPE!!! DR. KNOWLES' IS NOW LOCATED AT SEA CHANGE HEALING CENTER, 31 W 26TH ST, 2ND FLOOR, NEW YORK, NY 10010. CALL: 212-889-7300.**

*

GLEN MACPHERSON, D.C. HAS LEFT PERTH AND NOW RESIDES IN AUCKLAND, NEW ZEALAND IN THE SUBURB OF TAKAPUNA. HIS NEW OFFICE NUMBER IS 0064-4893319.

*

SAMANTHA LONGFIELD, D.C. GRADUATED THIS PAST JUNE AND HAS MOVED TO ITALY. SHE RECENTLY OPENED AN OFFICE IN PARMA, ITALY. SHE IS PLANNING TO HAVE HER GRAND OPENING IN NOVEMBER. DR. LONGFIELD'S NEW ADDRESS IS FORZA VITALE STUDIO CHIROPRACTICO, VIA FARINI 9, 43100 PARMA. OFFICE PHONE IS [39] 329 124 2486. CONGRATULATIONS!

*

BILL BERKOWITZ, D.C. HAS RELOCATED FROM RHODE ISLAND TO THE CENTRAL COAST OF CALIFORNIA. HE HAS TAKEN OVER THE PRACTICE OF DR. ALANNAH BAILEY WHO HAS TRANSITIONED TO BEING A FULL TIME MOM. THE PRACTICE IS LOCATED AT 134 SOUTH HALCYON, ARROYO GRANDE, CA 93420. ARROYO GRANDE IS ADJACENT TO PISMO BEACH AND SAN LUIS OBISPO. THE OFFICE PHONE IS 805-474-0532.

*

DR. KRISTINE THOMAS, WHO PREVIOUSLY PRACTICED IN WARWICK, RI HAS TAKEN OVER THE PRACTICE OF BILL BERKOWITZ, D.C. HER NEW OFFICE ADDRESS IS AQUIDNECK ISLAND WELLNESS CENTER, 333 VALLEY ROAD, MIDDLETOWN, RI 02842. DR. THOMAS' OFFICE PHONE IS 401-845-9283.

*

DR. RAY GIN HAS RELOCATED WITHIN CALIFORNIA. HIS NEW OFFICE ADDRESS IS 25431 CABOT ROAD, SUITE 116, LAGUNA HILLS, CA 92653. HIS NEW OFFICE PHONE IS 949-458-6728.

MARRIAGES

CONGRATULATIONS ON YOUR BLESSED UNIONS.

DR. TOM WHITTINGTON AND ROBBIN BRENT OF ASHEVILLE, NORTH CAROLINA, JOYFULLY ANNOUNCE THEIR MARRIAGE ON TUESDAY, THE 27TH OF MAY 2003, ON THE BEACH AT CHERRY GROVE, SOUTH CAROLINA. THIS IS WHERE THEY SPEND THEIR VACATIONS TOGETHER AND WHERE TOM ASKED ROBBIN TO MARRY HIM.

TRANSITIONS

OUR LOVE, PRAYERS, AND SUPPORT ARE WITH YOU.

OUR PRAYERS GO OUT TO DR. JOEL HALL WHOSE MOTHER PASSED ON OCTOBER 16, 2003.

*

OUR CONDOLENCES FOR THE INCONSOLABLE LOSS OF HER SON EZRA ARE SENT TO DR. MAGGIE McCLURE AND FAMILY. EZRA PASSED ON IN BOULDER, CO FROM INJURIES SUSTAINED AFTER BEING HIT BY A CAR. HE WAS 21 YEARS OLD.

FYI - LINKS

PBS RELEASES

SUPERSTRING THEORY

“THE SYMPHONY OF EVERYTHING. WITH SUPERSTRING THEORY, PHYSICISTS MAY BE ON THE VERGE OF FORMULATING THE THEORY OF EVERYTHING,” UNITING OUR UNDERSTANDING OF THE FUNDAMENTAL FORCES OF NATURES INTO A SINGLE EQUATION AND EXPLAINING THE BASIC NATURE OF MATTER AND ENERGY.” TO VIEW THE ILLUSTRATION AND STORIES, CLICK ON THE LINK [HTTP://WWW.MSNBC.COM/NEWS/201650.ASP](http://www.msnbc.com/news/201650.asp). YOU MAY ALSO ACCESS INFORMATION FROM NOVA “A THEORY OF EVERYTHING?” BY BRIAN GREENE AT: [HTTP://WWW.PBS.ORG/WGBH/NOVA/ELEGANT/EVERYTHING.HTML](http://www.pbs.org/wgbh/nova/elegant/everything.html)

FOR INTERESTED VIEWERS, “THE ELEGANT UNIVERSE: EINSTEIN’S DREAM AND STRING’S THE THING” WILL BE AIRING ON PBS OCTOBER 28 AND NOVEMBER 4 AT 8:00 P.M. CHECK IT OUT! “IT’S NOT SCIENCE FICTION, IT’S STRING THEORY.”

*

VISUALLY STUNNING PBS SERIES “HEALING QUEST” EXPLORES BURGEONING FIELD OF ALTERNATIVE AND INTEGRATIVE MEDICINE

SEE PAGE 6 FOR REFERENCE TO THE PBS SPECIAL OF NETWORK SPINAL ANALYSIS.

IMMEDIATE RELEASE - October 12, 2003

**Contact: Nicolette Toussaint, PR & Marketing Director (415) 794-6956
Judy Brooks or Roy Walkenhorst, Producers (707) 939-4920**

John Lane, a little boy suffering from autism, eases into the swimming pool with his two therapists: Marcia Mahon and a sleek, blue-gray bottlenose dolphin. John’s mother, Debra, standing nearby, reflects, “He seems right at home with the dolphins in the water. He likes to put his ear in the water and hear the clicking. And there’s something about that with the autism that he seems to connect, and it brings out so much in him that he’ll do things that he won’t ordinarily do at home.”

John is one of thousands of Americans who have benefited from new and sometimes surprising therapies that connect mind, body and spirit. He’s also one of the many patients who appear on “Healing Quest,” a series that begins on PBS affiliates around the country beginning in October. The audience is potentially huge: the Trends Research Institute has identified the desire for holistic health as one of the top ten trends of the 21st century while the Journal of the American Medical Association reports that visits to alternative practitioners in the US now exceed total visits to primary care physicians.

Shot on locations across the US and around the world, the series explores therapies that range from now-familiar techniques, such as acupuncture, to the unusual and arcane: the use of flashing lights sewn into a mask to treat premenstrual syndrome, therapeutic massage for premature infants, a piano wire bed that is used to treat arthritis and relieve chronic pain. Explorative but grounded in science, Healing Quest got rave reviews during a test market showing last summer in Ohio and should appeal not only to those who already have an interest in alternative and integrative medicine, but also to those who are curious or even skeptical.

The series, which is currently slated to air on more than 71 PBS affiliates, has been endorsed by the Campaign for Better Health, a national public advocacy alliance based in Washington, D.C. “The show is a crucial public service, spotlighting emerging innovative health discoveries and helping consumer understand all their health care options,” said Ana Micka, President and CEO for the Campaign. The Campaign’s partners include Citizens for Health, the National Foundation for Alternative Medicine, Dr. Andrew Weil Enterprises, the Natural Health Research Institute, Friends of Health, the Chopra Foundation, Tai Sophia Institute, the Policy Institute for Integrative Medicine and the International Commission for Natural Medicine and Ecology.

The visually stunning series is hosted by its producers, Judy Brooks and Roy Walkenhorst, the bright lights behind Lightbridge TV Productions. Healing Quest grew out of Brook’s 20-year interest and experience in alternative and integrative therapies and benefits from Walkenhorst’s strong reportorial and investigative skills.

The idea for series came to Brooks nearly six years ago. “It was sparked when I realized that we aren’t just a physical body that’s 90 percent water. We are fundamentally energy. Energy animates body,”

says Brooks. “and healing always involves energy.” Brooks, who trained in Reiki, an alternative therapy that uses touch to focus energy, recalls, “ It made perfect sense to me that touch could focus energy and that energy was needed for healing. Touch is healing. That’s why we touch our children and sick people. We all have the power to use that. We all have the ability to heal ourselves and others. It’s innate. Though some of us choose it as a career, we all have it. The reason to explore all these different approaches to healing – the reason to do the series – is that we’re all different and no one approach works for everyone. It’s all about choices, so we all need to take responsibility for our own healing.”

Walkenhorst, who has been married to Brooks for 20 years, was more skeptical. A former television news reporter and anchorman, he approached the topic cautiously. “That cynical, reportorial part of my brain still operates,” he says. “It’s useful. It gets answers; it demands data and research. Every once in awhile it doesn’t get the answers it demands, so we don’t do that story.” The 39 stories that have been produced for the series have been painstakingly researched by two full-time producer/researchers and reviewed by the Institute of Healing at the California Pacific Medical Center in San Francisco.

Viewers who visit the series’ website – www.HealingQuest.tv -- will find transcripts for each of the 13 episodes to be shown this season along with research citations, links to practitioners, and resources for further investigating the various therapies shown. “Our goal in this series was to approach each story and topic through science, but always with an open mind, and that’s what we hope our viewers will do as well,” says Walkenhorst.

The gracious pacing of the episodes are in marked contrast to usual television fare and each episode ends with a “healing moment” that features stunning nature photography and music by Emmy Award-winning composer Gary Malkin. In response to a test market broadcast of the series this past summer, viewer Rebecca Kellock of Columbus Ohio wrote to WOSU-TV, “I had tears in my eyes when I first experienced your show. It’s great. I really enjoyed the Healing Moment at the end and the tone of the show – love mixed with professionalism.”

Production of the show has indeed been a labor of love. Lightbridge initially planned to complete 12 episodes by the fall of 2002, but the burst of the dotcom bubble, the economic downturn and the worst recession in the history of the US advertising industry intervened. “It was a perfect storm for finances,” Walkenhorst says, “We had a plan A and a plan B for the business end. We’re now on plan D.” The series survived not only because Walkenhorst and Brooks dug deep into their own pockets, but also because of the support of investors and businesses who believed in the series and its message.

“The signs ahead are extraordinary,” says Walkenhorst. “I’m predicting this will turn out to be healthy and robust, as it deserves to be. In producing this, I learned how much impact this can have on individual lives. And I learned that this field of medicine is enormous and growing all directions. I think we’re on the brink of a transformation of health attitudes and practices in this country.”

Brooks laughs and nudges him, just as she does in the series. “I have been telling you that for 20 years!” she says.

CLASSIFIEDS



POSITIONS AVAILABLE & ASSOCIATES WANTED

AUSTRALIA

ASSOCIATE WANTED FOR NSA OFFICE IN BRISBANE, AUSTRALIA TO START EARLY 2004. SEND INQUIRIES TO DR. CORRINE GILL AT [61] 7-3861-0733.

COLORADO

BEAUTIFUL, BRIGHT SUNNY GROUP ROOM TO SHARE IN CENTRAL BOULDER, CO. PROFESSIONAL BUILDING. CALL 303-440-6301.

*

SRI FACILITATOR AVAILABLE FOR YOUR PRACTICE. FACILITATED 400++ PRIVATE SESSIONS. TRAINED IN ADVANCE SRI FOR NSA PRACTICE. REIKI MASTER TEACHER, SOUND THERAPIST. EXPAND WITH ANNETTE. 970-290-6116

NEW HAMPSHIRE

NEW HAMPSHIRE WONDERFUL GROUP SEEKS A CONSCIOUS, KIND, CARING NSA BASED DOCTOR. IMMEDIATE INCOME AVAILABLE (603) 772-6400.

NEW YORK

UNIQUE OPPORTUNITY TO WORK IN A HIGH VOLUME NSA OFFICE AND WELLNESS CENTER ON LONG ISLAND, NY. JOIN THE NY COMMUNITY WHILE LEARNING AND EARNING! CALL DR. BERLIN (516) 822-8499.

EQUIPMENT FOR SALE

TWO HILL SELF-ELEVATING TABLES, MODEL HA90C. LIKE NEW. \$1600.00 EACH. CALL 727-797-9900 FOR INFORMATION.

*

Insight 7000 Subluxation Station. Check it out at [HTTP://WWW.QUANTUMHEALING.COM/INSIGHT.HTM](http://www.quantumhealing.com/insight.htm) or call Dr. Kaye at 760-633-3400.