

# THE NETWORK RELEASE

THE OFFICIAL NEWSLETTER OF THE ANC

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## The Mission of the Association is to:

Support the consciousness, advance the practice of, and promote the public availability of Network Spinal Analysis. This shall be in relationship to emerging strategies for personal and global healing, wholeness, and enhanced quality of life and human experience.

Support the advancement and understanding of the relationship of the spine and nervous system to consciousness, the expression of innate intelligence, self-organization, and healing.

Encourage the coherent and cohesive support of the science, art, and philosophically similar and compatible models in various healing arts through workshops, seminars, journals, newsletters, and research projects.

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# PRESIDENT'S MESSAGE

This year brings great promise. A paper on the predictability of the surface EMG signal and NSA Level of Care is being presented Friday, June 4-6, 2003 at the Adams Mark Hotel in Denver, Colorado. This prestigious conference is held under the auspices of American Automatic Control Council (AACC), the US National Member Organization of the International Federation of Automatic Control (IFAC), the ACC brings together people working in control, automation, and related areas from the American Institute of Aeronautics and Astronautics (AIAA), American Institute of Chemical Engineers (AIChE), Association of Iron and Steel Engineers (AISE), American Society of Civil Engineers (ASCE), American Society of Mechanical Engineers (ASME), Institute of Electrical and Electronics Engineers (IEEE), the International Society for Measurement and Control (ISA), and the Society for Computer Simulation (SCS). In this paper, which is available to read on the ANC website, the somatopsychic wave is listed as a unique phenomenon. The mathematical signal of an NSA practice member "faking" the wave is significantly different than that produced during the wave. The wave is proposed to be part of a feedback mechanism between the dura and vertebral structures. Evidence also indicates that significant mathematical differences exist between each of the Levels of Care. As well, the signal of the wave appears to be consistent with a thalamus signal. Since the thalamus is the doorway and " filing cabinet" for the cerebral cortex, this may further substantiate the connection between greater cortical and cognitive processing and NSA care.

Another paper will be presented in the autumn in Russia at a conference on oscillating systems. These papers introduce the NSA phenomenon to a wide range of academic cultures.

Please be aware that no other system of care, including chiropractic techniques, has shown the development of the somatopsychic wave. Moreover, since the signal has been evidenced to change between Levels of Care, it is essential for the practitioner to seek advancement through the Levels of Care. Development of sensory motor strategies is indeed a sign of nervous system refinement.

Other papers recently submitted to a major journal for publication present our Wellness and Quality of Life survey as the most complex and integrated patient based wellness instrument to date. One paper includes the structural equation modeling of the Network retrospective study variables. The paper demonstrates the relationship of Network care as a great enhancer of wellness, stress reduction, health promoting lifestyles, and life enjoyment. This study also shows that practice member awareness of the somatopsychic wave and respiratory wave (rather than duration of care), are the main determinants of self reported wellness and quality of life improvement. It also showed that the awareness of these waves significantly enhances self perceived wellness, and length in care. When communicating NSA, it is important to understand that it rests on two unique models that are not considered in other methodologies. These are the Epstein Model of Wellness-Illness and the Model of Somatic Awareness.

Network is not just another gentle adjusting method to help improve one's health. NSA, with its accompanying wellness education, is a RADICAL EVOLUTIONARY jump to assist the body in developing new properties and strategies otherwise not expressed in humanity.

The refinement of the sensory and motor patterns of behavior associated with progression in NSA Levels of Care simply does not appear ANY WHERE ELSE. These new strategies are also linked to refinement of the wave and body awareness and wellness outcomes.

Although some practitioners have a tendency to combine various adjusting methods within their practice, to reduce spinal tension, correct vertebral position, or create symptomatic relief, please be aware of the amazing and wonderful unique strategies that NSA offers that no other system can achieve. The ability to generate a self referring system which can regulate tension, enhance somatic awareness, create new refinements in spinal sensory motor patterns never before reported, and enhance wellness is something that will ultimately be well known in all cultures. So, stay the course!

Some practitioners seeks to find the "primary cause" of health, by locating, tracking, and adjusting vertebral subluxations to restore the person to a pre-subluxated state. Alternatively, NSA practitioners seek to help upgrade the hardware within to produce new strategies for the spine and life that have NEVER before been available. NSA practitioners are not facing the past and the adaptations to the past. Rather, we are jumping into the future with an approach that has not existed before. Wellness model is an essential educational construct to be consistent with the NSA clinical work.

It is exciting to note that all new NSA literature geared to the lay public discussing the Epstein Models of Somatic Awareness, Spinal and Neural Integrity, Wellness, and Subluxation is in developmental stages. In addition, several important case studies are underway that will be attractive to the basic science, medical and alternative health care communities.

With a Newly elected ANC Board of Directors, we will be acting to further develop community and service for our members as well as spreading our message to wider circles of global culture. The Board believes that ultimately this will provide a greater flow of people to your offices.

In this issue you will read about creating an awareness of NSA with other professionals, developing a lifetime wellness practice, the body-mind connection, and perspectives on wellness. You will also find informative articles and links to topics in the field of medicine that may be of interest to practice members. This issue has a personal account of a powerful "lifting the veil" experience during SRI. In addition, the humor, inspiration and life updates found in the member announcements will deepen your inner connection and your connection with others in our community.

Please read "How to Perform a Case Study," and check out the exciting book reviews. Read the time sensitive notice about utilizing the ABC Codes for Spinal Entrainment and the supplemental Notice of informed consent form to keep premiums low. HIPPA is here and requires lots of rethinking and reorganizing the office. Your thoughts, comments and tips related to this would be appreciated to share with other ANC docs in the upcoming newsletter.

Thanks for being a member of the ANC. Please look at all sections of our redesigned and updated website at <http://www.associationfornetworkcare.com/>.

With Love,  
Donald

## B. J. PALMER QUOTE

"We say that man comes in contact with the outer world through the medium of the five special senses. ...

The organs of special sense are instruments that register certain vibration. Scientists have discovered that these vibrations move in waves, and at various speeds.

To illustrate, if we look at the ocean, we see various waves. These are little crinkly waves on larger waves, and these in turn form a part of the great waves high as mountains, and these in turn are but part of the greater waves we call the tides.

... As there are ocean waves, and heat waves, and an indefinite number of other waves of which we live in blissful ignorance...

So what is called life is a series of interpretations and adaptations by Innate Intelligence of vibrations registered by the organs of special sense.

... The scents of almost all animals that range the wild or swim the seas are differently attuned than ours; and who knows what ecstasies of sense lie beyond the limits of our organs?

As there are lower beings that cannot recognize what we human beings are able to recognize, so perhaps there are in the universe also higher beings that can recognize what we cannot.

**... It is true that we are spiritual, using the body as an instrument.**

**It is true that the five special senses are limited to register but a few of the infinite number of vibrations that do exist...**

**It is true that our idea of the nature of the universe is pitifully unreal.**

**Conditioned on these premises the history of evolution is the story of how this inward something has struggled to burst the chains and walls of its material limitations, in its striving to attune itself with the vibrations of the universe.**

**Nor have we reasons for believing the limit of evolution has been reached.**

**Driven by an insatiable desire, urged by the realization that there are yet myriads of harmonies which are not registered by our present senses, this inward something will evolve new senses, until the human mind and soul reflect, with greater accuracy, the qualities of the all-knowing, ever-present, all powerful principle we call God."<sup>1</sup>**

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<sup>1</sup>Palmer, BJ The Bigness of the Fellow Within, Davenport, Iowa 1949 Volume XXII page 30-332

# ADVOCATING SAFETY

## ROUTINE X-RAYS NOT AS SAFE AS PREVIOUSLY THOUGHT

Proc Natl Acad Sci U S A 2003 Apr 4; [epub ahead of print]

Cells exposed to low doses of X-rays may delay or completely avoid repairing damaged DNA, raising questions about the safety of routine X-rays. Surprisingly, cells exposed to higher doses of X-rays repaired damage at a faster rate. The study's results were unexpected, but, according to researchers, it is not known whether the reduced repair capacity after low-dose X-rays is a good thing or a bad thing. While unrepaired breaks in DNA can result in cells becoming cancerous, faulty repairs are also problematic. It may be that allowing a cell to die and be replaced is safer than repairing the cell, researchers said. This is in-line with the finding that cells exposed to higher doses repair themselves faster; since more cells are damaged by the higher doses, repair becomes a necessity. In the study, researchers exposed human lung cells to varying X-ray doses. Doses ranged from levels typically received from routine medical and dental X-rays (1.2 milligrays) to levels 10 times higher than are received by patients undergoing CT scans (200 milligrays). Cells that received high doses repaired 95 percent of their damage within a day. When cells were exposed to doses of 5.0 milligrays, the DNA repaired fell to 80 percent. However, cells exposed to the lowest doses either delayed repair for days or avoided repairs entirely. Researchers suggest that chemical signals within or between cells could determine whether repairs are essential or can be ignored. They note that while further research is needed to explain these findings, there doesn't appear to be an immediate effect on X-ray risk estimates and people should not stop having them.

### **Reference:**

#### **EVIDENCE FOR A LACK OF DNA DOUBLE-STRAND BREAK REPAIR IN HUMAN CELLS EXPOSED TO VERY LOW X-RAY DOSES**

**Rothkamm K, Lobrich M.**

Fachrichtung Biophysik, Universitat des Saarlandes, 66421 Homburg, Germany.

DNA double-strand breaks (DSBs) are generally accepted to be the most biologically significant lesion by which ionizing radiation causes cancer and hereditary disease. However, no information on the induction and processing of DSBs after physiologically relevant radiation doses is available. Many of the methods used to measure DSB repair inadvertently introduce this form of damage as part of the methodology, and hence are limited in their sensitivity. Here we present evidence that foci of gamma-H2AX (a phosphorylated histone), detected by immunofluorescence, are quantitatively the same as DSBs and are capable of quantifying the repair of individual DSBs. This finding allows the investigation of DSB repair after radiation doses as low as 1 mGy, an improvement by several orders of magnitude over current methods. Surprisingly, DSBs induced in cultures of nondividing primary human fibroblasts by very low radiation doses (approximately 1 mGy) remain unrepaired for many days, in strong contrast to efficient DSB repair that is observed at higher doses. However, the level of DSBs in irradiated cultures decreases to that of unirradiated cell cultures if the cells are allowed to proliferate after irradiation, and we present evidence that this effect may be caused by an elimination of the cells carrying unrepaired DSBs. The results presented are in contrast to current models of risk assessment that assume that cellular responses are equally efficient at low and high doses, and provide the opportunity to employ gamma-H2AX foci formation as a direct biomarker for human exposure to low quantities of ionizing radiation.

PMID: 12679524 [PubMed - as supplied by publisher]

## **PATIENTS MAY NOT BE ADEQUATELY INFORMED OF RISKS OF RADIOLOGY PROCEDURES**

**By Martha Kerr**

NEW YORK (Reuters Health) May 06 - Patients are not adequately or accurately informed about the risks and benefits of diagnostic radiology procedures, in part, because physicians themselves lack information about some state-of-the-art procedures, according to the results of a study presented at this year's annual American Roentgen Ray Society meeting in San Diego on Monday.

Dr. Howard Forman of Yale University in New Haven, Connecticut, presented the findings of a physician survey conducted at the Yale-New Haven Hospital emergency department. Physicians were asked whether they had informed their patients undergoing abdominal or pelvic computed tomography (CT) scans about the risks and benefits of the procedure and about the dose of radiation the CT scan delivered.

Of the 45 physicians surveyed, 10 said that they explained the risk/benefit profile of the procedure, but only 4 physicians provided information about the radiation dose involved.

When asked about their knowledge about the radiation associated with a pelvic/abdominal CT scan, 3 physicians said that the radiation dose was less than or equal to that of a chest x-ray. Twenty physicians believed that the radiation dose was greater than that of a chest x-ray but less than 10 times that dose, while another 10 physicians estimated that the radiation dose of a pelvic/abdominal CT scan was between 10 and 100 times greater than a chest x-ray.

Only 10 of the 45 physicians surveyed knew that the actual radiation dose of a pelvic/abdominal CT scan was between 100-250 times that of a chest x-ray.

"Over the past several years there has been an explosion in the use of computed tomography. The trade-off between the risks and the benefits has strongly favored the benefits," Dr. Forman told Reuters Health. "We owe it to our patients to explore the current status of the risks and benefits, since the radiation dose is often underestimated."

"Patients are now ordering their own studies for screening that include computed tomography," Dr. Forman noted. "As we head into this area of radiation exposure, we have to remember that the risks are highest in the youngest patients, and lowest in the oldest."

"We're constantly expanding our knowledge base...The fact that we sometimes don't know [the risks and benefits of CT] is a reflection of the constraints of the healthcare system," Dr. Forman said. "But this does not take away our obligation to explain the risks and benefits to the best of our ability."

## **ERRORS OCCUR IN HALF OF INTRAVENOUS DRUG DOSES**

WCANews.com, Health Watch Newsletter

It has been widely reported that medication errors – including prescribing the wrong drug, incorrect dosages, or negative interactions between two or more drugs – account for many of the medical adverse events that kill close to 100,000 people each year. Most of these drug errors involve pills prescribed to people in doctor's offices or hospitals.

Now, a report by *BMJ* (formerly, *British Medical Journal*), reveals that people who receive intravenous drug in hospitals may be at an even greater risk. According to the report, errors

occurred in almost half of the intravenous drug doses given at the hospitals studied. Preparation errors occurred in 32 doses (7%), administration errors in 155 doses (36%), and both types of error in 25 doses (6%). Errors were potentially harmful in about a third of cases.

Data were collected on the number, type, and clinical importance of errors in the preparation and administration of intravenous drugs over 6-10 consecutive days on 10 wards in two U.K. hospitals. A total of 1,042 doses were prescribed for 106 patients during the study.

The most common errors were giving concentrated (bolus) doses too quickly and mistakes in preparing drugs that required multiple steps.

**SOURCE:** "Ethnographic study of incidence and severity of intravenous drug errors, *BMJ*, Volume 326, pp 684-6, March 2003.

## WHEN PRESCRIPTION DRUGS GO WRONG 1 IN 4 OUTPATIENTS SUFFER AN ADVERSE DRUG EVENT

By [Jennifer Warner](#)  
WebMD Medical News

Reviewed By [Brunilda Nazario, MD](#)  
on Wednesday, April 16, 2003

April 16, 2003 -- One in four people who walk out of the doctor's office with a prescription may be headed for trouble from an adverse drug event. And a new study suggests that a more than a third of those unwanted and potentially dangerous side effects could have been prevented with better prescribing practices and doctor-patient communication.

Although several studies have looked at the issue of adverse drug events among hospital patients, researchers say little is known about how frequently these complications occur among outpatients who take prescription drugs at home.

The study, published in the April 17 issue of *The New England Journal of Medicine*, examined adverse drug events reported among 661 patients who received at least one prescription drug from four primary care clinics in the Boston area.

Researchers found that 162 of these patients (25%) reported an adverse drug event for a total of 181 adverse drug events. Thirteen percent of the adverse drug events were serious, and 11% were considered preventable. Serious reactions in this study included drops in heart rate, drops in blood pressure, or bleeding from the stomach or intestines.

But the study found that the severity and duration of many of the adverse drug events reported would have been substantially reduced if different actions had been taken. Researchers say these ameliorable events occurred when doctors failed to respond to drug-related symptoms and when patients failed to inform doctors about these symptoms.

"Patients often had symptoms for months without any changes in their medications, and only a small percentage of patients reported that symptoms led to a visit to a physician," writes researcher Tejal K. Gandhi, MD, MPH, of Brigham and Women's Hospital in Boston and colleagues. "Clearly, strategies to improve doctor-patient communication are essential to the outpatient setting."

Of the 20 adverse drug events that were preventable, nine were due to the selection of an inappropriate prescription drug, two to the wrong dose, and two to the wrong frequency of use.

The prescription drug classes most frequently involved in adverse drug events were selective serotonin reuptake inhibitors (SSRIs) commonly used to treat depression, heart disease medications such as beta-blockers and ACE inhibitors, and NSAID pain relievers.

The most frequently reported preventable and treatable adverse drug events were those related to the central nervous system (such as sexual dysfunction), gastrointestinal disorders, and heart problems.

Of those who reported an adverse drug event, 16% said their symptoms required medical attention, such as a visit to an urgent care clinic or emergency room.

The study found that the person's age, sex, or other demographic characteristics did not affect the likelihood of suffering an adverse drug event. Researchers found the only factor that increased the risk of adverse drug events was the number of medications a person took. The number of adverse drug events per person increased by 10% for each additional prescription drug they took.

But in an editorial that accompanies the study, William M. Tierney, MD, of the Indiana University School of Medicine, writes that the errors of omission may be just as dangerous as the errors of commission.

Tierney says most studies on medication errors and adverse drug events have focused on the effects of mixing too many drugs. But other studies have shown that many patients are not getting the drugs they need despite the proven benefits.

For example, research shows that many heart attack victims are not prescribed beta-blockers or aspirin despite repeated studies that show these drugs substantially reduce the risk of death among these patients.

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SOURCE: The New England Journal of Medicine, April 17, 2003.

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## **MANY BALKING AT VACCINATION FOR SMALLPOX**

**By DONALD G. McNEIL Jr.**

The plan to vaccinate health care workers against smallpox is getting off to a slow start as hundreds of hospitals say that they will not participate. For full story, click on or paste the following link:

<http://query.nytimes.com/gst/abstract.html?res=F10817F73F5F0C748CDDAB0894DB404482>

## **REPEAT AFTER ME, THE FLU VACCINE DOESN'T WORK, NEVER DID WORK, IS USELESS**

The Washington Post (Jan 8, 2003) ran the headline: Flu Now Kills More Americans Than AIDS. The number of flu-related deaths in the United States has increased fourfold since the 1970s and now claims more lives than AIDS -- this despite the invention of the flu vaccine some 40 years ago. This increase is blamed on the aging population, who are more susceptible to the flu, along with a recent, more lethal strain of the virus. About 65 percent of the elderly receive flu shots, however the shots are largely ineffective among this group of people aged 65 and older. From 1976 to 1977 the number of flu-related deaths was 16,263, compared with 64,684 from 1998 to 1999. The increase in flu-related deaths, despite the introduction of the flu shot, has led some to say that the importance of receiving the flu vaccination could be undermined.

<http://www.korenpublications.com/>

## **MOBILE PHONE SCARE**

### **This is LONDON**

17/03/03 - News and city section

By Beezy Marsh, Daily Mail Mobile phones are at the centre of new safety fears after scientists found the first evidence of a link with brain cancer. Users who spend more than an hour a day talking on a cell phone are almost a third more at risk of developing a rare form of brain tumour, a study has found. The cancers were found most frequently on the side of the head to which the phone was held. Scientists found the cancer link with digital mobiles, old- style analogue mobiles and digitalenhanced cordless phones. The findings, published in the International Journal of Oncology, will renew health concerns among Britain's 47million mobile users. One expert said yesterday that another large-scale study would be needed to confirm the apparent link. Radiation from mobile phones has been shown to alter the workings of brain cells and affect memory. But the biggest British study three years ago, led by the Government's former chief scientific adviser Sir William Stewart, found that there was no evidence of a risk to human health. A report by the American National Cancer Institute in 2001 also failed to find a link between mobile phone use and brain cancer. The latest findings are the first to show a link between the instruments and disease in humans. In the study, lead researcher Professor Kjell Mild examined the medical records of 1,600 tumour victims who had been using mobile phones for up to ten years before diagnosis. Professor Mild, a biophysicist at Orebro University in Sweden, said the evidence was clear: 'The more you use phones and the greater number of years you have them, the greater the risk of brain tumours.' Scientists compared tumour sufferers with a control group who led similar lives but did not use mobile phones. They also compared sufferers with tumour victims who did not use mobile phones. The study found that spending more than an hour a day on the phone increased the risk of a type of tumour known as acoustic neuroma by 30 per cent. Such tumours occur in one of the nerves in the brain and can lead to deafness in one ear. They are usually curable by surgery. Although the cancer is rare, say numbers have increased from one tumour per 100,000 people in 1980 to about one per 80,000 today. Dr Richard Sullivan, head of clinical programmes at Cancer Research UK, said: 'These latest findings appear to show a link and that warrants further investigation. 'We would need to see a large-scale study replicating these results before we could say whether they are significant. 'Certainly the study appears to be robust.' The National Radiological Protection Board said in a statement that it considers mobile phones safe in relation to cancer. 'Radio waves do not have sufficient energy to damage genetic material in cells directly and therefore cannot cause cancer.' Find this story at

<http://www.thisislondon.co.uk/news/articles/3852657?version=1>

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# CREATING AWARENESS

## CREATING AWARENESS ABOUT NSA WITH OTHER PROFESSIONALS AND THE COMMUNITY

**BY RAY GIN, D.C.**

In a conversation I had with Donald last year, he told me about Michael Cotton, D.C. of Kansas City who has done a terrific job of networking with other health care professionals, namely psychiatrists and therapists. Donald indicated to me that he felt one of the best ways to building a successful practice was by creating successful relationships with other health professionals in the community. I totally agreed and decided to pursue this avenue.

I wanted to share my recent experiences of the last several weeks in making connections with other health care professionals. An obvious benefit of building these relationships is in patient referrals. But, also other professionals are instrumental in letting more people in our communities learn about NSA.

The groundwork for much of what has developed recently started with some media training at the Joel Roberts Media Training seminar about 1½ years ago. After attending the seminar it became apparent to me that a great way to reach lots of people is through the media. In that time, I'd been able to be on several local radio health/wellness shows.

However, this past December we got a good break. I was able to book us on a Los Angeles area health radio show with a strong following. The host is a PharmD and even though he is a trained pharmacist he feels that allopathic medicine isn't the entire answer to people's health problems. He is very committed to exposing his listeners to alternative methods of healthcare.

Well, even though the host is no stranger to alternative methods, since he's been doing this for over 6 years, his eyes practically popped out of their sockets when he saw one of the "wave" and us being entrained. He was very intrigued by NSA and since then he's had us on for 5 shows (all within one month). He has mentioned that he will continue having us as guests until he "figures out" exactly what NSA is. I joked that we'll probably grow old together on the air.

One of the radio host's greatest strengths is his large network of alternative/complementary healthcare professionals that he has close relationships with. Fortunately for us, he really liked NSA and us, and he feels NSA really should be known by a larger audience than that which already exists. He has since introduced us to several M.D.'s. One of the first M.D.'s has a successful sports medicine clinic with a celebrity client list. As a result of a meeting with him, showing him NSA, and how we can help him he invited us to a once-a-month meeting of alternative M.D.'s, who I've been told are considered some of the most prominent alternative doctors in Southern California. Michael, myself, and Nicole (our assistant and awesome SRI facilitator) went to the meeting and we were asked to present to the group a little introduction of NSA. We were the ones that started the meeting off and we supposed to be given about 20 minutes, however, once they saw an entrainment they kept us there with lots of questions for the next 1½ hours. In fact, no one else had the opportunity to speak. We made many great connections. One of the keys was emphasizing how NSA would **enhance their** results. Another important element was being able to explain some of the NSA research and studies to their satisfaction.

Among the doctors we met, a gastroenterology surgeon, was very much into non-linear chaotic systems and autonomic nervous system function and was extremely interested in working with us and seeing how NSA might help his patients. Interestingly enough, this same doctor is a medical advisor for HeartMath Institute, which Donald talks about frequently. Even with the M.D.'s keen interest in our work, it will involve cultivating a relationship based on trust with these doctors. That means frequent follow-ups with them to always be at the forefront of their minds. Plus, my main goal is to get many of them under care.

Since then (just two days ago), the radio host has introduced us to several more key players who have a big sphere of influence. One of them is a nutritionist/hematologist who is a nationally recognized speaker, author with a large client base in our area. Another contact is a syndicated media personality who is close to Earl Mindell, Patch Adams, and Andrew Weil. This person is very excited to meet us and see what we do and has expressed interest in developing a good relationship and subsequent referrals. We are scheduled to meet with him in a couple weeks.

Several practice members have given us referrals to other professionals (R.N.'s, acupuncturists, neurologists, and others who are looking to find good people who share their vision to help patients) who we are meeting in the upcoming weeks.

In the upcoming weeks, I expect to go down to one of the largest cancer clinics in Mexico. The director of this medical clinic is a prominent M.D. who came into our office (again, through the channels we've just tapped into) several weeks ago. He received an entrainment and SRI and he mentioned it was the most profound stuff he's ever come across. He invited us down to check out his facility and to perhaps work with some of his patients. We plan on entraining some of his patients and facilitating with some SRI. Most of his patients come from all parts of the world. SRI would be an incredible tool to which they could take back with them. Perhaps, some program could be set up with his clinic where NSA and SRI are tools available to his patients.

Lastly, one of the ad execs at the radio station, which we've been on, has been under care and has had terrific results. She has introduced me to many of the station's staff who are excited about being under care and as a result have mentioned that they'd like to set us up with some radio spots/ads on one of their primetime radio shows (possibly for gratis) because they're excited about the work and the results they're seeing.

To summarize, I feel much can be gained by cultivating inter-professional relations with other health care providers and those (such as the media) who can help you share NSA. Impart the fact to other health care providers that NSA will enhance their results. Much like asking for patient referrals, you must be vigilant in asking those around you who they know that could **benefit** from meeting you and learning about NSA. When meeting other professionals if you first show how interested you are in what they do they will reciprocate in finding more about what you do. Let them do most of the talking first. They will eventually ask you about what you do. That's when you let em' have it.

## **IT'S TIME TO STOP TAKING THE TABLETS – YOU'RE NOT ILL, YOU'RE JUST ALIVE**

**BY ANJANA AHUJA**

We increasingly expect our GPs to provide a pill or treatment for every problem. Two doctors will tell a conference tonight that the trend threatens our ability to cope with life's everyday ups and downs. To view the story, please paste the following link: <http://www.timesonline.co.uk/article/0,,7-582366,00.html>

## **NEW ENGLAND JOURNAL OF MEDICINE HAMMERS CHEMO, APPLAUDS ALTERNATIVE CANCER THERAPY...**

**Opinion by Consumer Advocate Tim Bolen**

December 26th, 2002

Times are a-changin' in the US Health community. Who would have believed that the prestigious New England Journal of Medicine would APPLAUD an Alternative Cancer Therapy, and in the same article, BLAST chemotherapy, as worthless.

Well, it happened... in the December 12th, 2002 issue, in a review by James Spencer Malpas, M.D., D.Phil. St. Bartholomew's Hospital London EC1A 7BE, United Kingdom. You can find the article in the Journal at <http://content.NEJM.org/cgi/content/full/347/24/1986>, if you're willing to fork over the ten bucks.

For those of you that don't want to spend the ten, here are the quotes...

Quote #1 - "He found the evidence in favor of conventional treatment unconvincing and opted for such alternative therapies as Gerson therapy with its strict diet, vitamins, and enemas. High-dose vitamin C and high-dose vitamin D, both contraindicated in the orthodox treatment of multiple myeloma, were later added to the regimen. What is evident is that this was the right therapy for him."

Quote #2 - "The irony of the whole situation is that a recent randomized trial of treatment for stage 1 multiple myeloma by Riccardi and colleagues (British Journal of Cancer 2000;82:1254-60) showed no advantage of conventional chemotherapy over no treatment."

Well, well... That ought to escalate the "quackbuster's" demise... Even the New England Journal has turned their back on their ludicrous assertions....

Tim Bolen  
Consumer Advocate

## **ACLU ATTACKS QUACKBUSTERS...**

**Opinion by Consumer Advocate Tim Bolen**

February 8, 2003

The 300,000 member American Civil Liberties Union (ACLU), last week, jumped into the war between health and medicine. They landed, with feet firmly planted, on the side of GOOD, in the age-old conflict with EVIL.

Waning propagandist Stephen Barrett, shown as "Not in Good Standing" by the Pennsylvania Medical Board, and two others had sued several people in California, alleging that they had been "defamed," and had been "conspired against" to be defamed. Barrett runs the questionable website "quackwatch.com" out of his basement in Allentown, PA.

One of the defendants, Ilena Rosenthal, went out and hired an Oakland attorney named Mark Goldowitz - who specialized in anti-SLAPP law. Goldowitz read the case against Ilena, and the other defendants, and said "no problem." Goldowitz proceeded to file an anti-SLAPP Motion with the court - which he won. The court awarded Rosenthal and Goldowitz \$32,000 in attorney fees. SLAPP stands for Strategic Lawsuit Against Public Participation. California has passed an anti-SLAPP law, awarding automatic attorney fees against Plaintiffs who try to use the court system to silence their critics. The Judge had quoted Federal law regarding internet activities in his decision.

Publicly humiliated, Barrett, and the two other Plaintiffs, filed an Appeal. That appeal is coming up in it's final days. The ACLU jumped in with what's known as an "Amicus Brief" siding with Rosenthal/Goldowitz. An "Amicus Brief" is commonly called a "Friend of the Court Brief," and is usually filed when there is significant social impact on the outcome of the case.

This case is a classic. For Stephen Barrett is definitely a bully who threatens lawsuits against anyone who openly disagrees with his ludicrous opinions on advanced health practices, or what's known as "Alternative Medicine." Barrett has filed nine separate legal actions we know of, around North America against his detractors.

What's amazing about this is that Barrett in open court, recently, claimed he only made \$30,000 last year, and \$24,000 the year before that. So, how then is he financing NINE separate cases in North America? I'm estimating his legal costs at between \$900,000 to \$1,800,000. And, he is losing ALL of those cases.

You can read the ACLU's Amicus Brief by clicking [here](#). You can read Ilena Rosenthal's comments on the case by clicking [here](#). If, for some reason, these links don't work, go to <http://www.humanticsfoundation.com/quacklibelsuit.htm> and start there.

Stay tuned....

Tim Bolen - Consumer Advocate

This "Millions of Health Freedom Fighters - Newsletter" is about the battle between "Health and Medicine" on Planet Earth. Tim Bolen is an op/ed writer with extensive knowledge of the activities of a subversive organization calling itself the "quackbusters," and that organization's attempts to suppress, and discredit, any, and all health modalities that compete with the allopathic (MD) paradigm for consumer health dollars. The focus of the newsletter is on the ongoing activities, battles, politics, and the victories won by members of the "Health Freedom Movement" against the "quackbusters" It details "who the quackbusters are, what they are, where they are operating, when they appear, and how they operate - and how easy it is to beat them..."

For background information on the "Battle between Health and Medicine" go to: "[http://www.savedrclark.net/by\\_whom2.htm](http://www.savedrclark.net/by_whom2.htm)". A copy of THIS newsletter, and older ones, are viewable at the website "<http://www.quackpotwatch.org/default.htm>".

For EVEN MORE interesting and related articles go to "<http://www.bolenreport.com>".

# REALIZING YOUR HEALTH POTENTIAL

## DEVELOPING THE LIFETIME WELLNESS PRACTICE

By Donald Epstein, D.C.

In order to establish a lifetime wellness practice one must first define wellness, be able to understand its attributes, speak its language, know its experience, measure its outcomes, and have clinical systems that can produce the benefits desired.

..... A lifetime wellness practice is developed and nurtured, not from fear, but instead from the stream of hope of humanity. In the wellness practice we share our philosophy with our patients, without trying to convince them, or try to change their mind. Instead, we open our hearts and help theirs to open, discovering the common concerns and hopes of both the individuals the global community we co-habit.

To view the entire article, please link to:

<http://www.associationfornetworkcare.com/articles/lifetimewellness.shtml>

**To hear Donald Epstein, D.C. speak, or to find out more about wellness, chiropractic, and Network Spinal Analysis log on to [www.innateintelligence.com](http://www.innateintelligence.com)**

## MIND/BODY CONNECTION

**By Robert Blanks, Ph.D.**

(Editor's Note: Dr. Robert Blanks, a JVSR Editorial Board Member, and I have been conversing of the issue of mind/body connections and I thought I'd share with readers some of that conversation. This week's Update is courtesy of Dr. Blanks. Chiropractic in general, and JVSR in particular, are fortunate to have a supporter with the talent and expertise of Dr. Blanks. Enjoy)

I read with interest recent Research Updates regarding the assertions by some that the body-mind continuum cannot be tested. This is simply not true. The "mental impulse" of Palmer is all-inclusive of the interpenetration of the body-mind, i.e., the interconnectedness of the nervous system with all other body systems. Please leave the "I" in MOPI.

One thing that we can do is reframe the discussion of the "body-mind" around the modern fields, which use as its basis the interconnectedness of the body. For example, the field of psychoneuroimmunology is well documented and looks at the interaction between the brain, stress and the immune system, and as a result the influence of stress on health. Similarly, receptor-ligand interaction (and other forms of cell-to-cell communication) has brought us much closer to understanding the interaction between brain and body parts. For example, immune cells release ligands (cytochines) that impact receptors on other immune cells and cells throughout the body including brain neurons (i.e., a body-mind signaling).

Similarly, many neurons release ligands in the form of peptides that bind to receptors on other

neurons, cells throughout the body and upon immune cells themselves - a form of mind-body interaction at the cellular and molecular levels. Further, many environmental factors (toxins, pollutants, etc.) impact the body and brain through mechanisms generally referred to as epigenetic factors regulating cell cycle, apoptosis, and necrosis.

Finally, the whole field of neuroendocrinology and the HP axis depends on body-mind signaling in a largely closed-loop, negative (product) feedback regulation controlling thermoregulation, hunger, reproductive behavior, etc. And, at the psychosocial level we have thousands of examples of positive (e.g., "placebo effect") and negative (e.g., "nocebo effect", "white coat phenomena") effects of the body on mind and mind on body.

The placebo effect, i.e., the belief on the part of the patient that they will improve with the treatment, accounts for about half of the improvement in most clinical trials in which the patient (subject) is blinded as to which treatment group they belong, and there are now a number of very interesting studies in which the "nocebo" effect reverses the effectiveness of proven clinical entities and the patients actually get worse when they believe that what they are taking is a sugar pill instead of a proven, effective drug.

Patient belief in the intervention, acting presumably through the many mind-body mechanisms, accounts for an astonishing improvement in the human condition. In fact, I maintain that the healing starts when the person anticipates the visit to the chiropractor and this process is only facilitated by the specific intervention. Herbert Benson puts the strength of the body-mind into perspective when he talks about healing as being a three-part process involving:

The belief and intent on the part of the patient

The belief and intent of the practitioner

The strength of the patient-practitioner bond. As educators, we need to ask ourselves whether we are doing our absolute best to support this (mind-body) model of health and wellness education and delivery.

Robert Blanks, Ph.D.

Professor – Department of Biomedical Sciences

Florida Atlantic University

JVSR Editorial Board Member

## **A PERSONAL PERSPECTIVE ON SRI** **LIFTING THE VEIL**

By Dominique Hort, D.C.

Lugano, Switzerland

*Two years ago, I went to Calcutta, India to serve the communities of Mother Teresa. Aside from all the magic moments I experienced there and all the growth that such a journey ignited, I had an experience that tremendously impacted my life in a positive manner.*

*The first day of the "Mission of light" we went to a house for abandoned children, 300 kids ranging from few days to 8-10 yrs old. The experience in Calcutta up to that point was shocking as expected, but full of great feelings as well. I felt at home. Nothing really felt bad or wrong there, even in the poorest slums and worse situations.*

*Entering this house of children, I was ready to give my best service to their spines and lives, being totally in the space of service. I was serene and looking forward to give my best. Something special happened that morning though. After checking the first few newborns and some in not so*

*good shape at all, I entered a room that contained many cradles for the 1 to 3 yrs old who were just waking up and ready to hit the day...*

*As soon as I bent over the first iron bars to check the first child, my spine completely went into spasm on my left side of the pelvis (sacroiliac joint). I felt an excruciating pain and I began to panic about what was waiting for me if I had to serve all those kids in so much discomfort. What I still had to find out was that, not only the pain was going to stay with me for the entire day, making it very difficult to serve and work, but also that it wouldn't go away in spite of the relaxation, stretching and many entrainments I had received that day. Obviously there was a lesson to be learned, but how and which one...?*

*I never had pain in that place of my back, though I lived many years with opposite side low back pain and sciatica, which had resolved well after starting NSA care.*

*The next day, after attending Service with the Sisters of Mother Teresa, we would work on them before going to the Houses where the children and adults were going to be checked. After having seen one Sister, I told one of the Chiropractors that I was not going to continue working on the other Sisters because the pain was still unbearable and I needed to try something else.*

*I just realized in that moment that what God wanted me to do (and my body as well!) was probably to connect with the pain instead of making it go away... So I lied down on a wooden bench and started doing the Somato Respiratory Integration exercises.*

*I started connecting with peace hoping this may help. When I put the hands on the left SI joint where the pain was, something special happened. A clear vision came to my mind. I saw myself as a little kid, on top of a hill, alone, and with a profound feeling of solitude and sadness inside. During my childhood my parents were often away from home. So I was not surprised that working with abandoned kids the day before had brought to the surface the memory of that stored energy... I knew then I was on the right tract and kept connecting to peace and the area of distress for few times in the Stage One exercise. After 3-4 times something touched me very deeply. Still now as I recall it, it moves me.*

*The last time I put the hand on my pelvis in the area of the pain, I saw the image of me on the hill be lightened by a light coming from the sky. The words that came to me then were, "Dominique, you never were, never are and never will be alone. I am always with you. " I started crying, from deep inside, and feeling deeply moved; and at the same time, I was in such gratitude for the magical and sacred moment I was honored to be living. This entire incident was obviously not about the pain; it was about so much more!*

*After composing myself the best I could, I got up from the bench and the pain was gone, completely! I was able to bend forward again, and I felt really changed inside.*

*Since that moment, the pain has never showed up again. I have still, though, the clear memory of what happened there during my Somato Respiratory exercise session. I had connected to myself, and the process took on a life of its own. Healing was instantaneous and effortless! A clear sense of growth and a consciousness shift happened. In my journal that day I wrote "so powerful, immediately the pain was gone .. what a healing .."*

*Thank you, Donnie, for being such a great messenger of the universal healer, for bringing the SRI exercises to the world, for who you are, and for life as we get to know it ... once the veil has been lifted.*

**Mother Teresa's prayer, click here: <http://www.ishaah.com/Prayer2.htm>**

# PERSPECTIVES ON WELLNESS

**By Dr. Christopher Kent**

..... What then is wellness? The Merriam-Webster online dictionary defines wellness simply: "The quality or state of being in good health especially as an actively sought goal." [2]  
Arizona State University has a more comprehensive definition: "Wellness is an active, lifelong process of becoming aware of choices and making decisions toward a more balanced and fulfilling life. Wellness involves choices about our lives and our priorities that determine our lifestyles. The wellness concept at ASU is centered on connections and the idea that the mind, body, spirit and community are all interrelated and interdependent." [3]

The National Wellness Institute definition is as follows:

"Wellness is an active process of becoming aware of and making choices toward a more successful existence.

The key words in this first sentence are *process, aware, choices* and *success*.

\*\*\* Process means that we never arrive at a point where there is no possibility of improving.

\*\*\* Aware means that we are by our nature continuously seeking more information about how we can improve.

\*\*\* Choices means that we have considered a variety of options and select those that seem to be in our best interest.

\*\*\* Success is determined by each individual to their personal collection of accomplishments for their life." [4]

Finally, consider the elements of this definition proposed by Travis:

"Wellness is a choice -- a decision you make towards optimal health. Wellness is a way of life -- a lifestyle you design to achieve your highest potential for well being. Wellness is a process -- a developing awareness that there is no end point, but that health and happiness are possible in each moment, here and now. Wellness is a positive acceptance of oneself. Wellness is the interaction of the body, mind and spirit -- the appreciation that everything we do, think, feel, and believe has an impact on our state of health."

These definitions embrace a vision of wellness grounded in empowerment, choice, and awareness. The wellness concepts sharply contrast with those of the fear driven, patient passive, episodic strategies of early detection, prevention, and maintenance.

To view the entire article,

<http://www.worldchiropracticalliance.org/tcj/2003/mar/mar2003kent.htm>

## **NEW TRI-C PROGRAM OFFERS SCHOLARSHIPS FOR IMPROVING HEALTH AND WELLNESS**

### **CLEVELAND (PRNewswire) –**

Cuyahoga Community College is now offering students the opportunity to improve their health and receive a scholarship for participating in a wellness program. Invest Well is a unique program that allows students the opportunity to create a Personal Wellness Portfolio by exploring the six dimensions of wellness and for making investments in their health and well-being.

In addition to achieving a healthy lifestyle, students who complete the program are eligible to win scholarships towards tuition and books.

This new program, started in the fall, awarded three recipients a \$500 scholarship for use this spring. Since a credit costs only \$66.30, students can cover nearly eight credit hours of classes. The more than 250 students who participated in this first offering found they had increased energy, decreased stress and exclusive access to a comprehensive, on-line health publication called, "Desktop Wellness." Participants also receive a certificate of achievement to include in their portfolio. Students choose from six dimensions of programs covering spiritual, mental/emotional, social, occupational, intellectual and physical wellness.

Many employers in the Cleveland area encourage employees to participate in wellness programs because of the huge benefits a healthy workforce can have on the financial health of an organization. They are passing this on to students.

For many companies medical costs can consume half of corporate profits or more. Promoting worksite health programs is a major long-term step for keeping employees well. Worksites now realize that healthy employees have fewer absences, increased morale, are more productive, and play a role in controlling health care costs. Having the skills necessary to manage stress, balance work/home demands, and practice behaviors for a healthy lifestyle are important attributes for future employees.

Source: Cuyahoga Community College [www.tri-c.edu](http://www.tri-c.edu)

***There is no exercise better for the heart than reaching down  
and lifting people up. ~ John Andrew Holmes***

# **INSPIRATION OF THE DAY**

## **THE PARADOX OF OUR TIME**

By George Carlin

**The paradox of our time in history is that  
we have taller buildings but shorter tempers,  
wider freeways, but narrower viewpoints.  
We spend more, but have less.  
We buy more, but enjoy less.**

**We have bigger houses and smaller families,  
more conveniences, but less time.  
We have more degrees but less sense,  
more knowledge, but less judgment,  
more experts, yet more problems,  
more medicine, but less wellness.**

**We drink too much, smoke too much,  
spend too recklessly, laugh too little,  
drive too fast, get too angry,  
stay up too late, get up too tired,  
read too little, watch TV too much,  
and pray too seldom.**

**We have multiplied our possessions,  
But reduced our values.  
We talk too much, love too seldom, and hate too often.  
We've learned how to make a living, but not a life.  
We've added years to life not life to years.**

**We've been all the way to the moon and back,  
but have trouble crossing the street to meet a new neighbor.  
We conquered outer space but not inner space.  
We've done larger things, but not better things.  
We've cleaned up the air, but polluted the soul.  
We've conquered the atom, but not our prejudice.**

**We write more, but learn less.  
We plan more, but accomplish less.  
We've learned to rush, but not to wait.  
We build more computers to hold more information,  
to produce more copies than ever,  
but we communicate less and less.**

**These are the times of fast foods and slow digestion,  
big men and small character, steep profits and shallow relationships.  
These are the days of two incomes but more divorce,  
fancier houses, but broken homes.**

**These are days of quick trips, disposable diapers,  
throw-away morality, one night stands, overweight bodies,  
and pills that do everything from cheer to quiet, to kill.**

**It is a time when there is much in the showroom  
window and nothing in the stockroom.  
A time when technology can bring this letter to you,  
and a time when you can choose either to share  
this insight, or to just hit delete.**

**Remember, spend some time with your loved ones,  
because they are not going to be around forever.  
Remember, say a kind word to someone who looks  
up to you in awe, because that little person soon  
will grow up and leave your side.**

**Remember, to give a warm hug to the one next to you,  
because that is the only treasure you can give with  
your heart and it doesn't cost a cent.  
Remember, to say, "I love you" to your partner  
and your loved ones, but most of all mean it.  
A kiss and an embrace will mend hurt when it  
comes from deep inside of you.**

**Remember to hold hands and cherish the moment  
for someday that person will not be there again.  
Give time to love, give time to speak and give  
time to share the precious thoughts in your mind.**

**To all my friends in my life, thanks for being  
there!**

# HUMOR

## STRESSED

This E-Mail diet for stressed women was recently submitted to the ANC office. Please note that the recommendations of this diet are not endorsed by the Association and do not constitute medical advise.

This is a specially formulated diet designed to help women cope with the stress that builds up during the day.

### **BREAKFAST**

- 1 grapefruit
- 1 slice whole-wheat toast
- 1 cup skim milk

### **LUNCH**

- 1 small portion lean, steamed chicken
- 1 cup of spinach
- 1 cup herbal tea
- 1 Hershey kiss

### **AFTERNOON TEA**

- The rest of the kisses in the bag
- 1 tub of Hagen Daz ice cream with chocolate-chip topping

### **DINNER**

- 2 bottles of wine (red or white)
- 2 loaves garlic bread
- 1 family size supreme pizza
- 3 snickers bars

### **LATE NIGHT SNACK**

- 1 whole frozen Sarah Lee cheesecake (eaten directly from the freezer)

### **REMEMBER: STRESSED SPELLED BACKWARDS IS "DESSERTS"**

Send this to four women and you will lose two pounds.

Send this to six women and you will lose four pounds.

Send this to all the women you know or ever knew, and you will lose 10 pounds.

If you delete this message, you will immediately gain 10 pounds.

## AN ORANGUTAN'S READING LIST

One day the zoo-keeper noticed that the orangutan was reading two books: the Bible and Darwin's Origin of Species. Surprised, he asked the ape, "Why are you reading both those books?"

"Well," said the orangutan, "I just wanted to know if I was my brother's keeper or my keeper's brother."

# BOOKS ON PARADE

## THE BIOLOGY OF TRANSCENDENCE

BY JOSEPH CHILTON PEARCE

Review by Victor Vieira, D.C.

Dear Friends, Colleagues, Dr. Donald Epstein and Network Practitioners,  
As some of you know I have been reading a lot of books, journals etc. on topics of Astronomy; Brain evolution, function and development; Oscillation and Entrainment; Spirituality and general Evolution (from the microcosmic to the macrocosmic); Living Nutrition; etc. etc. I'm telling you this because I just finished reading a book of profound and awesome magnitude. This book is nothing short of spectacular!! The research, references, statistics, evidence, philosophy, quotations and citations that went into the making of this book are beyond imagination. It is probably the best book I have ever read!!

The title of the book is "THE BIOLOGY OF TRANSCENDENCE, a blueprint of the human spirit" by Joseph Chilton Pearce. I have read some of his other books, but this is certainly the icing on the cake decorated with blue diamonds!! Let me read to you some excerpts from the book (Attention Network Practitioners!):

*"All living forms produce an electrical field because in some sense everything has an electromagnetic element or basis, but a heart cells' electrical output is exceptional. That congregation within us, billions of little generators working in unison, produces two and a half watts of electrical energy with every heartbeat at an amplitude forty to sixty times greater than that of brain waves."*

*"This energy forms an electromagnetic field that radiates out some twelve to fifteen feet beyond our body itself."*

*"While neural counting is often controversial, estimates are that half or more of the cells of the heart are neural cells like those making up our brain. Some reports claim 60 to 65 percent of heart cells are neurons, all of which cluster in ganglia, small neural groupings connected through the same type of axon-dendrites forming the neural fields of our brain."*

*"Our brain, with its ganglia extensions throughout the body, is, figuratively speaking, an instrument of the heart."*

*"Our heart, in turn, is an instrument or representative of the universal function of life itself."*

*"Brain and body are fashioned to translate from the heart's frequency field the information for building our unique, individual world experience."*

***"When brain and heart frequencies entrain, they enter a synchronous, resonant, or coherent wave pattern."*** He then sights research done at the HeartMath Institute, with diagrams showing synchronous wave patterns with heart-brain entrainment!! *"Though rare in adults, such entrainment is critical (italics mine) to full development of our human nature, and new research is revealing how this can be achieved."* AWESOME!!

... and it gets even better!! He then clearly explains how this, and other research and observation show how, our 5-part brain evolution, development and function (the heart being one of the parts) is related to the "Predicament of our Species and the Planet"! And the solution out of our cultural/intellectual-ego created 'in' human demise. What is our capacity for true intelligence? How prefrontal cortex brain development and evolution, and heart-brain entrainment is the solution to higher consciousness and salvation!!

Can we do it in time to save the planet and ourselves. I hope so.

# **YOGA FOR THE YOUNG AT HEART**

## **BY SUSAN WINTER WARD**

Endorsements:

"Yoga for the Young at Heart delivers simplicity and depth, ease, practicality, and exercise for Every Body and Mind. Susan Winter Ward once again brings her grace, style and patience into form easily available to everyone."

Dr. Donald Epstein, D.C., Developer Network Spinal Analysis  
Author, Healing Myths Healing Magic, The 12 Stages of Healing

"This book is a delightful instructor to the benefits of yoga."

Caroline Myss,  
Best selling Author of Why People Don't Heal and How They Can, Anatomy of the Spirit, and Sacred Contracts

"Susan Winter Ward presents one of the most gentle and compassionate entries for the beginning student into the grace-filled world of hatha yoga."

John Friend,  
Founder of Anusara Yoga

"This book contains all the little things you need to do to keep yourself healthy and vital at any stage of your life. Take the time to treat yourself to the gems in this book by Susan Winter Ward."

Rodney Yee  
Author of Yoga: The Poetry of the Body

"For those interested in maintaining their health this book will introduce you to the ease, beauty, and benefits of yoga and improve your physical, emotional and spiritual well being."

Dr. Bernie Siegel, M.D.,  
author of Love, Medicine & Miracles and Prescriptions for Living

Text descriptions of the book:

Health/Fitness \$14.95 / xxxx Canada

A Yoga Class in a Book!

Whatever your body type, fitness level, or time constraints, this book can help you enjoy the benefits of yoga.

Susan Winter Ward presents a series of yoga poses for all levels of ability that can be practiced anytime, anywhere; at home for an evening or morning routine, as a quick pick-me-up at work or while traveling, and for rest and restoration after a busy day.

THIS BOOK GUIDES YOU IN THE PRACTICE OF POSES THAT ARE APPROPRIATE FOR BEGINNERS OF ALL AGES.

The Yoga practice can be expanded with suggested alternative poses and variations, offering challenges for the more experienced yoga practitioner;

Restorative poses offer relief from stress and encourage deep relaxation;

Poses especially for women ease symptoms of menopause, and SITTING FIT offers seated poses for office, travel and the physically challenged.

To place your order, you may click on the following link

<http://www.innatestore.com/index.php?action=item&substart=0&id=108> or go to [www.innateintelligence.com](http://www.innateintelligence.com), click on the link for the Innate Intelligence Store, and then go to Books link.



# **WELCOME NEW MEMBERS**

**January 1, 2003 to May 19, 2003**

## **ASSOCIATE MEMBERS:**

**Gregory Cherney, D.C.  
Victoria Hill, D.C.  
Claudia Sandino, D.C.**

## **PRACTICING MEMBERS:**

**Daniel Chenier, D.C.  
Hans Conser, D.C.  
Patricia Ebert, D.C.  
Benedicte Fay, D.C.  
Corrine Gill, D.C.  
Garry Gorsuch, D.C.  
Amy Jackson, D.C.  
Cilla Jamieson, D.C.  
Steven A. Machado, D.C.**

**Glen MacPherson, D.C.  
Koichi Naruishi, D.C.  
Kristen O'Reilly, D.C.  
Sibille Schindler, D.C.  
Omri Sitton, D.C.  
Meir Tako, D.C.  
Mike Warwick, D.C.  
Leslie Wells, D.C.**

## **SUPPORTING MEMBERS:**

**Robbie Johnson, D.C.  
Louise Kauffman  
Meghan Kelly  
Nancy Michon  
Peggy Phillips  
Kathryn Sivazlian**

**Martha St. John  
Jacalyn Thomas  
Mickey Turner  
Jerilyn Valot  
Constance Youker  
David Zolt**

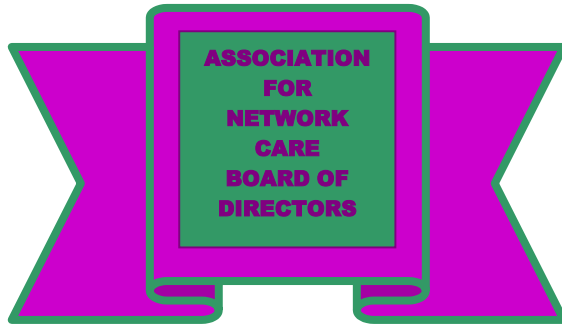
## **STUDENT MEMBERS:**

**Aaron Wilkerson**

# ANNOUNCEMENTS

## CURRENT HAPPENINGS

**ELECTION NEWS! THE MEMBERSHIP HAS APPROVED THE NOMINATION COMMITTEE'S SLATE OF BOARD MEMBERS!**



**Introducing:**

**Donald Epstein, D.C.  
Jackie Knowles, D.C.  
Richard Kaye, D.C.  
Timothy Musick, D.C.  
Pierre Bernier, D.C.  
Lee Boothby  
David Breitbach, D.C.  
Ray Gin, D.C.  
Dominique Hort, D.C.  
Henri Marcoux, D.C.  
Deborah Musso, D.C.**

CONGRATULATIONS TO OUR NEWEST MEMBERS, DR. GIN AND DR. HORT. BOTH MEMBERS WILL BE BRINGING CONSIDERABLE EXPERTISE TO OUR BOARD. OUR NEWLY DESIGNED WEBSITE [WWW.ASSOCIATIONFORNETWORKCARE.COM](http://WWW.ASSOCIATIONFORNETWORKCARE.COM) WILL CONTINUE TO EVOLVE FOR ANC MEMBERSHIP PARTICIPATION WITH THE ANC BOARD.

\*

**IF YOU HAVE ANY HEALTHY DISHES OR FAVORITE RECIPES THAT YOU OR YOUR PARTNER ARE ALWAYS ASKED TO MAKE FOR A FUNCTION, FAMILY GET TOGETHERS, OR POTLUCKS, ETC., PLEASE SEND THEM TO US, [INFO@ASSOCIATIONFORNETWORKCARE.COM](mailto:INFO@ASSOCIATIONFORNETWORKCARE.COM).**

\*\*\*\*

## BIRTHS

### **CONGRATULATIONS ON THE BLESSED EVENTS!**

RUBY ARZT BLESSED US WITH HER BIRTH ON FEBRUARY 12, 2003 (SHARING HER SISTER LILY'S BIRTHDAY). SHE IS SO SWEET AND CUTE, AND IS ADORED BY HER FAMILY DR. JANE, MOSHE, LILY AND MOLLY ARZT.

\*

ANIKA LOUISE KNOWLES MADE HER SCREAM DEBUT 8:54P.M. MARY 27, 2003 AT THE HOME OF DRs. RICHELLE AND DANNY KNOWLES. BIG BROTHER DANIEL COORDINATED THE CAST DURING THE PREMIERE AND WELCOMED THE NEW 10 LB. 1 OZ. STARLET TO THE FAMILY. NEEDLESS TO SAY, RAVE REVIEWS WERE RECEIVED FROM NANA, GRANDDON, MOMMOM, PAPPAP, AND A CHORUS OF DOTING AUNTS AND UNCLES. "ANNIE LOU" IS SCHEDULED TO RUN DAILY AT 4236 AMBER STREET, BOULDER, COLORADO 80304.

\*

ALYA ROSE MACMANAWAY BORN SEPT 24<sup>TH</sup>, 2002 AT HOME IN WATER IN CHARLOTTE VERMONT TO DRS. HEALTHER RICE AND PATRICK MACMANAWAY. WE HAD A LOTUS BIRTH (NEVER CUT THE UMBILICAL CORD). IF ANYONE WANTS TO KNOW MORE, PLEASE CONTACT DR. RICE. GETTING ENTRAINED THROUGHOUT THE 18 HOUR LABOR WAS ESSENTIAL AND UTILIZING SRI GOT HER FROM SUFFERING THROUGH THE CONTRACTIONS TO A FEW HOURS OF BLISS!

\*

DR. LORRAINE MCGEE AND HUSBAND RAJEEV KUMAR CELEBRATED THE BIRTH OF THEIR FIRST CHILD, SUNIL WILLIAM RAM ON FEBRUARY 12, 2003.

\*

RYAN CHARLES JESSE STERN WAS BORN TO DR. LAWRENCE G. STERN AND HIS WIFE ALLISON AT 6:53P.M. ON APRIL 11<sup>TH</sup>, 2003 AT DANBURY HOSPITAL IN DANBURY, CT. RYAN WAS 8 LBS. 9OZ. AND 21 INCHES LONG. THE STERNS RESIDE IN BEAUTIFUL RIDGEFIELD, CT AND ARE LOOKING FORWARD TO MANY YEARS TO COME WITH THEIR BABY BOY. RYAN IS BALANCED, HARMONIOUS, AND QUITE POSSIBLY A HEALER HIMSELF!

\*

DR. ANDREW WITT AND WIFE, DIANE, GAVE BIRTH TO THEIR NEW BABY GIRL, FAITH EMMA, ON APRIL 4, 2003. SHE WEIGHED IN AT 8 LBS. 14 OZ. AND IS DOING GREAT.

\*

DR. FRED AND KAREN BLUM WISH TO ANNOUNCE THE UPCOMING BIRTH OF THEIR FIRST CHILD, DUE EARLY AUGUST. PAPA IS DOING WELL IN PRACTICE IN THE TINY NORTH GEORGIA TOWN OF CLARKESVILLE (POP. 1100) AND MAMA IS ALTERNATING CAREERS BETWEEN INSURANCE SALES AND NAPPING. ANYONE WISHING TO CONTACT THE ECSTATIC COUPLE CAN EMAIL FRED AT [FJBDC@ALLTEL.NET](mailto:FJBDC@ALLTEL.NET).

\*\*\*\*

## ADOPTIONS

DR. CAROL JILLIAN-OHANA (MN) AND HER PARTNER, JACKIE DUBBE-OHANA, ARE BEYOND THRILLED TO FINALLY ANNOUNCE THE FINALIZATION OF THE ADOPTION OF 2 ½ YEAR OLD TWINS, JOY AND JOSEF. JOY AND JOSEF HAVE BEEN WITH THEM SINCE THEIR INFANCY, BUT NOW IT ALL LEGAL AND OFFICIAL. THEY ARE A FAMILY. CONGRATULATIONS.

\*\*\*\*

## KUDOS

**WE WOULD LIKE TO THANK ALL THOSE WHO HAVE SUBMITTED ARTICLES FOR PUBLICATION IN OUR NEWSLETTER. PLEASE FORWARD YOUR IDEAS AND ARTICLES TO [ANCOFFICE@AOL.COM](mailto:ANCOFFICE@AOL.COM).**

\*

ON APRIL 14, 2003 DR. JOE ACCURSO, JR. AND DR. ANTHONY PAGE WERE WELL RECEIVED AS THEY PRESENTED NSA TO A GROUP OF MEDICAL STUDENTS AT THE UNIVERSITY OF MIAMI MEDICAL SCHOOL.

\*

DRS. SIMON AND SUSAN SENZON OF NETWORK FAMILY CHIROPRACTIC IN ASHEVILLE, NC WOULD LIKE TO ANNOUNCE THE ADDITION OF DR. RENEE GRAZIANO TO THEIR PRACTICE. RENEE IS A SHERMAN COLLEGE GRADUATE AND A WONDERFUL ADDITION TO THE COMMUNITY.

\*\*\*\*

## **NEW OFFICE OPENINGS**

DR. DEANA GUADAGNO HAS SOLD HER PRACTICE IN DECATUR, GA. SHE WILL BE SUMMERING IN NEW YORK CITY BEFORE HER JOURNEY TO HAWAII TO START A PRACTICE THERE. GOOD LUCK ON YOUR JOURNEY!

\*

DR. VICTORIA HILL IS OPENING A NEW NETWORK SPINAL ANALYSIS OFFICE IN LOS GATOS, CA. HER NEW ADDRESS IS:  
15466 LOS GATOS BOULEVARD, STE. 205  
LOS GATOS, CA 95032  
408-206-6760

\*

CONGRATULATIONS TO JUDY KNOWLES, D.C. ON THE OPENING OF HER FIRST PRACTICE. JUDY SENDS A TEXAS SIZED THANK YOU TO EVERYONE IN THE NETWORK COMMUNITY WHO HELPED HER GET WHERE SHE IS TODAY.  
NETWORK CENTER FOR HEALING AND TRANSFORMATION  
4455 CAMP BOWIE BOULEVARD, STE. 232  
FORT WORTH, TX 76107  
817-763-WELL

\*

DR. DEAN MAWBY AND MATILDA MAWBY HAVE MOVED FROM AUSTRALIA TO SWITZERLAND. THEIR NEW OFFICE IS NOW WITH DOMINIQUE HORT, D.C. YOU MAY CONTACT THEM AT:  
VIA TESSERETE 51  
CH-6900  
LUGANO, SWITZERLAND  
[41} 91-960-4545  
BWEILL\_8@HOTMAIL.COM

\*

DR. DICK AND NOEL SHEPARD ARE VERY PLEASED TO ANNOUNCE THE OPENING OF A WONDERFUL NEW HEALING SPACE, "CENTER FOR NETWORK CARE," 8301 8TH AVENUE NW, SEATTLE, WA 98117. WE HAVE THE SAME PHONE # 206/525-4155. THE TWO STORY BRICK BUILDING WAS BUILT IN 1930 AS A MOM AND POP STORE, WHO ALSO HAD THEIR LIVING QUARTERS UPSTAIRS. MANY OF THE COLORS ARE REMINISCENT OF ITALY, AND PRACTICE MEMBERS ARE ALREADY TALKING ABOUT THE ENERGY OF THIS SPECIAL SPACE. WE ARE GRATEFUL FOR OUR NETWORK FAMILY, OUR COMMUNITY, AND THE COUNTLESS GIFTS THAT DONALD AND JACKIE CONTINUE TO SHARE WITH US!

\*

DR. BARRY S. WEINBERG AND ANJA WEINBERG ARE THRILLED TO ANNOUNCE THE RELOCATION AND EXPANSION OF THEIR NEW HEALING CENTER. THEY HAVE DOUBLED THEIR SPACE TO A WONDERFUL 1850 SQ. FOOT CENTER:  
A PLACE FOR HEALING, A CENTER FOR SELF DISCOVERY  
2001 W. CYPRESS CREEK ROAD, STE. 101  
FT. LAUDERDALE, FL 33309  
PHONE: 953-202-9799  
FAX: 954-202-9799  
[WWW.PLACEFORHEALING.COM](http://WWW.PLACEFORHEALING.COM)

\*\*\*\*

## MARRIAGES

### **CONGRATULATIONS ON YOUR BLESSED UNIONS.**

DR. CARMEN COPPOLA WAS MARRIED TO MICHAEL MAZZA IN NOVEMBER OF 2002. THEY HONEYMOONED IN ITALY FOR TWO WEEKS.

\*

BETH LAKRETZ, SRI WELLNESS EDUCATOR, AND SCOTT GRAMLIK OF BALDWIN, NY WERE JOINED IN MARRIAGE ON MAY 4<sup>TH</sup>, 2003.

\*

DRS. PAMELA STONE AND IAN CHAMBERS WERE MARRIED ON APRIL 26, 2003 ON MUIR BEACH IN NORTHERN CALIFORNIA. SURROUNDED BY A SMALL GROUP OF DEAR FRIENDS AND FAMILY, DR. PETER FISK OFFICIATED THE CEREMONY, AS CHARLEY THWEATT SANG BEAUTIFUL SONGS AND DR. JUDY SCHER SHARED A RUMI READING THAT LIFTED THE SKY AND BROUGHT EVEN MORE ENERGY TO THE ALREADY POWERFUL WAVES. WHAT A DAY!

\*\*\*\*

## TRANSITIONS

### **OUR LOVE, PRAYERS, AND SUPPORT ARE WITH YOU.**

JULIE CLEMENTS', (SRI WELLNESS EDUCATOR) MOTHER PASSED AWAY IN APRIL. OUR LOVE AND SUPPORT GO OUT TO JULIE AND HER FAMILY.

\*

DR. GREIG ANDREW'S MOTHER, GRACE, TRANSITIONED ON FEBRUARY 22, AT HOME WITH HER IMMEDIATE FAMILY BY HER SIDE. GRACE WAS 73 YEARS OF AGE, AND HAD BEEN DIAGNOSED WITH MULTIPLE SCLEROSIS FOR 35 YEARS. SHE ALWAYS FELT THAT NETWORK CARE REALLY BENEFITED HER. DR. ANDREWS SPOKE AT HER FUNERAL ABOUT THE MANY BEAUTIFUL AND SPIRITUAL USES AND MEANINGS OF THE WORD "GRACE." GRACE WAS A VERY SOCIAL AND GREGARIOUS BEING WHO CELEBRATED LIFE AND LOVED PEOPLE, AND HER FUNERAL SERVICES CELEBRATED THAT IN HER AS PEOPLE FOUND THEMSELVES TO THEIR SURPRISE HAVING FUN AND CONNECTING WITH EACH OTHER.  
"JUST BEYOND THE FALL OF GRACE  
BEHOLD THAT EVER SHINING PLACE....."

\*

EUGENE VICTOR WALTER, FATHER TO NATASHA AND PETER FISK, AND GRANDPA TO GIOIA, MADE HIS TRANSITION FRIDAY, MAY 16<sup>TH</sup> AT THE HOME HE LOVED, SURROUNDED BY FAMILY WHO WILL MISS HIM DEARLY.

\*\*\*\*

## FYI – LINKS

### MEDICAL PRIVACY

To view articles about health freedom and the HIPAA-mandated federal rule that eliminates patient consent for most purposes, thereby weakening individuals' control over the disclosure of their personal health information--including genetic information:

<http://www.csmonitor.com/2003/0415/p09s01-coop.html>

"Medical Privacy Takes a Hit With New Rule" by Sue A. Blevins

<http://naturalhealthline.com/>

"Federal Medical Privacy Rule Takes Effect; Critics Charge That It Threatens Privacy" by Peter Chowka

For more information about health privacy, visit the Institute for Health Freedom's Web site AT [WWW.FORHEALTHFREEDOM.ORG](http://WWW.FORHEALTHFREEDOM.ORG).

## **NOTICE OF INFORMED CONSENT**

It is essential that all patients and practice members are given a notice of informed consent to read and sign, consistent with the ANC Canon of Ethics (Section 1D Practice Members' Bill of Rights). This may be read on the ANC website <http://www.associationfornetworkcare.com/> or click on this link <http://www.associationfornetworkcare.com/canonofethics.shtml>). The CCP Guidelines also make this recommendation.

### **Section I D Practice Members' Bill of Rights**

***"The practice member shall be provided with, and affix a signature to, a written notice of the objective of care before beginning NSA care. The practice member shall be given a copy of this notice."***

You may purchase the newly revised notice of informed consent document for Network Spinal Analysis and Wellness Education from Innate Intelligence, Incorporated.

If you use the above mentioned document, which is also an excellent educational tool, and have CBS malpractice insurance, you must also give the patient a supplemental page to read and sign. NSA Doctors are eligible for the lowest premium due to the lowest perceived risk by the carrier, if they utilize BOTH documents. The supplemental information follows:

### **ADDITION TO NOTICE OF INFORMED CONSENT**

**Although in this office we seek to help you develop new strategies for wellness and spinal and nerve system integrity, as a chiropractor the sole condition of concern is that of the vertebral subluxation. Our insurance carrier requires that the following information be given to you and signed by you prior to commencing care.**

**In Network Care, we categorize these subluxations into two categories, a structural segmental distortion and a spinal cord/nerve elongation or stretching. Through the gentle force applications at the spine to enhance spinal and nerve system integrity, subluxations are corrected. This is the only condition that we address in our office.**

**We do not offer to diagnose or treat any disease or symptom. We only offer to diagnose the vertebral subluxation and loss of spinal and neural integrity in relationship to this. If during the course of our spinal assessment/examination we encounter non-chiropractic or unusual findings, we will advise you of this.**

**If you desire advise on further diagnosis or treatment of this condition, situation or circumstance, we will recommend that you seek the services of another health care provider whose practice is geared towards such differential diagnosis and treatment.**

**Name \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_**

## ABC CODE REGISTRATION DEADLINE AND PRACTITIONER-PAYER RELATIONSHIPS

Dear Practitioner,

This letter is 1) to remind you of the cutoff date for securing rights to use ABC codes; 2) to let you know that leading healthcare organizations are planning to adopt ABC codes; and 3) to help you begin to incorporate ABC codes into your practice.

As you may know, the U.S. Department of Health and Human Services (HHS) recently authorized commercial use and evaluation of ABC codes under the Health Insurance Portability and Accountability Act (HIPAA). **HHS established a registration deadline of May 29, 2003, for all potential ABC code set users and evaluators. Registration is free at [www.alternativelink.com](http://www.alternativelink.com) and carries no obligations.**

We are grateful to practitioners like you, who have already registered and pre-ordered the coding tools. Your actions helped expand the registration outreach to hundreds of industry-leading organizations such as

- top 20 and other commercial health plans;
- leading Medicare Plus Choice, Medicaid and military health plans;
- healthcare organizations, such as hospital systems, subacute care facilities, preferred provider organizations and independent practice associations;
- administrative and claims-related businesses;
- fully and self-insured employers;
- academic institutions with integrative healthcare programs; and
- software developers in both the healthcare and automotive/personal injury industries.

Since more than 10,000 organizations and practitioners have already secured their rights to adopt ABC codes, you now have an opportunity to develop business relationships with these registrants and incorporate the codes into your practice. To do so, please go to [www.alternativelink.com](http://www.alternativelink.com), follow relevant registration instructions and take advantage of discounts on the three most essential ABC coding tools:

1. the *ABC Coding Manual for Integrative Healthcare*,
2. the *Practitioner's Guide to Billable Interventions Using ABC Codes*, and
3. a customized patient encounter form or *Superbill for Integrative Healthcare*.

Once you have registered, please forward this message to all your colleagues, so they, too, can meet the government deadline and adopt the codes. Remember, registration for ABC codes is free and non-obligatory.

We look forward to supporting your continuing success and welcome your questions, comments and/or suggestions at [userregistration@alternativelink.com](mailto:userregistration@alternativelink.com).

Sincerely,

Connie Koshewa, CPM, MPH

Director of Practitioner Relations and Code Development

[connie.koshewa@alternativelink.com](mailto:connie.koshewa@alternativelink.com)

[www.alternativelink.com](http://www.alternativelink.com)

**YOUR CODING COMPANY FOR INTEGRATIVE HEALTHCARE**

**Register NOW at [www.alternativelink.com](http://www.alternativelink.com) <<http://www.alternativelink.com/>> to secure your rights to use and evaluate ABC codes in qualified HIPAA transactions. HHS has extended the registration deadline to Thursday, May 29, 2003. Additional information about ABC codes and their HHS-authorized commercial use and evaluation under HIPAA can be found at [www.alternativelink.com](http://www.alternativelink.com) <<http://www.alternativelink.com/>>.**

## RESEARCH NEWS

BE SURE TO VISIT OUR WEBSITE [WWW.ASSOCIATIONFORNETWORKCARE.COM](http://WWW.ASSOCIATIONFORNETWORKCARE.COM) TO VIEW PERTINENT INFORMATION FROM OUR RESEARCH DIRECTOR, DR. RALPH BOONE, ON CASE STUDIES AND THE LONGITUDINAL QUESTIONNAIRE.

### **NEWSFLASH!!!**

## **FEB 10TH, 2003 FEDERAL JUDGE GRANTS INJUNCTION AGAINST CCE. LIFE HAS ACCREDITATION BACK!**

FROM A LEGAL PERSPECTIVE IT IS A VERY STRONG STATEMENT FOR A JUDGE TO GRANT A PRELIMINARY INJUNCTION LIKE THIS. THE JUDGE WAS DEEPLY CONCERNED WITH THE IMPRESSION OF ANTI-COMPETITIVE BEHAVIOR AND IMPROPER CORPORATE DECISION-MAKING OF THE CCE. IT WILL BE VERY DIFFICULT FOR THE CCE TO OVERCOME THIS IN A FORTHCOMING TRIAL BECAUSE THE STANDARDS FOR GRANTING AN INJUNCTION ARE MUCH STRICTER THAN THOSE NEEDED FOR WINNING A TRIAL.

DON HIRSCH OF DOCTORS FOR EXCELLENCE IN CHIROPRACTIC EDUCATION [WWW.DECE.ORG](http://WWW.DECE.ORG) SAYS, "DECE PLAYED AN ENORMOUS ROLE IN PROVIDING INFORMATION, AND AN AMICUS BRIEF (SEE IT ON THE WEB SITE). THIS IS A GREAT DAY FOR PRINCIPLED CHIROPRACTIC. PEOPLE HAVE HAD THE GUTS TO STAND UP TO AN AGENCY THAT ABUSED ITS POWER FOR YEARS. FOR YEARS PEOPLE HAVE BEEN AFRAID TO TAKE ON THE CCE AND DECE HAD THE FORESIGHT TO PAVE THE WAY."

THIS MAY SIGNAL THE BEGINNING OF THE END OF WHAT MANY HAVE FELT HAS BEEN A REIGN OF TERROR BY THE CCE. THE CCE MAY NOT BE ABLE TO FUNCTION AS A VIABLE ORGANIZATION. AN ASSEMBLY AT LIFE COLLEGE IS SCHEDULED AT 5:00 PM TODAY. THIS MAY END ALL CLASS ACTION LAWSUITS AGAINST LIFE AND DIRECT THEM TOWARDS THE CCE.

## **WELCOME HOME STUDENTS**

FOR MORE INFORMATION FROM LIFE CHIROPRACTIC COLLEGE REGARDING THE RECENT LEGAL BATTLE, LINK TO: [HTTP://WWW.LIFE.EDU/NEWLIFE/LUEVENTS/NEWSRELEASES/INDEX.HTML](http://WWW.LIFE.EDU/NEWLIFE/LUEVENTS/NEWSRELEASES/INDEX.HTML)

## **LIFE GETS ACCREDITATION BACK** **FSCO RESPONDS**

A MESSAGE FROM THE CHAIRMAN OF THE FEDERATION OF STRAIGHT CHIROPRACTORS AND ORGANIZATIONS

*TUE, 11 FEB 2003*

TO ALL INTERESTED PARTIES:

I AM PLEASED TO BE ABLE TO REPORT TO YOU THAT A FEDERAL DISTRICT COURT IN ATLANTA, GEORGIA TODAY RULED IN FAVOR OF LIFE UNIVERSITY'S PETITION FOR AN INJUNCTION AGAINST THE COUNCIL ON CHIROPRACTIC EDUCATION (CCE) AND SUCCESSFULLY SECURED THE RESTORATION OF THE SCHOOLS' CHIROPRACTIC ACCREDITATION. THIS IS AN HISTORIC EVENT OF MAJOR SIGNIFICANCE TO THE CHIROPRACTIC PROFESSION AND THE JUDGE'S COMMENTS, WHICH MADE REFERENCE TO ANTI-TRUST QUESTIONS, OFFER EVEN FURTHER ENCOURAGEMENT TO LIFE AND ALL WHO WERE INJURED IN CCE'S DECISION-MAKING PROCESS. CONSIDERABLE LEGAL BATTLES STILL REMAIN TO BE FOUGHT BUT THIS RESOUNDING VICTORY MEANS THAT THE

COMING FIGHT WILL BE UNDERTAKEN FROM A POSITION OF CONSIDERABLE STRENGTH  
ON THE PART OF LIFE.

DICK PLUMMER, D.C., F.C.S.C.  
FSCO CHAIRMAN

FOR MORE INFORMATION, LINK TO THE FSCO WEBSITE:  
[HTTP://WWW.STRAIGHTCHIROPRACTIC.COM/](http://www.straightchiropractic.com/)

**Please submit any announcements you wish to share  
with the community through our newsletter  
to [info@associationfornetworkcare.com](mailto:info@associationfornetworkcare.com)**

**To advertise in this online publication, please  
download the advertising form from the newsletter  
link on our website. We thank you for supporting the  
ANC and look forward to serving you in the future.**

# CLASSIFIEDS



## POSITIONS AVAILABLE & ASSOCIATES WANTED

### CALIFORNIA

NEW OR EXPERIENCED DOCTOR WANTED TO JOIN FAMILY NSA PRACTICE IN FOLSOM, CA **916-985-4671**.

OUR BRAND NEW HOLISTIC CENTER (EAST OF LA) NEEDS NSA DOCTOR. NO NETWORK PRACTITIONERS WITHIN 30 MILES. [JADEJ2012@YAHOO.COM](mailto:JADEJ2012@YAHOO.COM)

### COLORADO

BUSY NSA OFFICE IN COLORADO SEEKS COLORADO LICENSED, CERTIFIED NETWORK DOCTOR. CONTACT [VCHIROPRACTIC@QWEST.NET](mailto:VCHIROPRACTIC@QWEST.NET) OR **970-980-9673**.

### MONTANA

NEED PERSONABLE NSA DC WITH EXCELLENT WRITTEN & VERBAL COMMUNICATION SKILLS TO WORK IN A HOSPITAL-OWNED MULTIDISCIPLINARY WELLNESS CENTER IN BILLINGS, MONTANA. TREMENDOUS OPPORTUNITY FOR RESEARCH AND INTERDISCIPLINARY EXPERIENCE. TALK TO HANS AT **406-595-1928**.

## OFFICE COVERAGE

9 YEARS NSA EXPERIENCE. CURRENT WITH ALL LEVELS. AVAILABLE FOR JULY FORMICAS, SUMMER AND FALL. WILL TRAVEL. GREAT REFERENCES. CHRISTINE BOIANO, **303-915-2440** OR [CLEARSPINE@AOL.COM](mailto:CLEARSPINE@AOL.COM)

## PRACTICE FOR SALE

### CALIFORNIA

WELL-ESTABLISHED NETWORK BASED PRACTICE IN N. CALIFORNIA. GREAT LOCATION WITH EASY ACCESS TO 2 MAJOR FREEWAYS. 2700 SQUARE FEET, 6 TREATMENT ROOMS, PLUS REHAB AND GROUP ADJUSTING ROOM. 2002 COLLECTIONS \$587K+, 290+ PATIENT VISITS PER WEEKS, 50% CASH, 75% REFERRALS. DOC WILL HELP IN ANY WAY FOR A SMOOTH TRANSITION. LV MESSAGE AT **415-385-4038**.

## NORTH CAROLINA

BLACK MOUNTAIN, NC COMMUNITY OF NSA PRACTICE MEMBERS NEEDS REPLACEMENT DOCTOR WHEN I RELOCATE. ONLY NSA DOCTOR IN GROWING, ABSOLUTELY GORGEOUS, SCENIC TOWN. PRICED TO SELL. FOR MORE DETAILS, [DRJMLDC@CS.COM](mailto:DRJMLDC@CS.COM) OR **828-299-8432**.

## HAWAII

NORTH SHORE MAUI, HI. GREAT FOUR YEAR OLD PRACTICE. THREE TABLES WITH MASSAGE CLINIC. MYOVISION8000, + GROWTH POTENTIAL. CALL **808-579-6263**. ASSOCIATE NEEDED ALSO.

## RHODE ISLAND

LOOKING TO GIVE AWAY 16-MONTH PRACTICE ON ISLAND NEXT TO NEWPORT. TAKE OVER A LEASE AND TAKE CARE OF PRACTICE MEMBERS 60-90 VISITS PER WEEK, BEAUTIFUL SPACE, GREAT COMMUNITY, AND GROWING PRACTICE. CONTACT DR. BERKOWITZ AT [AMAZOE@COX.NET](mailto:AMAZOE@COX.NET) **401-338-7534 OR 401-846-7617**.