

THE NETWORK RELEASE

THE OFFICIAL NEWSLETTER OF THE ANC

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April 2001

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The Mission of the Association is to:

Support the consciousness, advance the practice of, and promote the public availability of Network Spinal Analysis. This shall be in relationship to emerging strategies for personal and global healing, wholeness, and enhanced quality of life and human experience.

Support the advancement and understanding of the relationship of the spine and nervous system to consciousness, the expression of innate intelligence, self-organization, and healing.

Encourage the coherent and cohesive support of the science, art, and philosophically similar and compatible models in various healing arts through workshops, seminars, journals, newsletters, and research projects.

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PRESIDENT'S MESSAGE



I recently had the honor of addressing the **White House Commission of Complementary and Alternative Medicine Policies** in Washington, D.C. Veronica Gutierrez, D.C. is the *only chiropractor* appointed to the White House Commission. Dr. Gutierrez is also an Executive Board Member of the WCA. It was through her capacities in both organizations that I was invited to give my 3-minute testimony and participate in this event. I have included the copies of my oral and written testimonies in this newsletter.

The topic of the meeting was Wellness. The group of 30 Commissioners was very focused and intent on defining Complementary and Alternative Medicine as a form of *wholeness care*, not simply as an alternative to allopathic treatment of disease and symptoms. I also suggested the term “*intrinsic healing*” to define the broader base of Complementary and Alternative Medicine and the term “*practice member*” in lieu of patient.

Robert Blanks, Ph.D. is invited to speak next month at the Commission meeting, which is dedicated to reimbursement and Research. Dr. Blanks has also mentioned that the NSA research papers are coming to completion. The next paper is to be submitted this month to a major respected journal for the medical/health industry. The following fact is something to chew on, and smile at:

When NSA Care is applied in conjunction with other constructive life style changes, the wellness benefit is three times greater than that reported with lifestyle changes alone!

This, and a greater understanding of NSA and the wellness model will be detailed.

GET READY for the *global impact on the desire for NSA service* and the *enhancement of your understanding* of the greater implications of what it is that we are actually achieving with our practice members.

This newsletter has a variety of interesting topics and articles. I hope you enjoy it, and share it with someone you care about.

Sincerely,

Donald Epstein, D.C.

President

ORAL TESTIMONY OF DONALD M. EPSTEIN, D.C. **WHITE HOUSE COMMISSION ON COMPLIMENTARY AND ALTERNATIVE MEDICINE POLICIES** **March 27, 2001**

Hello Members of the White House Commission.

There is growing support for practices that enhance well-being and create a more functional, productive, and quality filled experience of life.

Researchers within the University of California Irvine Department of Sociology and the School of Medicine have developed a revolutionary patient assessment instrument for wellness. This instrument examines the complex relationship between patient, lifestyle choices, life stress, various demographic factors, and both biomedical and social science measures of wellness. Through self-assessment, it measures physical well-being, emotional/mental well-being, stress, life enjoyment and overall quality of life. The first of several resulting papers has been published pertaining to Network Spinal Analysis, a methodology I have developed.

The use of this instrument is not limited to those having symptoms or ailments. It is applicable to a wide range of schools of thought on wellness. Its use for measurement of self-reported health and wellness is detailed in a research paper attached to my written testimony.

The physician is skilled in knowing about the progression of disease, but it is only the patient who truly knows about their internal experience of health or wellness. In fact, a person's report of her own health has been shown to be one of the strongest predictors of her mortality.

Effective wellness outcomes are essential. Practitioners who care for individuals are often wrongly charged with excessive utilization, in spite of the fact that an individual may continue achieving increasing levels of wellness in the practitioner's care. The consumer and practitioner alike must have the freedom to choose a wellness approach to health without engendering legal, financial, or political sanctions.

Ineffective care must be distinguished from care that promotes overall health and wellness, with or without sole attention on a presenting complaint.

I know of patients who continue to report pain in spite of the fact that they stopped drinking, smoking, or abusing family members. Others maintained their entrance complaints, but no longer accepted destructive aspects of their lives as being normal. There are even those who have advanced cancer and are now feeling more alive, productive and well.

It was believed that treatment of disease and making positive lifestyle would produce greater wellness. It is now apparent that the treatment of disease and symptoms has little to do with enhanced wellness. It has also been demonstrated that constructive lifestyle choices do not predict enhanced wellness unless the person is also enjoying life more.

The inner experience of being ill is what drives individuals to doctors' offices for treatment. Treatment of disease and symptoms is a different path than that of seeking wellness. They are often mutually exclusive. Even with effective treatment of pain or disease, if a person does not gain greater wellness, they often seek more treatment. Not only does this create greater cost, but most often also results in diminished wellness.

The internal experience of wholeness, invincibility, flexibility, openness to life, and the ability to be in community is called wellness. Illness is the lack of wellness and a concern about one's health and mortality. Just as disease has little to do with the individual per se and is about classifying deviations from the average, treatment of disease does little to impact upon illness. Illness and disease can exist in the absence of one another.

Wellness is distinguished by a richer experience of life and hallmarked by choices, which are more productive, efficient and bring greater life fulfillment. Outcomes assessments for wellness must incorporate such markers of healing. By redefining desired outcomes, clinical systems can then be refined to better fulfill patient needs and create a new standard for health and wellness care.

WRITTEN TESTIMONY OF DONALD M. EPSTEIN, D.C.

WHITE HOUSE COMMISSION ON COMPLIMENTARY AND ALTERNATIVE MEDICINE POLICIES

March 27, 2001

Donald M. Epstein, D.C. is the developer of Network Spinal Analysis, a system that evolved from the subluxation-based-wellness chiropractic model.

He is also the developer of SomatoRespiratory Integration. This self-help application assists in developing somato-respiratory awareness and is purported to advance states of consciousness. Dr. Epstein is the author of both The 12 Stages of Healing and Healing Myths Healing Magic (Amber-Allen) and of various articles and other publications. He is an international instructor of his methodologies and a highly sought after speaker.

Through the Association for Network Care, he has instituted an ambitious research agenda. The ANC, along with researchers within the University of California Irvine Department of Sociology and the School of Medicine, has produced a revolutionary patient Questionnaire for measuring wellness. This instrument assesses the complex relationship between patient, lifestyle choices, life stress, various demographic factors, and both biomedical and social science measures of wellness. It is specifically a non-medical questionnaire. It can assess individuals experiencing excellent health and wellness status, even in the presence of specific disease or symptoms. A longitudinal study has been completed, adding to the body of evidence supporting the validity of this instrument and the wellness benefits of Network Spinal Analysis care.

A copy of the retrospective study of Network patients is included in this package. Several additional papers are nearing completion; two of these papers are anticipated to be included at the research meeting of the Commission.

It is anticipated that this instrument will become the “gold standard” for wellness assessment, replacing other current instruments and allowing for self reported wellness to be measured. Its uniqueness rests in its design, which eliminates the confounding factor of a ceiling to wellness found in other current instruments oriented to the allopathic or medical model.

The “Somatopsychic” wave, a spontaneous spinal undulation characteristic of NSA care, is also being studied. It is associated with a significant increase in wellness and is thought to enhance spinal and neural integrity. This wave has been the topic of study at the University of Southern California department of Engineering and has been presented in November, 2000 at a conference co-sponsored by the National Science Foundation. Research has demonstrated that this characteristic of NSA care is a non-linear (dynamical) event. When studied utilizing surface electromyography (EMG), the signals become increasingly complex as care progresses. Based on these findings, it is proposed that the nervous system is self-organizing. Individuals experiencing this wave make healthier choices, experience greater life enjoyment, and report a significantly higher level of wellness.

Marnie Dobson, co-author of the papers on the retrospective and longitudinal surveys of patients in Network Care, was recently awarded a grant through a center for tobacco addiction funded by the National Institute of Health. This supports the study of the Network Care population in relationship to cessation of smoking.

Compelling recent data will be reported in papers to be presented at the research meeting of the Commission. People choosing to remain in NSA care long-term (over 3 months) show striking differences from those dropping out of care early, in that they:

1. do not have chronic ailments,
2. are aware of the clinical outcomes (waves) earlier,
3. are eight times more likely to self-report positive changes in health, wellness, and quality of life with the care, and
4. have a higher average family income.

These findings demonstrate that wellness practices are attracting a different, more health conscious population than that attracted to disease care.

One would think that simply making healthy lifestyle choices (diet, exercise, meditation, non-smoking, etc.) would predict greater wellness. This has not been shown to be true unless greater life enjoyment also resulted from care. **Remarkably Network care is rated as being 3 times more effective in promoting wellness than lifestyle changes alone.**

Dr. Epstein, along with Robert Blanks Ph.D., is the architect of a new certificate/Masters Degree program, which is expected to be accepting its first class in the Fall of 2001. This program will guide students in wellness outcome

assessment consistent with the instrument mentioned above. It will help assess patients' self-reported changes in wellness referred to as the "Wellness Index." This concept will bridge biomedical, social sciences, and the more "spiritual" assessments of wellness, including the role that life enjoyment plays in improving health.

It should be noted that in some states chiropractic regulation has either banned (Wisconsin) or deemed unproven (Colorado) ***“any practice system, analysis, method, or protocol which is represented as a means of attaining spiritual growth, comfort or well-being.”*** Practitioners have had sanctions taken against their license for not issuing a written notice of informed consent for practicing an “unproved method.” **This was simply because of the association with this wellness model.** The acceptance of the broader wellness model, when combined with specific patient reported outcome assessments and practitioner clinical review, will help assure the delivery and promotion of wellness care to the public.

THE ANGELICUM CENTER FOR THE ARTS, HUMANITIES, AND SCIENCES IN MILAN, ITALY

About 40 years ago, Franciscan Priest Padre Eligio approached the Italian Government with his dream. He asked for the use of an abandoned monastery for a community of people with ruined lives, mostly drug addicts. He took no money from the government nor from the “boys and girls” for their rehabilitation. He believed that in 2-3 years, he could return these people to the world as creative and productive servants of humanity.

In the past forty years, approximately 40 communities have opened. Each “ruin” has been restored by the members of the community and modernized with the most spectacular attention to detail. Many classes of “graduates” have gone back to the outside world with a new sense of self-respect and dedication to service. Padre told me that those who are beaten up the most by life and have lost their way are the same people who are meant to serve humanity. Like steel that is tempered, God shapes the individual into a servant of humanity.

The foods eaten there, as well as in all the communities, are grown at the communities. The wine, cheese, olive oil, fruits, vegetables and meats are produced by those people being restored to wholeness at the Mondo X communities.

One community in Tuscany (Cetona), the first Convento of St. Francis (1212), won the Harvard University award for the best medieval restoration and boasts a worldwide reputation as hosting one of the finest gourmet restaurants in Italy.

Jackie and I have been honored over the years to be considered a friend of Padre Eligio. We were invited to join in celebrating the culmination of a long-term project that I would like to share with you.

La Scala and Angelicum were both cultural centers in Milan. La Scala is currently known internationally as a foremost Italian Opera House. During World War II, the Angelicum Center was adapted to serve as a hospital and shelter. It is located on the very same piazza (square) as is Padre Eligio’s Milan Mondo X community.

This particular community is the main administrative headquarters for MondoX and also houses the telephone “hot line” *Telefono Amico* to assist troubled people. Established in 1964, it has since assisted over 5 million troubled souls. Padre asked the Milan government to allow him and his boys and girls to undertake restoration of the war weary Angelicum building. It has since been magnificently restored. Not only is the result visually spectacular, boasting a 20,000 pipe organ and state of the art sound system, but it is an auditory masterpiece as well. Ecologically the seats, floors, and structure, were restored whenever possible from the ruins that had lain unused for a half century. The new Angelicum Center will host concerts and stage productions. In addition, there are separate floors for conferences on the humanities and sciences.

Padre Eligio has assembled an Angelicum Council composed of Nobel Prize winners, noted scientists, physicians, professors and great thinkers. This council will be used to advise world governments on the concepts and means to help breathe dignity, compassion, and love into all disciplines and world policies. I have been asked to be one of the advisors on this panel. Padre Eligio said that he wants me to attend to the spines of this “genius panel” so that they can dare to “feel and love”, as well as they can “think.”

After the March Transformational Gates in Como, Italy, Jackie and I were invited to be at the grand celebration and dinner for the opening of Angelicum. It is at the Angelicum that the renaissance of humanity will flourish in Milan and begin its journey out to the rest of the world.

This is the article and photo that ran on March 17, 2001 in the largest circulating newspaper in Italy. I was honored to be sitting on the dais during the opening ceremony alongside a Nobel Prize winner in Medicine, the head of an Italian Medical School, a well-celebrated

SABATO 17 MARZO 2001

AUDITORIUM



Padre Eligio alla cerimonia per la riapertura dell'Auditorium

Ritorno sul palco dell'Angelicum una “prima” dopo dieci anni di silenzio

RIAPRE un altro spazio storico della città, l'Angelicum, dopo dieci anni di silenzio e tre dedicati alla ristrutturazione. Ieri l'Auditorium di piazza Sant'Angelo, di proprietà dell'ordine provinciale dei frati minori, è stato inaugurato, presenti tra gli altri Gianni Rivera, il ricercatore Renato Dulbecco, la presidente dell'Angelicum Maria Pia Garavaglia, l'ex rettore della Statale Paolo Mantegazza. La risistemazione è costata circa 7 miliardi, 2 dei quali sono stati stanziati dalla Fondazione Cariplo (alla serata ha partecipato anche il presidente Giuseppe Guzzetti) mentre il saldo è stato garantito dall'ente e dall'associazione Mondo X, di cui è animatore spirituale Padre Eligio e che conta 40 comunità di recupero in Italia e in Spagna. La struttura ha un teatro di 500 posti, uno più piccolo di 150 e altri spazi che per mostre e conferenze. (p.z.)

Immunologist, the President of Angelicum, the leader of the International Franciscan Order, and other notable people.

Padre asked me to speak for 5 minutes on the concept that the ultimate outcome of health and wellness is the expression of the human spirit, compassion, and love. I was asked to challenge the physicians and scientists present to be the “cultural architects” of the future. I spoke about all of this and the quality of life and wellness, too; and, **all in less than 5 minutes!**

Jackie and I are honored and humbled by the vastness of Padre Eligio’s vision, the depth of his love, and the magic he performs in allowing each of us to give our gifts with gratitude to serve the “larger picture.” We are also truly humbled in that we can play a part in creating the future world- the world of MondoX.

For more information about Mondo X, see www.MondoX.com. For the English translation, scroll to the bottom of the opening page and click on the appropriate link.

NSA DEFINED

A Brief One-Paragraph Description

Network Spinal Analysis: An approach to wellness that incorporates low force touch contacts, applied at Spinal Gateways to assist the body in developing new strategies for living and healing. Two spinal “healing” waves develop which help improve spinal and neural integrity and adaptability, and significantly advance wellness and quality of life. Care is advanced through a series of Levels, each producing specific new abilities to adapt to the environment, make healthier choices, enjoy life and develop a healthier spine. This outcomes assessment approach combines self-reported wellness profiles with practitioner clinical assessment to help review the emerging options for healing and an enriched life.

HELP NOMINATE DR. DONALD EPSTEIN AS AN “INNOVATOR IN THE HEALTH FIELD”

Time.com is looking for nominees for Innovators in the Health Field. According to Time.Com, "Why Are We Looking? Last year we brought you the TIME 100, the 100 most influential people of the 20th century. Now we look to the future, and try to discover tomorrow's most influential individuals — the Next Wave, "The Next 100."

Help us to nominate Dr. Donald Epstein for his innovative models of wellness and healing in Network Spinal Analysis and in SomatoRespiratory Integration. NSA Care is advanced through a series of levels, each producing specific new abilities to adapt to the environment, make healthier choices, enjoy life, and develop a healthier spine.

Dr. Donald Epstein deserves mainstream recognition for the gifts he continues to bring to the World. Network Spinal Analysis and the wellness model also deserve the positive attention. Please visit the following site and take part in nominating the genius behind "Network Spinal Analysis." If you cannot use the link, cut and paste the following address:

http://www.time.com/time/innovators_v2/alt_medicine/index.html



WHEELING FOR HEALING

On May 13th, 2001, ANC member Linda Baldwin, D.C. will dip her wheels in the Pacific Ocean in Los Angeles, CA, marking the start of a seven-week odyssey across the USA on her bicycle. Averaging 80 miles a day, she'll travel 3,500 miles through Death Valley up into the Rocky Mountains, across the plains and the mid-west, grazing the Great Lakes, pedaling through New York, Massachusetts, and into Boston on June 29 to dip those wheels into the Atlantic and celebrate a life long dream and a healing journey and message.

Dr. Baldwin has been a practicing ANC member for 9 years. She pioneered Network in Montana for several years, establishing a sound base with her state board and the public as to the need for and scientific reality of wellness based models. She edited the ANC Release for three years, has been to 17 Gates, facilitated SRI on staff at a Lake Como Gate, and has been involved in several board issues and meetings, including being nominated for ANC board. Although she has been professionally dedicated to these models for several years, through her personal work with NSA and SRI, she has her own healing story to tell and wants to help raise awareness and money for research with her incredible ride.

"Thirteen years ago I was critically injured in a surgical accident. The entire large deep vein system in my left leg was severed. I spent 11 hours in surgery, overnight slipping into near death, two days in ICU, three weeks in a wheelchair, and five years in a heavy support stocking. I was spit out of the system of help and left on my own with weakened health, a disabled leg, a debt that ballooned to over \$230,000, and a crushed spirit.

A three-year lost legal battle left me feeling worthless, scared, broke, and beaten. Faced with what I thought was a lifetime of disability and pain, I went into deep depression and loneliness for several years and contemplated suicide. And it kept coming. A few years ago my mother fell and broke her neck, instantly paralyzing her from the neck down. I dropped everything and learned to rearrange all of her affairs, change 'diapers', catheterize her and feed her. I moved her belongings out and closed up her home while running a busy practice, being evicted from my house in the middle of winter, and fighting a very costly and frivolous action with my state board over a lost piece of mail. I subsequently developed unexplained grand mal seizures and could not work for two months. In the overwhelming

and naive confusion of trying every physical, emotional, and mental avenue, I was sexually assaulted by a 'counselor' whom I went to for help.

Donny used to tell a very funny story about the description of phase five... going outside half naked in the morning to get the paper, the door locks behind you, you step in dog doo, it starts raining, etc. ending up with getting swallowed up when the ground opens up in an earthquake! At times I thought that I would go psychotic, my body would never work well, my overwhelming debt would bury me alive, and that I just couldn't handle one more thing.

But I found something. I found my rhythm. The way my body pays attention and the internal strategies and tools I have developed, totally independent of my ego, have led me to my source of intangible power inside. There is a wellspring there that does not judge, criticize, measure, deplete, or lose anything. It is totally here, now. All the trauma and patterns of behavior and negative thoughts can't touch it. Even my physiology has responded in miraculous ways to it. My 'healing work in progress' now has meaning, because I have stopped trying to get somewhere or to get out of anything. I've always believed in the body's innate capacity to heal. But now I've lived it, experienced it, and I want to share it."

Dr. Baldwin is issuing a challenge to all ANC members and their patients, family and friends.

"Go with me from your home or office. Let's get a roaring fire of financial and grassroots knowledge and support. Log onto my website and follow the trip. If I come through your town, ask me to speak to your friends, patients, schools. Most of all, sponsor this trip! Help pay for the continuing phenomenal research in our field so that it may gain the trust of large financial entities and take off and fly on its own, (and we know it will).

I am riding 3,500 miles with a leg of metal and scar tissue and a story to tell in support of NSA and its models. I am asking everyone to pledge per mile for this ride. I am actively raising money on my own for expenses; and it is going well and can be accomplished completely with ***one penny per mile (\$35.00) from each ANC member to me for expenses.***

Then pledge another penny per mile or five cents, or ten, or twenty directly to the ANCR. Do it. I am!"

Linda has a website at www.wheelingforhealing.com which will evolve and have a trip journal and email. **Mark your calendars** and follow her trip across the United States.

Linda still needs to raise \$6,000 for her ride expenses. **To help Linda with these costs**, please make out any checks directly to her. You may contact Linda until May 6th at:

Linda Baldwin
P.O. Box 3315
Missoula, MT 59806
Phone: 406-549-8714
E-mail: lbaldwin@marsweb.com

To support the ANC-Research, make your pledge check or credit card payable to **ANCR**. (Remember, your research dollars go further when paid by check!) Please fill out the attached pledge card and mail or fax to the ANCR at:

Association for Network Care Research
444 North Main Street
Longmont, CO 80501
Phone: 303-678-8101
Fax: 303-678-8089
E-mail: ancoffice@aol.com

Please note: Pledges made to the ANCR may be used as a tax deductible donation.

“Each and every mile through storms, desert heat, mountain climbs, and long physical days will be completely energized and supported knowing that you are all with this ride and its symbolism through your donation and sense of community. Together we can make a huge difference.”



WHEELING FOR HEALING ANC-Research Pledge

*Yes, in support of the Wheeling for Healing Ride by Linda Baldwin, D.C.,
I wish to pledge/donate toward the ANC-Research.*

Pledge Amount:

\$.05 per mile at 3500 miles	\$175.00 _____	\$.50 per mile at 3500 miles	\$1750.00 _____
\$.10 per mile at 3500 miles	\$350.00 _____	\$.75 per mile at 3500 miles	\$2625.00 _____
\$.25 per mile at 3500 miles	\$875.00 _____	\$1.00 per mile at 3500 miles	\$3500.00 _____
Other Donation \$ amount	\$ _____		

Enclosed is my check or credit card number to be paid in full

or

Please charge my credit card for \$_____ per month to be charged on the _____ day of each month for _____ (# of months) to fulfill my Wheeling for Healing Pledge.

Thank you.

Visa MasterCard

Expiration Date: _____

Please Print Name as it appears on Card

Name

Date

INSPIRATION OF THE DAY

Article from the Houston Chronicle

On Nov. 18, 1995, Itzhak Perlman, the violinist, came on stage to give a concert at Avery Fisher Hall at Lincoln Center in New York City. If you have ever been to a Perlman concert, you know that getting on stage is no small achievement for him. He was stricken with polio as a child, and so he has braces on both legs and walks with the aid of two crutches.

To see him walk across the stage one step at a time, painfully and slowly, is a sight. He walks painfully, yet majestically, until he reaches his chair. Then he sits down, slowly, puts his crutches on the floor, undoes the clasps on his legs, tucks one foot back and extends the other foot forward. Then he bends down and picks up the violin, puts it under his chin, nods to the conductor and proceeds to play.

By now, the audience is used to this ritual. They sit quietly while he makes his way across the stage to his chair. They remain reverently silent while he undoes the clasps on his legs. They wait until he is ready to play. But this time, something went wrong. Just as he finished the first few bars, one of the strings on his violin broke. You could hear it snap - it went off like gunfire across the room. There was no mistaking what that sound meant. There was no mistaking what he had to do. People who were there that night thought to themselves: "We figured that he would have to get up, put on the clasps again, pick up the crutches and limp his way off stage - to either find another violin or else find another string for this one."

But he didn't. Instead, he waited a moment, closed his eyes and then signaled the conductor to begin again. The orchestra began, and he played from where he had left off. And he played with such passion and such power and such purity as they had never heard before. Of course, anyone knows that it is impossible to play a symphonic work with just three strings. I know that, and you know that, but that night Itzhak Perlman refused to know that. You could see him modulating, changing, recomposing the piece in his head. At one point, it sounded like he was de-tuning the strings to get new sounds from them that they had never made before.

When he finished, there was an awesome silence in the room. And then people rose and cheered. There was an extraordinary outburst of applause from every corner of the auditorium. We were all on our feet, screaming and cheering, doing everything we could to show how much we appreciated what he had done.

He smiled, wiped the sweat from his brow, raised his bow to quiet us, and then he said, not boastfully, but in a quiet, pensive, reverent tone, "You know, sometimes it is the artist's task to find out how much music you can still make with what you have left."

What a powerful line that is. It has stayed in my mind ever since I heard it. And who knows? Perhaps that is the way of life - not just for artists but for all of us.

Here is a man who has prepared all his life to make music on a violin of four strings, who, all of a sudden, in the middle of a concert, finds himself with only three strings. So he makes music with three strings, and the music he made that night with just three strings was more beautiful, more sacred, more memorable, than any that he had ever made before, when he had four strings.

So, perhaps our task in this shaky, fast-changing, bewildering world in which we live is to make music, at first with all that we have, and then, when that is no longer possible, to make music with what we have left.

-- Jack Riemer, Houston Chronicle

For Immediate Release: April 12, 2001 **President Bush Orders Final Federal Medical** **Privacy Rule to Take Effect:**

Rule to be Revised and Pushed Forward

Washington, D.C.--On April 12, the U.S. Department of Health and Human Services (HHS) announced it is revising and implementing the federal medical privacy rule initially proposed by the Clinton Administration. HHS received more than 24,000 written comments on the medical privacy rule, including thousands of comments from citizens with a strong concern for privacy.

"President Bush has focused on an important issue that affects nearly each and every American," says Sue Blevins, president of the Institute for Health Freedom. "According to a national Gallup survey sponsored by the Institute for Health Freedom, an overwhelming majority of Americans do not want the government or other third parties to have access to their personal medical information--including genetic information--without their permission." (The Gallup survey can be viewed in its entirety at the following Website: www.ForHealthFreedom.org/Gallupsurvey.)

"I am pleased that HHS is planning to modify and clarify the 'fuzzy' federal medical privacy rule," says Blevins. She notes that a team of interested citizens and organizations visited HHS to review thousands of comments submitted by the public and found that there is much confusion about the rule. "The medical industry told HHS the rule is too complicated and costly, while concerned citizens say the rule doesn't go far enough to protect patient privacy. In fact, thousands of individuals told HHS that they are concerned about third parties gaining access to their medical records without patient permission," she said.

Blevins stresses that the public would benefit greatly by HHS modifying the following:

***Make sure that individuals are the ones who get to decide which third parties--if any--are permitted to see their medical records. The current rule permits the following third parties to access individuals' medical records without patient consent: law enforcement, researchers, insurers, public health officials, FDA, marketing companies, and state government agencies.**

***Eliminate the broad federal power permitting the federal government's Secretary of Health and Human Services and/or Office for Civil Rights to access individuals' medical records without patient permission.**

"Many concerned citizens and groups want HHS to truly give patients more control over how their personal medical information will be used and disclosed," says Blevins. "This can be accomplished by simplifying and reinforcing the patient consent provision--not eliminating it."

For more information about medical privacy, visit IHF's Web site: www.ForHealthFreedom.org



WELCOME NEW MEMBERS

January 1, 2001 through March 30, 2001

PRACTICING MEMBERS:

**Bill Berkowitz, D.C.
Sickmann, D.C.**

Dominick D'Anna, D.C.

Michelle

Karen Cazahous, D.C.

Brian Foltz, D.C.

Tobi Rose Smith, D.C.

**Michael Cohen, D.C.
Wilke, D.C.**

Shannon O'Kelly, D.C.

Steven T.

Dustin Craft, D.C.

Noel Plasker, D.C.

Diana Zaccaria, D.C.

ASSOCIATE MEMBERS:

Dan Boyle, D.C.

Tammy Kaminski, D.C.

STUDENT MEMBERS:

Malinda Kay Brunhuber

Murray Russell

SUPPORTING MEMBERS:

Carolyn Deeg

Marcia Lizarraga

NGA Tran

Robert Dinsmore

Mary MacDonald

Rosemary Walton

Vicky T. Gemberling

Laural Slayden

Suzanne Wuelfing

Gracie Golonka

Thank you for supporting the mission of the ANC.

ANNOUNCEMENTS

UPCOMING EVENTS

IMPORTANT UPDATE: THE ANC CONVENTION/SCIENTIFIC CONFERENCE IN BEAUTIFUL COMO, ITALY HAS BEEN RESCHEDULED TO THE FALL OF 2001. PLEASE VISIT OUR WEBSITE REGULARLY TO RECEIVE FURTHER INFORMATION.

BIRTHS

TRACY AND BRIAN JOHNSON, D.C. WOULD LOVE TO THANK YOU FOR ALL OF YOUR THOUGHTS AND PRAYERS OVER THE PAST 9 MONTHS OF OUR PREGNANCY. THEIR LITTLE BOY, ACTUALLY NOT SO LITTLE BOY ANDREW JOSEPH JOHNSON ENTERED INTO THIS WONDERFUL WORLD ON MARCH 20TH AT 6:05PM. HE WEIGHED IN AT 9.5LBS AND 20.5 INCHES LONG. THEY HAD PLANNED ON A HOME BIRTH FOR THEIR FIRST EXPERIENCE; HOWEVER TRACY WAS LABORED FOR 5 DAYS AND EVENTUALLY HAD TO DELIVER BY C-SECTION. BRIAN, YOU DEFINITELY DO HAVE A PRINCESS WARRIOR! ANDREW JOSEPH HAD HIS FIRST NETWORK ENTRAINMENT AT 2 HOURS OLD AND IS NOW HANGING OUT WITH HIS MOM AND DAD AT THE PRACTICE DOWN ON STATE STREET IN SANTA BARBARA, CA. CONGRATULATIONS TO ALL OF YOU!

PLEASE JOIN US IN CONGRATULATING DR. MARC AND SHARI WIND IN THE BIRTH OF THEIR NEW DAUGHTER, JENNA ROSE WIND. JENNA CAME INTO THIS WORLD MARCH 11, 2001 AT 7 LBS. 10OZ. TO JOIN HER MOM, DAD AND 2 BROTHERS, HARRISON AND GRIFFEN. SHARI DELIVERED HER BABY AT HOME WITH THE ASSISTANCE OF BOULDER MIDWIVES, PAMELA ROSE KIER AND FLAME DINEEN. WELCOME JENNA.

ALTHOUGH WE WERE UNABLE TO GET THE DETAILS, WE WOULD LIKE TO ALSO WELCOME GABRIELLA, DAUGHTER OF PILAR URIBE AND KIM ENLOE. CONGRATULATIONS TO ALL OF YOU.

TRANSITIONS

RICHARD ZUCKER, D.C. PASSED AWAY FEBRUARY 9, 2001. OUR PRAYERS AND LOVE GO OUT TO HIS FAMILY AND FRIENDS.

KUDOS

WE WOULD LIKE TO THANK ALL THOSE WHO HAVE SUBMITTED ARTICLES FOR PUBLICATION IN OUR NEWSLETTER. PLEASE FORWARD YOUR IDEAS AND ARTICLES TO ANCOFFICE@AOL.COM.

FYI – LINKS

GENETICALLY ENGINEERED FOODS – WHAT DO WE REALLY KNOW ABOUT THE FOODS WE EAT?

THE FOLLOWING INFORMATION CAN BE FOUND ON:

[HTTP://WWW.PCCNATURALMARKETS.COM/INFO/GMO.HTML](http://www.pccnaturalmarkets.com/info/gmo.html).

PLEASE VISIT THIS WEBSITE FOR FURTHER INFORMATION.

“ASK THE PEOPLE NEXT TO YOU WHAT THEY KNOW ABOUT GENETICALLY MODIFIED ORGANISMS (GMOs) AND CHANCES ARE THEY WON'T KNOW MUCH, IF ANYTHING. A RECENT SURVEY SHOWS THAT ONLY A THIRD OF AMERICANS ARE AWARE THAT GMOs HAVE INFILTRATED OUR FOOD CHAIN. NEARLY HALF SIMPLY DON'T BELIEVE IT.

“THIS PROCEDURE RESULTS IN DISRUPTION OF THE GENETIC BLUEPRINT OF THE ORGANISM WITH TOTALLY UNPREDICTABLE CONSEQUENCES. THE UNEXPECTED PRODUCTION OF TOXIC SUBSTANCES NOW HAS BEEN OBSERVED IN GENETICALLY ENGINEERED BACTERIA, YEAST, PLANTS AND ANIMALS WITH THE PROBLEM REMAINING UNDETECTED UNTIL A MAJOR HEALTH HAZARD HAS ARISEN. MOREOVER, GENETICALLY ENGINEERED FOOD OR ENZYMATIC FOOD PROCESSING AGENTS MAY PRODUCE AN IMMEDIATE EFFECT, OR IT COULD TAKE YEARS FOR FULL TOXICITY TO COME TO LIGHT.’

(DR. MICHAEL ANTONIOU, SENIOR LECTURER IN MOLECULAR PATHOLOGY, LONDON, U. K.)

SOY ALLERGIES IN GREAT BRITAIN INCREASED BY 50% SINCE GENETICALLY ALTERED SOYBEANS HAVE ENTERED THE FOOD SUPPLY - THE FIRST TIME IN 17 YEARS OF TESTING THAT SOY MADE IT INTO THE TOP TEN FOODS CAUSING A REACTION. (YORK NUTRITIONAL LABORATORY, U. K.)”

FIRST MERCURY POISONING/VACCINE CASE FILED

FROM TEDD KOREN'S NEWSLETTER:

TELL YOUR PATIENTS: THE LAW FIRM OF WATERS & KRAUS, LLP HAS FILED THE FIRST KNOWN CIVIL CASE ALLEGING THAT THE MERCURY-BASED PRESERVATIVE THIMEROSAL, USED RECENTLY IN MORE THAN 30 CHILDHOOD VACCINES, HAS CAUSED MERCURY POISONING IN MANY CHILDREN. COUNTER, ET AL V. ABBOTT LABORATORIES, ET AL, (CAUSE NO. GN 100866, 200TH DISTRICT COURT - TRAVIS COUNTY, TEXAS).

THE SYMPTOMS OF MERCURY POISONING ARE, IN MANY CASES, IDENTICAL TO THE SYMPTOMS OF AUTISM... CHILDREN HAVE BEEN EXPOSED TO CUMULATIVE LEVELS OF MERCURY FROM THE VACCINES THAT EXCEED THRESHOLD SAFETY LEVELS THAT HAVE BEEN ESTABLISHED BY THE UNITED STATES ENVIRONMENTAL PROTECTION AGENCY. WATERS & KRAUS ANTICIPATES THAT A SIGNIFICANT NUMBER OF INDIVIDUAL CASES AGAINST THE VACCINE INDUSTRY WILL BE FILED IN THE NEAR FUTURE. POTENTIAL CLAIMANTS SHOULD CALL CLAIRE BOTHWELL AT WATERS & KRAUS (CALIFORNIA), (562) 436-8833 OR BOTHWELL@AWPK.COM.

TO SUBSCRIBE TO TED KOREN'S NEWSLETTER, GO TO NEWSLETTER@KORENPUBLICATIONS.COM.

CHEWING GUM RELEASES MERCURY FROM DENTAL FILLINGS

EXTRACTED FROM ONLINE NEWSLETTER "HEALTHMALL"

[HTTP://WWW.HEALTHMALL.COM/NEWSLETTER.CFM?TYPE=LIST&ID=1245&A=](http://www.healthmall.com/newsletter.cfm?type=list&id=1245&a=)

"STOCKHOLM - HEAVY GUM CHEWERS RISK BREAKING DOWN THE AMALGAM IN THEIR DENTAL FILLINGS AND HAVING DANGEROUSLY HIGH LEVELS OF MERCURY IN THEIR BLOOD AND URINE AS A RESULT, A STUDY PUBLISHED IN THE STOCKHOLM NEWSPAPER *AFTONBLADET* ON FRIDAY SAID. THE STUDY WAS UNDERTAKEN BY THE SAHLGRENKA UNIVERSITY HOSPITAL IN GOTHENBURG, WEST SWEDEN. "IN OUR STUDY WE FOUND OUT THAT PEOPLE WHO CHEWED GUM FOR AT LEAST FIVE HOURS PER DAY HAD SIGNIFICANTLY HIGHER MERCURY LEVELS IN THEIR URINE AND BLOOD," MEDICAL RESEARCHER GERD SAELLSTEN WAS QUOTED AS SAYING.

THE TEST GROUP INCLUDED 17 PEOPLE WITH AT LEAST FIVE AMALGAM FILLINGS WHO CHEWED GUM AN AVERAGE OF FIVE HOURS PER DAY, AND CONSUMED SEVEN PIECES OF GUM. THE TEST GROUP WAS COMPARED WITH A CONTROL GROUP OF EQUAL SIZE COMPRISING PEOPLE WITH THE SAME NUMBER OF FILLINGS, BUT WHO CHEWED GUM ONLY

30 MINUTES PER WEEK ON AVERAGE. A COMPARISON OF QUICKSILVER LEVELS BETWEEN THE TWO GROUPS YIELDED CLEAR DIFFERENCES.

THE HEAVY GUM CHEWERS HAD TWICE THE AMOUNT OF MERCURY IN THEIR BLOOD AND THREE TIMES THE LEVEL IN THEIR URINE AND BREATH EXHALATION THAN DID THE INFREQUENT CHEWERS. THE MERCURY LEVELS ROSE IN PROPORTION TO THE NUMBER OF AMALGAM FILLINGS THE SUBJECTS HAD, THE STUDY SHOWED. MERCURY DAMAGES THE BRAIN, CENTRAL NERVOUS SYSTEM AND KIDNEYS IN HUMANS.”

Please submit any announcements you wish to share with the community through our newsletter to Dr. Richelle Knowles, drknowles@earthlink.net or directly to the ANC Office, ancoffice@aol.com.

CLASSIFIEDS



PRACTICES FOR SALE

CALIFORNIA

**NORTH CA BAY AREA IN BEAUTIFUL VICTORIAN HM. RELOCATING. DR. ORMAN
HM: 510-531-5517 OR EARTHANGELS@IGC.ORG.**



**SAN JOSE, CA. NETWORK PRACTICE AND HEALING CENTER FOR SALE. LOW
OVERHEAD. COMPUTERIZED - INCLUDING MYOVISION EMG. RELOCATING. CALL
JENS KORGAARD AT (408) 559-6844.**



CANADA

**DREAM PRACTICE FOR SALE HOW WOULD YOU LIKE TO START GROWING A PRACTICE
THAT ALREADY SEES AN AVERAGE OF 425 PATIENT VISITS PER WEEK, WITH AN
OVERHEAD OF ONLY 26%?**

**LOOKING FOR A VERY MOTIVATED, ENTHUSIASTIC NETWORK SPINAL ANALYSIS
DOCTOR TO TAKE OVER MY VERY SUCCESSFUL CASH BASED NO INSURANCE, FAMILY
PRACTICE.**

**ALL THE GROUNDWORK HAS ALREADY BEEN DONE. IN OUR 8TH YEAR OF PRACTICE,
WITH A VERY STRONG PATIENT RETENTION & REFERRALS, ALL GROWTH HAS BEEN
DONE BY WORD OF MOUTH. WE ARE AN OPEN CONCEPT PRACTICE THAT HAS ONLY
THE BEST OF EVERYTHING. FANTASTIC STAFF FULLY TRAINED WITH WELL DEFINED
POLICIES AND PROCEDURES TO FOLLOW, INSIGHT 7000, FULL X-RAY & PROCESSING
FACILITIES, SHARED EXPENSES NOT SPACE, AMPLE FREE PARKING, AND WHEELCHAIR
ACCESS. LOCATED IN THE RAPIDLY GROWING WEST END OF PETERBOROUGH. PART
OF THE BEAUTIFUL KAWARTHA LAKES REGION OF ONTARIO, YET STILL VERY CLOSE
TO THE CITY OF TORONTO.**

TIME FOR ME TO MOVE. LOOKING FOR AN IMMEDIATE SELL BUT CAN BE FLEXIBLE ON TRANSITION TIME. SERIOUS INQUIRES ONLY PLEASE.

CALL, FAX, OR E-MAIL ME ANY TIME:

TEL: (705) 749-1251

FAX: (705) 749-2052

E-MAIL: MSTOREY@PTBO.IGS.NET



VIRGINIA – WASHINGTON D.C. AREA

HELP HEAL AMERICA SERVE THE WASHINGTON, D.C.COMMUNITY. PERFECT LOW OVERHEAD PRACTICE FOR NEW DOC. OLD TOWN ALEXANDRIA, VA. \$17K OFFER EXPIRES 7/1/01. CALL NOW: CHRISTOS AT (703) 518-5300.



D.C. POSITIONS AVAILABLE & ASSOCIATES WANTED

ASSOCIATE POSITION AVAILABLE TORONTO: BRAND NEW AND BEAUTIFULLY APPOINTED 2200 SQ. FT. CENTER WITH LOTS OF POTENTIAL FOR GROWTH. SOLIDLY NSA FOR PAST 11 YRS. PLEASE CALL DR. ANTHONY POSA AT 416-638-2225

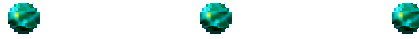


NETWORK PRACTITIONER WANTED EXCELLENT LONG TERM OPPORTUNITY AVAILABLE; SEACOAST, NH, GORGEOUS LOCATION; GREAT RESOURCES; WONDERFUL STAFF; BUSY PRACTICE; NO INVESTMENT; WELL-ORGANIZED; WARM AND FUN CENTER. CALL CHRIS AT (877) 249-1617.



ASSOCIATE POSTION WANTED NEED SOME HELP? OR WOULD LIKE TO WORK WITH ANOTHER NETWORK DOCTOR. I DESIRE TO WORK IN A BUSY NETWORK PRACTICE.

I AM OPEN TO ALL LOCATIONS. CONTACT ME AT (714) 904-9454 OR EMAIL KARICHIRO@AOL.COM.



PRACTICE COVERAGE

EXPERIENCED NETWORK D.C., CURRENT AND FAMILIAR WITH ALL LEVELS OF NSA CARE. READY, WILLING, AND ABLE TO COVER YOUR PRACTICE. CALL LISA ACOCELLA, D.C. (713) 320-7718.



SPACE AVAILABLE

NETWORK OFFICE AVAILABLE PART-TIME. PIEDMONT NETWORK CHIROPRACTIC OAKLAND, CA 510-654-2399.

Use our Classified Section to advertise your needs. Be sure to download the Classified Advertising Form on our website. This will make it easier for you to determine your costs for advertising.

Thank you for supporting the Association for Network Care.